



# Junior Centre in immersion

11 to 16 years old - From 4 July to 19 August 2022

*Welcome to our French language school  
Montpellier - South of France*



An  
*unforgettable*  
*experience*

**JUNIOR CAMP 2022**

## LSF/IEF Junior Camp

*Since 1996 LSF/IEF has been organising language stays for teenagers (11-16 years) in Montpellier.*

*This package is a unique formula in Montpellier offered only by our French school. This programme is specially designed for juniors and teenagers who come to France to combine a language stay with a holiday.*



Enjoy an unforgettable stay in the sunny south of France with our all-inclusive package for juniors from around the world.

The course includes French lessons in the mornings, accommodation in a student residence (full board) or with a host family, a programme of afternoon and evening activities and fully supervised excursions.

LSF/IEF organises the best programme for juniors and teenagers, with **24/7 supervision** and support.

*Our French language courses for juniors are offered as an all-inclusive package, or just with the French courses and activities/ excursions, or even just with the French courses.*



## Welcome to Montpellier

With almost 300 days of sunshine per year, Montpellier is only 15 minutes away from the sea and the sandy beaches of the Mediterranean.

Located in one of the most beautiful regions of the south of France, Montpellier offers the opportunity to discover all the treasures of the south of France: Provence and very different landscapes. **Montpellier is a modern and historic city, and one of the most dynamic in France in terms of culture.** The historic centre, with its pedestrian streets, its numerous ancient monuments and its architectural treasures, covers several centuries of history (town houses, cathedral, Faculty of Medicine, etc.).

**Montpellier offers visitors a wide range of cultural activities, including museums (notably the prestigious Musée Fabre), exhibitions, renowned festivals and operas.**

### Easy to access!



- Direct flights to Montpellier operated by Air France, KLM, Easyjet, Ryanair, Eurowings, Transavia, Aer Lingus, Volotea, Norwegian/SAS, Hop! and Air Arabia.
- Direct low cost flights to Marseille (150 kms), Béziers (70 kms), Nîmes (45 kms), Carcassonne (170 kms) or Toulouse (220 kms). Transfer on request.
- 1 hour flight to Paris (12 flights per day to/from Orly and Roissy-CDG airports).
- 3h30 hours by TGV from Paris Gare de Lyon or 4 hours from Roissy-CDG airport.
- 3 hours by TGV train or car from Barcelona, 6 hours by TGV train from Madrid.
- Eurolines, Iberibus, Flixbus and Ouibus also offer coach services to Montpellier from many European cities.



## Our LSF/IEF Junior Camp

The students are in optimal conditions to study French and make the most of their language stay in the south of France.

They have at their disposal:

1

Several spacious and fully equipped classrooms.

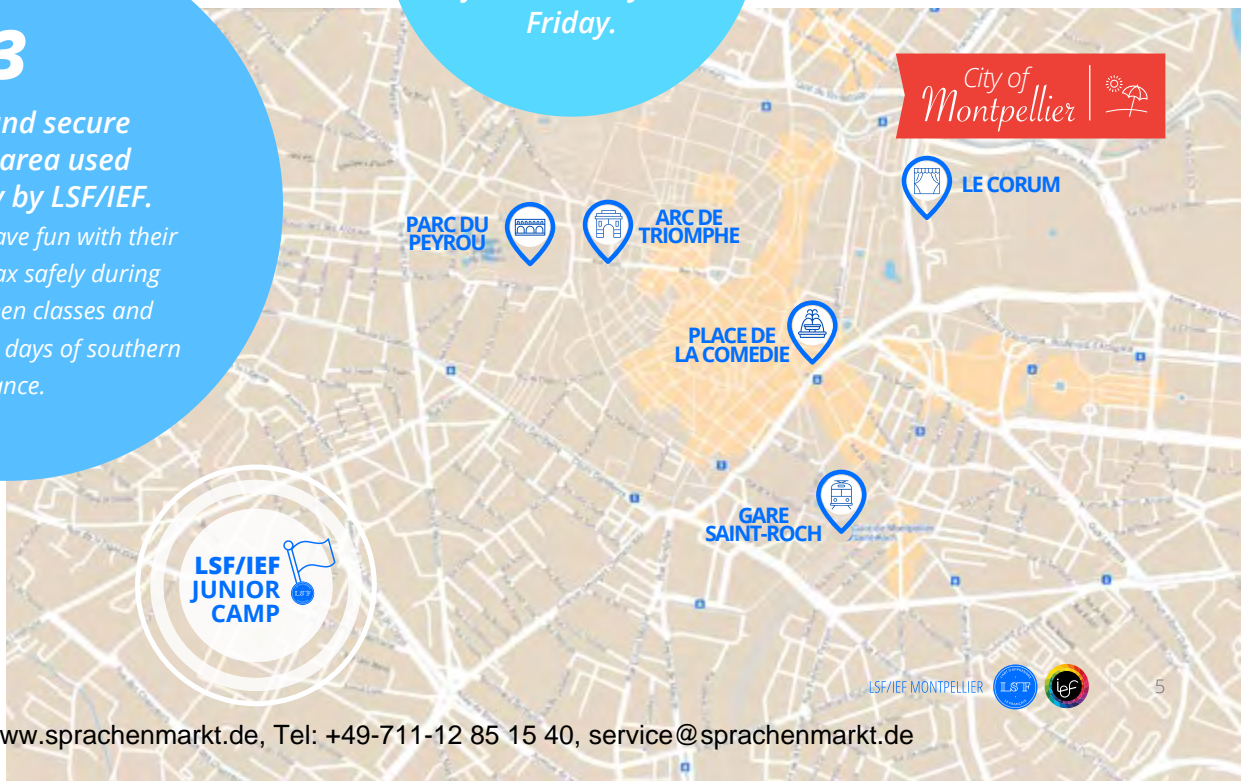
2

A cafeteria where students have lunch from Monday to Friday.

3

A large and secure outdoor area used exclusively by LSF/IEF.

Students can have fun with their peers and relax safely during breaks between classes and enjoy the sunny days of southern France.



# LEARN FRENCH *in an* ultra-modern centre

OUR OFFER  
FOR JUNIORS  
INCLUDES

*French  
courses*



ACCOMMODATION

MEALS



ACTIVITIES



TRANSFERS

*In the surroundings*

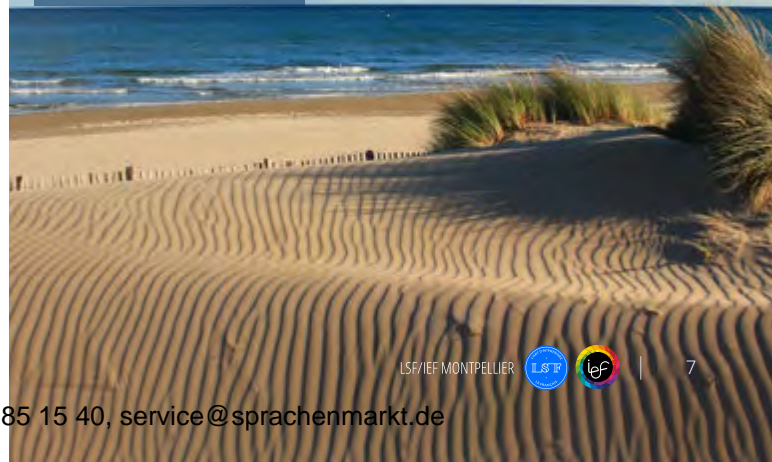
**MONTCALM  
PARC**

*2 minutes walk from  
our junior centre*



**BEAUTIFUL  
BEACHES**

*10 minutes from  
the junior centre*



### The Junior Camp will take place from 4 July to 19 August 2022

Open to students **aged 11-16**.  
Groups and individuals.

Courses start every **Monday**.

A student week starts on **Sunday** and ends on  
**Saturday**.

This programme is open to **all levels**:  
full beginners, A1 to B2.

Minimum stay: **one week**.

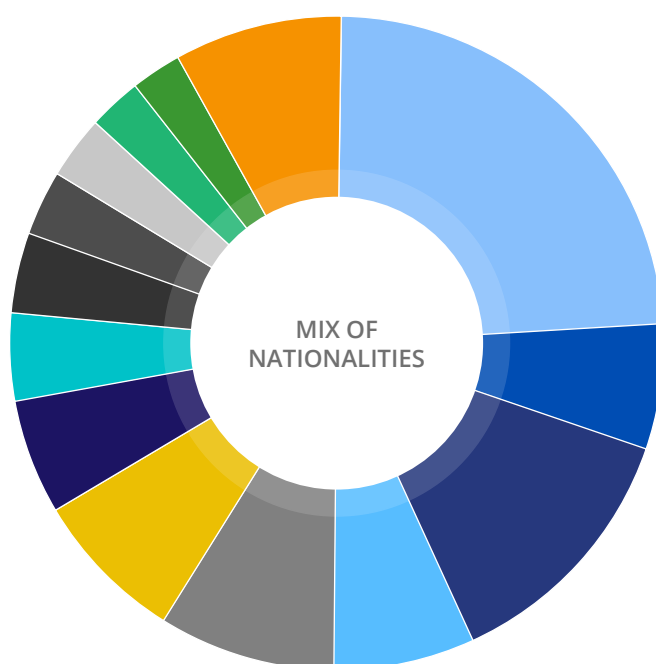
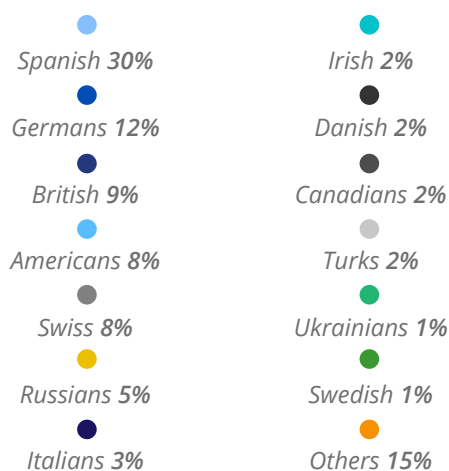
Maximum class size: **15 students**.

Total number of students:  
40 - 150 per week.

- **The French courses** in which students participate consist of **20 lessons per week** (20 x 45 min, i.e. 15 hours) with the possibility of adding 4 private lessons per week in the afternoons.
- **All teachers are qualified**, experienced, enthusiastic and use fun and interactive teaching methods to facilitate the learning of French.
- We use **a teaching method that favours oral communication** and focuses on the student and his/her environment.
- **Particular attention is paid to progress** in oral communication in order to speak and understand French: role plays, debates, videos and songs, activities...
- **Our teachers use a wide variety of teaching aids** and tailor-made computer and digital equipment.
- **All students receive the LSF/IEF roadbook**, a course book for progressing in French used in and out of the classroom.



**Large mix of nationalities,  
35 nationalities in 2019!  
Almost 300 students in the  
Junior camp in 2019!**





### Host family

Staying with a host family allows you to enjoy a full immersion experience and is the best option for improving your level of French during your stay at LSF/IEF.

Staying with a host family is an excellent opportunity for students to discover the French way of life, to practise French during meals and also to share activities and maintain relationships with a French family.

Junior and teenage students share a room (with another LSF/IEF student of the same gender).

Our host families are carefully chosen according to a very thorough selection process and most of our families have been working with LSF/IEF for years.

The families are located close to our Junior Centre or can be reached quickly on foot, by tram or by bus (between 5 and 30 minutes). We try to place only one native speaker per family.



### Student residence

Staying in a residence allows you to practise your French with students from all over the world, while being supervised by a team of dynamic and motivated LSF/IEF animators!



Students are provided with a shower room, toilet, bed, desk and cupboard.

The residence includes common areas and a fully secured exterior.

The LSF/IEF animators are housed in the residence, the students are supervised at all times, and there is a curfew every evening.

The team of LSF/IEF animators supervises the students at all times.

## Meals



### Meals with the host family

- ✓ The juniors will have breakfast and dinner with the family.
- ✓ They will have lunches in the Junior centre canteen during the week.
- ✓ Students receive a packed lunch provided by the family for the Saturday excursion and they have lunch with the family on Sunday.



### Meals in the student residence

- ✓ During the week, the Juniors will have breakfast and dinners together. During the week, they will have lunches in the Junior canteen.
- ✓ Students receive a packed lunch provided by LSF/IEF for the Saturday excursion and for lunch on Sunday.



- Both accommodation options are only available on a full board basis.
- 24/7 emergency telephone number.

- Transfers included for homestay students and available on request for residence students.

## Programme of activities and excursions



*Through this programme our students discover their new environment and meet new friends, teachers and animators!*



### A FEW EXAMPLES OF ACTIVITIES

- Visit of the city centre of Montpellier.
- Beach volleyball and beach games.
- Back country, river, sports.
- Workshops, quizzes, indoor games, video games.
- Farewell party (beach or disco).
- «Photomania».
- Theme nights, disco.
- Cinema, bowling.



*During all activities, the guides accompany the students and supervise them 24/7 throughout their stay.*

## Programme of activities and excursions

*Full programme of afternoon and evening activities, including beach sports, beach parties, disco nights, bowling, ice skating, Photomania... all compulsory and fully supervised by LSF/ IEF qualified activity leaders.*



*Two half-day and one full-day excursions per week to the following places :*

- 📍 Avignon
- 📍 Pont du Gard
- 📍 Sète
- 📍 Nîmes
- 📍 La Camargue
- 📍 Grotte de Clamouse
- 📍 St Guilhem-le-Désert
- 📍 La Bambouseraie



*Our activity programme offers a full, varied and exciting range of sports, museum visits, treasure hunts, disco nights and excursions, not forgetting the must-see trips to the wonderful sandy beaches of the Mediterranean.*



# Typical LSF/IEF Montpellier programme

## Sample programme for 1 WEEK IN RESIDENCE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Morning	9:00 to 10:30 am New students: Test + welcoming Old students: French courses	9:00 to 10:30 am French courses	9:00 to 10:30 am French courses	9:00 to 10:30 am French courses	9:00 to 10:30 am French courses	Full day excursion Avignon-Pont du Gard	Free morning
	Break	Break	Break	Break	Break		Beach
	11:00 am to 12:30 pm French courses	11:00 am to 12:30 pm French courses	11:00 am to 12:30 pm French courses	11:00 am to 12:30 pm French courses	11:00 am to 12:30 pm French courses		
Afternoon	Lunch break	Lunch break	Lunch break	Lunch break	Lunch break	New students: Montpellier visit Old students: Activities	Photomania
			Half-day excursion Grotte de Clamouse - Saint-Guilhem de Desert	Shopping	Painting or games workshops		
Evening	Evening in residence 	Bowling or Ice skating 	Board games night 	Beach night 	Disco night 	Musical games night 	Movie night 

## Sample programme for 1 WEEK IN HOST FAMILY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Morning	9:00 to 10:30 am New students: Test + welcoming Old students: French courses	9:00 to 10:30 am French courses	9:00 to 10:30 am French courses	9:00 to 10:30 am French courses	9:00 to 10:30 am French courses	Full day excursion Avignon-Pont du Gard	Family day
	Break	Break	Break	Break	Break		
	11:00 am to 12:30 pm French courses	11:00 am to 12:30 pm French courses	11:00 am to 12:30 pm French courses	11:00 am to 12:30 pm French courses	11:00 am to 12:30 pm French courses		
Afternoon	Lunch break	Lunch break	Lunch break	Lunch break	Lunch break	New students: Montpellier visit Old students: Activities	Photomania
			Half-day excursion Grotte de Clamouse - Saint-Guilhem de Desert	Shopping	Painting or games workshops		
Evening	Evening with host family 	Bowling or Ice skating 	Evening with host family 	Beach night 	Disco night 	Evening with host family 	Evening with host family 

## General information

- **Registration fee:** 40€.
- **Minimum duration:** 1 week.
- **Average class size:** 12 students.
- **Maximum class size:** 15 students.
- **Accepted levels:** Full beginner, A1, A2, B1 and B2.
- **Accommodation:** Arrival on Sunday and departure on Saturday.
- **Additional night cost:** 50€.
- **Campus dates:** From July 3 to August 20, 2022.
- **Courses dates:** From July 4 to August 19, 2022.
- **Courses:** 20 lessons of 45 minutes.
- **Courses include:**
  - LSF/IEF roadbook.
  - Certificat of completion.

## Junior courses

COURSES	WHEN?	ACCOMMODATION AND MEALS	ACTIVITIES	PRICES
20 Standard lessons	Morning	Homestay full-board <sup>(1)</sup>	Included	880€
		No accommodation, lunch included	Included	500€
		No lunch no accommodation	No activities	250€
4 additional one-to-one lessons	Afternoon			250€

## Transfers

TRANSFERS <sup>(2)</sup>	ONE WAY	RETURN TRANSFER
Montpellier St-Roch Train Station	40€	80€
Montpellier Airport Sud de France train station	60€	120€
Nîmes Airport	120€	240€
Marseille Airport	280€	560€
Montpellier Bus Station	80€	160€
Student travelling by plane as a UM (Unaccompanied Minor)	+30€ per transfer	

(1) Students staying with a host family are accompanied to and from the accommodation / school, free of charge.

- **Included:** LSF/IEF roadbook, notebook and a pen.
- **French courses =** 20 lessons, 45 minutes each.
- **Lesson duration:** 45 minutes.

- There will be no classes on 14 July 2022, which is a public holiday, but an activity will be offered to students who have signed up for the activity programme.

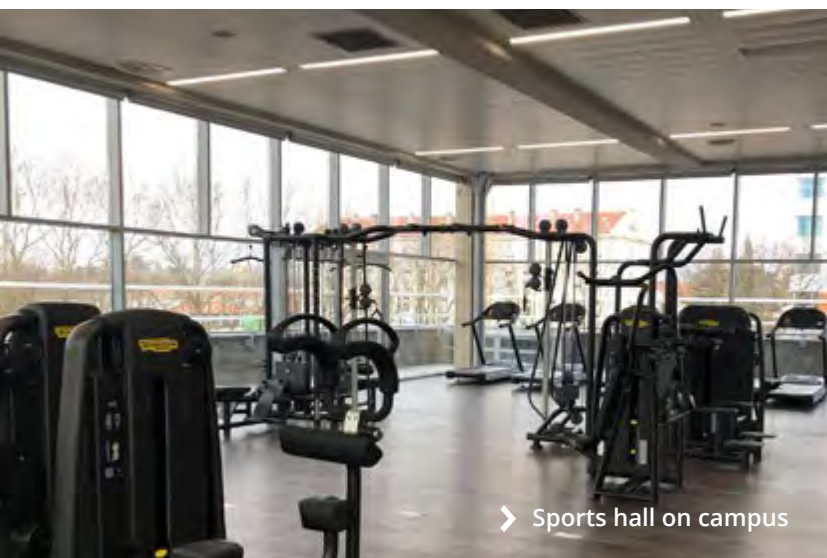
- Students arriving before the official program start date (July 3, 2022), or leaving after the official programme end date (August 20, 2022) will automatically be charged 50€ for each additional night.

- 50€ for each additional night. There will be no activities on July 3 (day of arrival) or on August 20 (day of departure).





› Junior campus

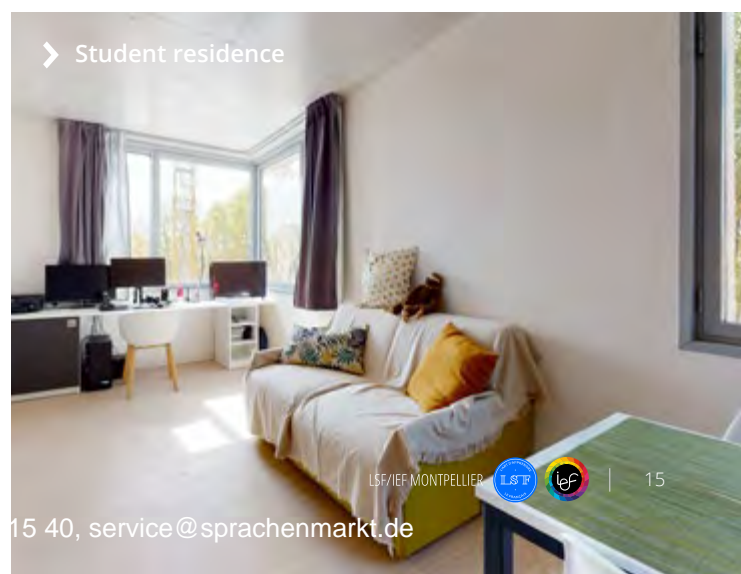


› Sports hall on campus

# OUR JUNIOR CAMP --- 2022



› Cinema on campus



› Student residence



A GREAT SCHOOL OF THE NETWORK  
KEEP LEARNING FRENCH  
\*\*\*\*\*



langue **toulouse**  
école de langues

IFALPES  
ANNECY

IFALPES  
CHAMBERY MONT-BLANC