

ARRIVAL DAY	Meet and greet at Airport by Mediterranean English Celebration Club 50+ Leader Joe Transfer in NSTS private vehicle to accommodation for those who booked airport transfers.
MONDAY Oct 3rd 08:40hrs-12:15hrs 12:30hrs-17:00hrs Astriour, Heida, Amaya, Libor, Renate, Lourdes	<p>Meet at NSTS ENGLISH LANGUAGE INSTITUTE 12 Taliana Lane Gzira for introduction and a morning of friendly English social interactive discussion with a professional teacher.</p> <p>Meet Joe at NSTS INSTITUTE for a casual town orientation and friendship walk Club 50+ members together walk casually along the Gzira / Sliema promenade, optionally stopping at an open-air cafeteria to buy themselves a light lunch. Joe will speak about Malta, the local surroundings, places of interest, personal experiences, and the interesting week's programme ahead. Proceed with intermittent rests along the waterfront to The Point commercial centre and beyond on the Sliema promenade as far as desired, again stopping for coffee, beer or drink till it is time to part.</p>
TUESDAY Oct 4th 08:40hrs-12:15hrs 13:00hrs-17:00hrs Astriour, Heida, Amaya, Libor, Renate, Lourdes	<p>Meet at NSTS ENGLISH LANGUAGE INSTITUTE 12 Taliana Lane Gzira for a morning of friendly English social interactive discussion on topics of interest with a professional teacher.</p> <p>Meet Joe at NSTS INSTITUTE for a local handicrafts and Medieval experience Drive off to the centre of Malta to the leisurely but industrious grounds at the Ta'Qali local handicrafts centre. Watch artisans and craftsmen at work blowing glass, carving wood, curling Maltese filigree, and kneading pottery. Give yourself an artisan's touch at the pottery. Get hold of a paint brush and some paint and imprint your creative design on a specially prepared clay tile prepared especially for you. Drive up to the medieval Fortified City of Mdina, relax and meditate in its tranquillity, admire the characteristic abodes of Maltese nobility of centuries gone by and enjoy mouth-watering pastries and tea in the popular Fontanella tea rooms with its panoramic view of Malta</p>
WEDNESDAY Oct 5th 08:40hrs-12:15hrs Astriour, Heida, Amaya, Libor, Renate, Lourdes	<p>Meet at NSTS ENGLISH LANGUAGE INSTITUTE 12 Taliana Lane Gzira for a morning of friendly English social interactive discussion on topics of interest with a professional teacher.</p>
THURSDAY Oct 6th 08:40hrs-12:15hrs 19:30hrs-23:00hrs Astriour, Heida, Amaya, Libor, Renate, Lourdes	<p>Meet at NSTS ENGLISH LANGUAGE INSTITUTE 12 Taliana Lane Gzira for a morning of friendly English social interactive discussion on topics of interest with a professional teacher.</p> <p>The day with a difference - Maltese Gastronomy – Fenkata. To fix meeting point with Joe. Joe will drive you to a friendly typical Maltese Fenkata house to delight in a traditional dish of Maltese Rabbit and Spaghetti washed down with Maltese wine and nurtured with friendly chats, anecdotes, and experiences till it is time to drive each one back home.</p>

<p>FRIDAY Oct 7th 08:40hrs-12:15hrs</p> <p>13:00hrs-17:00hrs</p> <p>Astriour, Heida, Amaya, Libor, Renate, Lourdes</p>	<p>Meet at NSTS ENGLISH LANGUAGE INSTITUTE 12 Taliana Lane Gzira for a morning of friendly English social interactive discussion on topics of interest with a professional teacher.</p> <p>Meet Joe at NSTS INSTITUTE to explore the South of Malta The South is where Malta's first inhabitants left traces of their existence with Ghar Dalam – the Cave of Darkness – providing evidence of Neanderthal Man of some 7,500 years ago as successor of the animal bones deposited some 500,000 years earlier. After this exhilarating walk into the cave move fast forward to visit the popular fishing village of Marsaxlokk with its colourful Maltese fishing boats, the characteristic Luzzu, protected by the eye of the Egyptian God Horus, chat and relax over a simple drink by the water's edge.</p>
<p>SATURDAY Oct 8th 19:30 - 24:00 hrs</p> <p>Astriour, Heida, Amaya, Libor, Renate, Lourdes</p>	<p>SPECIAL EVENT -- BIRGU CANDLE FESTA To fix meeting point with Joe. Joe drives you towards the early medieval harbour town of Birgu under the towering fortifications of Fort St Angelo, home of many seafarer legends and tales as well as of the first years of the Knights of Malta prior to Valletta. Amaze yourself by the thousands upon thousands of candles that light up the narrow winding streets as they did some 1,000 years ago, indulge into admiring the well-kept ancient dwellings of the current population nestled among the first auberges and hospital of the Knights and absorb the unforgettable ambiance of this magnificent Malta festa.</p>
<p>SUNDAY Oct 9th</p> <p>Astriour, Heida, Amaya, Libor, Renate, Lourdes</p>	<p>Thanks to <u>Renate</u> for joining</p> <p>Full day: Christianity times in Malta: mother of Maltese cultural identity (optional) Meet Joe at the 77 SNACK BAR Sliema Road c/w Edgar Bernard Street, Gzira</p> <p>Wear comfortable walking shoes to visit the Domus Romana, St. Paul Grotto and Church, Wignacourt Museum, St. Agata's Catacombs and enjoy a drive and walks along Lunzjata, Landrijiet, Bahrija, Kuncizzjoni, Fomm ir-Rih, in the exhilarating north-west countryside. 46.50 euro</p>

<p>MONDAY Oct 10th 08:40hrs-12:15hrs</p> <p>12:30hrs-17:00hrs</p> <p>Astriour, Heida, Amaya, Libor, Lourdes, Regina, Jurgen, Margret</p>	<p>Meet at NSTS ENGLISH LANGUAGE INSTITUTE 12 Taliana Lane Gzira for introduction and a morning of friendly English social interactive discussion with a professional teacher.</p> <p>Meet Joe at the Institute to visit Valletta stately homes of times gone by</p> <p>The principal and most important of all stately homes is certainly that of the Grand Master aptly called the Grand Master's Palace richly adorned with frescoes, paintings, tapestries, and an amazing armory. The different languages had their own Auberges and the nobility their Palazzinos. The past elegance is visualized in Casa Rocca Piccola. After such an induction indulge in refreshing and tasty ice-cream in the open-air cafe in the Bibliotheca square.</p>
<p>TUESDAY Oct 11th 08:40hrs-12:15hrs</p> <p>13:00hrs-17:00hrs</p> <p>Astriour, Heida, Amaya, Libor, Lourdes, Regina, Jurgen, Margret</p>	<p>Meet at NSTS ENGLISH LANGUAGE INSTITUTE 12 Taliana Lane Gzira for a morning of friendly English social interactive discussion on topics of interest with a professional teacher.</p> <p>Meet Joe at the Institute to drive and trek in the countryside</p> <p>Move away from the urban environment and enjoy the natural beauty of the countryside. Bring your comfortable walking shoes with you and drive to Busketto Gardens and Verdala Castle on your way to Clapham Junction, Dingli Cliffs, the Panoramic Road, Girgenti and Fawwara, stopping at any scenic or archaeological spot. Take in the rugged rock formation around Wied iz-Zurrieq and the Blue Grotto and admire the sun soon about to set on the distant horizon as you sip a coffee and relax.</p>
<p>WEDNESDAY Oct 12th 08:40hrs-12:15hrs</p> <p>Astriour, Heida, Amaya, Libor, Lourdes, Regina, Jurgen, Margret</p>	<p>Meet at NSTS ENGLISH LANGUAGE INSTITUTE 12 Taliana Lane Gzira for a morning of friendly English social interactive discussion on topics of interest with a professional teacher.</p>
<p>THURSDAY Oct 13th 08:40hrs-12:15hrs</p> <p>19:30hrs-23:00hrs</p> <p>Astriour, Heida, Amaya, Libor, Lourdes, Regina, Jurgen, Margret</p>	<p>Meet at NSTS ENGLISH LANGUAGE INSTITUTE 12 Taliana Lane Gzira for a morning of friendly English social interactive discussion on topics of interest with a professional teacher.</p> <p>Meet Joe at the Institute to visit the Neolithic Temples and Interpretation Centre</p> <p>You go back some 5,000 years way before the great Egyptian Pyramids as you drive South to fanaticize how life was then with a strong hard-working people who handled giant size stones to build temples to worship the gods of fertility to give them good produce from the earth. Discover their knowledge of the stars and explore their building techniques in the interpretation center. Examine the fine construction as you walk around the Hagar Qim and Mnajdra temples.</p>

FRIDAY Oct 14th 08:40hrs-12:15hrs 13:00hrs-17:00hrs Astriour, Jurgen, Regina, Heida	<p>Meet at NSTS ENGLISH LANGUAGE INSTITUTE 12 Taliana Lane Gzira for a morning of friendly English social interactive discussion on topics of interest with a professional teacher.</p> <p>Marsaxlokk and Blue Grotto Tour</p> <p>Marsaxlokk is a petite fishing village in the South of Malta. Dotted with beautiful, coloured boats known as the Maltese Luzzu, and the hustle and bustle of the Sunday fish market make it a unique village worth seeing.</p> <p>The Blue Grotto, on the other hand is a tiny quiet harbour. Once a flowing alley, it is now a stunning spot with some of the deepest and cleanest sea water the Maltese island have to offer.</p> <p>Meeting point: Muscat Mottors</p> <p>15 euro</p>
SATURDAY Oct 15th 19:30 - 24:00 hrs Astriour, Jurgen, Regina, Heida	<p>Round Malta Cruise</p> <p>You knew Malta was small, but did you know it's small enough to explore the island from the outside all at once? The cruise will take you around the island of Malta, showing you all points of natural and historic interest. Beat that!</p> <p>Capitan Morgan Stand, Sliema Ferries</p> <p>35 euro (tour + lunch)</p>
SUNDAY Oct 16th Astriour, Jurgen, Regina, Heida	<p>Wine Tasting – Marsovin (optional)</p> <p>Marsovin has 5 privately owned vineyards across the beautiful Mediterranean Maltese Islands, which are used for producing its premium quality single-estate wines. The Marsovin Estates and cellars are a testimony to Marsovin's commitment to the Culture of Wine.</p> <p>Includes wine lecture, taste of different wines, appetizers.</p> <p>25 euro</p>

MONDAY Oct 17th 08:40hrs-12:15hrs 12:30hrs-17:00hrs Astriour, Jurgen, Regina, Heida	<p>Meet at NSTS ENGLISH LANGUAGE INSTITUTE 12 Taliana Lane Gzira for introduction and a morning of friendly English social interactive discussion with a professional teacher.</p> <p>Meet Joe at NSTS INSTITUTE to visit the Capital City Valletta Valletta is an elegant, fortified city founded in 1566 whose building facades are adorned with impressive baroque architecture. Stroll casually away from the large Triton Fountain arena down Republic Street past Renzo Piano's new Parliament Building, dedicate yourself to the splendid interior of St John's Cathedral and Caravaggio paintings with the help of an audio-guide, then proceed along the main streets, stopping to relax over a coffee, tasty ice-cream, Maltese Pastizz (cheesecake) or refreshing drink in one of the plentiful open air piazza bars and eateries that create a carefree ambiance. Visit the Upper Barrakka Gardens for a breath-taking bird's-eye view of the illustrious Grand Harbour.</p>
TUESDAY Oct 18th 08:40hrs-12:15hrs 13:00hrs-17:00hrs Astriour, Jurgen, Regina, Heida	<p>Meet at NSTS ENGLISH LANGUAGE INSTITUTE 12 Taliana Lane Gzira for a morning of friendly English social interactive discussion on topics of interest with a professional teacher.</p> <p>Meet Joe at the 77 SNACK BAR Sliema Road c/w Edgar Bernard Street, Gzira Today is the turn of Nenu the Artisian Baker who transformed his original underground bakery into a Maltese gastronomical mecca with traditional peasant and villagers' dishes of great abundance. The Chef invites you to have a try at making your own Maltese ftira with ingredients of your liking and waiting for it to bake in the traditional oven before sitting down to eat and wash it down with the local wines while sharing joyful experiences and before emerging to admire the illuminations over the Grand Harbour.</p>
WEDNESDAY Oct 19th 08:40hrs-12:15hrs Astriour, Jurgen, Regina, Heida	<p>Meet at NSTS ENGLISH LANGUAGE INSTITUTE 12 Taliana Lane Gzira for a morning of friendly English social interactive discussion on topics of interest with a professional teacher.</p>
THURSDAY Oct 20th 08:40hrs-12:15hrs 19:30hrs-23:00hrs Astriour, Jurgen, Regina, Heida	<p>Meet at NSTS ENGLISH LANGUAGE INSTITUTE 12 Taliana Lane Gzira for a morning of friendly English social interactive discussion on topics of interest with a professional teacher.</p> <p>Discover Malta by Night (optional) Experience the haunting beauty of our cities, with true beauty emerges under the romantic backdrop of moonlit sky. Visit Mdina, Vittoriosa (with a ghost tour), Valletta Water Front. Meeting point: Muscat Mottors 19 euro</p>
FRIDAY Oct 21st 08:40hrs-12:15hrs	<p>Meet at NSTS ENGLISH LANGUAGE INSTITUTE 12 Taliana Lane Gzira for a morning of friendly English social interactive discussion on topics of interest with a professional teacher.</p>

13:00hrs-17:00hrs Astriour, Heida	Meet Joe at the Institute to spend the afternoon at Fort Rinella The British Fort was built in 1878 as one of the four coastal batteries and is famous for housing a 100-ton gun to defend the island against enemy attacks. Roam freely around the fort with an audio-guide, inspect the massive gun, watch the history films, discuss with the period uniformed guards, descend into the underground ammunition stores, and relax over a snack meal or a simple drink.
SATURDAY Oct 22nd 19:30 - 24:00 hrs Astriour, Heida	Full day – the romantic isle of Gozo An idyllic trip to explore the curiosities of the small sister island of Gozo touring round the entire island with visits to the Ggantija Temples and interpretation centre, the wind powered wheat grinding Ta' Kola mill, Ramla Bay, the Cittadella and suburb Rabat, Dwejra inland sea and more till it is time to catch the ferry boat for a pleasant sea crossing back to Malta. 51 euro 8 hours long
SUNDAY Oct 23rd Astriour, Heida	NSTS Mediterranean English Celebration – Club 50+ Horse riding – if you haven't tried – why not in Malta? Start off your weekend with a relaxed afternoon in Maltese countryside... on a horseback! Meeting point: Muscat Mottors 30 euro

MONDAY Oct 24th 08:40hrs-12:15hrs 12:30hrs-17:00hrs Astriour, Heida	<p>Meet at NSTS ENGLISH LANGUAGE INSTITUTE 12 Taliana Lane Gzira for introduction and a morning of friendly English social interactive discussion with a professional teacher.</p> <p>Harbor Cuisine (optional)</p> <p>Reserve a place for a scenic harbour around Marsamxetto Creek and Grand Harbour, skirting the fortifications of Valletta and the Three Cities with a commentary on the historical sites and events connected to the Grand Harbour.</p> <p>12 euro Luzzu Cruises, Sliema Ferries 2.5 hours long</p>
TUESDAY Oct 25th 08:40hrs-12:15hrs 13:00hrs-17:00hrs Astriour, Heida	<p>Meet at NSTS ENGLISH LANGUAGE INSTITUTE 12 Taliana Lane Gzira for a morning of friendly English social interactive discussion on topics of interest with a professional teacher.</p> <p>Meet Joe at the Institute and dedicate yourself to the defence of mother nature</p> <p>Head towards Mellieha in a pleasant drive along the north coast to reach St. Agata's Red Tower built in 1649 to defend the island from pirate attacks. Take a few steps away to learn of the important role the bees play in the food cycle and of the consequences on nature with their threatened extinction. An expert beekeeper passionately takes you through his apiary on the hills of Mellieha as he narrates everything about the different bee species, their industrious activities, and their key role in sustaining life. Before driving back, stop to reflect over a cool drink in the scenic and popular Mellieha Bay.</p>
WEDNESDAY Oct 26th 08:40hrs-12:15hrs Astriour, Heida	<p>Meet at NSTS ENGLISH LANGUAGE INSTITUTE 12 Taliana Lane Gzira for a morning of friendly English social interactive discussion on topics of interest with a professional teacher.</p>
THURSDAY Oct 27th 08:40hrs-12:15hrs 19:30hrs-23:00hrs Astriour, Heida	<p>Meet at NSTS ENGLISH LANGUAGE INSTITUTE 12 Taliana Lane Gzira for a morning of friendly English social interactive discussion on topics of interest with a professional teacher.</p> <p>Malta Experience – is an audio-visual show that tells the dramatic story of the island's 7000-year history. Educational, informative, and entertaining, the show runs through the turbulent story of a small island nation that has overcome almost unimaginable odds to survive and prosper. After visiting these amazing historical places, we will walk around the outskirts of Valletta – Lower and Upper Barraca Gardens. Guide: Eric Fonk</p>
FRIDAY Oct 28th 08:40hrs-12:15hrs 13:00hrs-17:00hrs	<p>Meet at NSTS ENGLISH LANGUAGE INSTITUTE 12 Taliana Lane Gzira for a morning of friendly English social interactive discussion on topics of interest with a professional teacher.</p> <p>The Fortress Builders – is an interpretation centre about the fortifications of Malta. It is housed in a late XVI century warehouse located near the St. Andrew's Bastion in Valletta, Malta. It has a</p>

Astriour, Heida	plain façade adorned with the coat of arms of Grand Master Hugues Loubenx de Verdalle, suggesting that the building was built sometime between 1582 and 1595. The upper floor was used as an artillery school.
SATURDAY Oct 29th 19:30 - 24:00 hrs Heida	Comino Full Day Blue Lagoon (optional): Enjoy exclusively the island of Comino and its marvellous Blue Lagoon with crystal-clear light blue waters. You definitely don't want to miss out. Luzzu Cruises, Sliema Ferries 16 euro
SUNDAY Oct 30th Heida	Olive OIL Experience (optional) – Sam Cremona is actually an olive oil sommelier! Cremona spearheading a project cultivate and bring indigenous olives back to Malta and put them on the olive oil map of the world. He's giving away indigenous olive trees in order to get 30.000 trees actively growing and producing olives in Malta. Fresh olive oil is nothing like you purchase in the store back home. It's cloudy in colour, thick, and has a burst of fresh flavours; sometimes bitter, sometimes sweet. Olive oil and olives are always a part of Maltese cooking. You can organise a time in Malta to visit an olive estate and do some tasting yourself. In any case, purchase some during your time in Malta and take some home to grace your kitchen! Meeting point: NSTS ELI 35 euro
MONDAY Oct 31st Heida	Thanks to for joining and enjoying the NSTS Mediterranean English Celebration – Club 50+

Full day: Christianity times in Malta: mother of Maltese cultural identity (optional)

Meet Joe at the 77 SNACK BAR Sliema Road c/w Edgar Bernard Street, Gzira

Wear comfortable walking shoes to visit the Domus Romana, St. Paul Grotto and Church, Wignacourt Museum, St. Agata's Catacombs and enjoy a drive and walks along Lunzjata, Landrijiet, Bahrija, Kuncizzjoni, Fomm ir-Rih, in the exhilarating north-west countryside.
46.50 euro

Horse riding – if you haven't tried – why not in Malta?

Start off your weekend with a relaxed afternoon in Maltese countryside... on a horseback!

Meeting point: Muscat Mottors

30 euro