

Young at Heart

Our Young at Heart Programme is a specially-designed programme for mature students wishing to refresh their English language skills, learn about Ireland’s rich history and culture, and mix with like-minded students of a similar age from all over the world.

Each day, learners will be introduced to key themes and topics in class at IH Dublin to prepare them for active, task-based “excursion lessons” led by their teacher to some of Dublin’s many sites of social, cultural and historical interest.

The Young at Heart package includes:

- › 20hr/week tuition combining in-class and excursion-based learning experiences
- › Curriculum specially geared for your age group and interests
- › Real-life, authentic English materials suited to your level



Need to Know

- Age: 50+
- Levels from Elementary (A1) to Advanced (C1)
- Start date: See specific course dates



Timetable

20 hours AM classes:

Monday to Friday 09.00 to 13.30

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY FOCUS
LESSON ONE	Course overview Getting to know you Needs analysis Review and agree weekly objectives	What do you know about Ireland? Reading for gist and specific information Speaking and language feedback	Irish Literature Reading/ listening Understanding vocabulary from context Speaking and language feedback	Visual Arts around the world Listening for gist and specific information Art vocabulary Speaking and language feedback	Our cultural and historical icons Listening for gist and specific information Speaking and language feedback
BREAK TIME					
LESSON TWO	Dublin Walking Tour O’Connell Street and GPO Trinity College Grafton St St Stephen’s Green	National Museum of Ireland – Archaeology Treasures of Ancient Ireland On-site task Discussion and feedback	Oscar Wilde Walking Tour Early Life – Westland Row Childhood – Merrion Square Education – Trinity College Listening and speaking	Hugh Lane Gallery Parnell Square Hugh Lane Biography Famous Irish Artists Impressionist Art Select and sketch your favourite painting Discussion and feedback	Irish Icons Walking Tour Learn about Irish icons such as James Joyce, John Hume and Tom Crean Discussion and feedback