

# ENGLISH PLUS

+ Tennis (Santa Barbara)



## English Plus Tennis

### English Plus Tennis

The sunny climate of Southern California is ideal for avid tennis players who enjoy having the opportunity to play outdoors daily. The English + Tennis Program at ELC Santa Barbara is perfect for students looking to improve their English and their tennis game.

Students have the opportunity to play tennis at one of Santa Barbara finest country clubs. There are 6 outdoor tennis courts, a tennis shop, and much more. The tennis center is part of a larger recreational park, including an indoor recreation center with pool and golf course. Students have 3 one-hour tennis lessons per week with an experienced instructor

### 2-week program includes:

40 lessons of General English:

+Racquet and balls provided for lessons

+Additional access to court time

+6 one-hour private tennis lessons

# ENGLISH PLUS

Plus Surfing (Santa Barbara)



## English Plus Surfing

### English Plus Surfing

Surfing is a huge part of Santa Barbara culture. Three time world champion Tom Curren, ten-time world champion Kelly Slater, and other popular surf icons such as Jack Johnson call Santa Barbara home. The waters off the coast of Santa Barbara are world famous for their mild temperatures and great waves. The English + Surfing Program at ELC Santa Barbara provides students the unique chance to improve their English and learn the amazing sport of surfing in California.

Students have the opportunity to be up on the waves working one-on-one with a local professional surfer. Students receive 4 2-hour individual surfing lessons. All materials (surfboards and wetsuits) are provided. Additionally, all transportation to and from the local beaches is provided for the student.

### 2-week program includes:

40 lessons of General English:

+8 hours of beach instruction in surfing

+Transportation to and from the local beaches

+Free use of surfboard and wetsuit

# ENGLISH PLUS

Plus Yoga (Santa Barbara)



## English Plus Yoga

### English Plus Yoga

Students in this program attend regular English classes at ELC each morning, Monday through Friday. In the afternoons, students participate in an unlimited number of group yoga lessons at Core Power Yoga, a vibrant and friendly studio located about a 15 minute walk from ELC. Lessons are offered in a variety of levels ranging from gentle to moderate to vigorous. BBY also offers a variety of styles including, Ashtanga (led and Mysore-style), Forrest, Vinyasa, Restorative, Yin. Students with any level of yoga experience are welcome to join the program. An intermediate level of English is required.

### 2-week program includes:

#### 40 lessons of General English:

- +Pre-arrival registration at Core Power Yoga arranged by ELC
- +First day initial consultation with a yoga advisor to put together a personalized yoga program
- +ELC led visit to Core Power Yoga for tour, introduction to staff plus initial consultation
- +Unlimited number of group yoga lessons for the duration of the course, any day of the week
- +Complimentary yoga mat bag, water bottle and towel for student to keep
- +Use of additional yoga materials and props included (students should bring loose, comfortable clothing)