EFL Methodology in Practice
MODULE 1: Exploiting Resources to Develop the Skills

MODULE 1

TOPICS

Visual Resources

Presentation of a range of visual resources and how they can be exploited in the EFL classroom.

Using the Board

This session gives ideas on how to use the board in an effective and imaginative way.

Resources for the Interactive Whiteboard (IWB)

Many classrooms are now equipped with IWBs. This session introduces you to some of the software and online sites that can be exploited by the IWB.

Listening Skills and Resources

A look at some of the resources that can be utilised to practise a range of listening skills, including authentic listening material.

Speaking Skills and Resources

A look at some of the resources that can be utilised to practise speaking skills, from controlled activities to creative role play and real-life communication.

Cuisenaire Rods

What are Cuisenaire rods and how can we use them in our classroom?

Aided Research for Resources

This is an opportunity to undertake guided research on websites and review other sources that specialise in your subject area.

This module is suitable for non-native speakers of English teaching students of all age groups and types of schools, including primary teachers, teachers of CLIL, Business English and English for Specific Purposes.

MODULE 1 - Course Content and Strategies
In accordance with the participants' Needs Analyses, the following topics may be discussed in-depth, presented in an overview or referred for post-course studies:
- Visual Resources
- Using the Board
- Resources for the Interactive Whiteboard (IWB)
- Listening Skills and Resources
- Speaking Skills and Resources
- Cuisenaire Rods
- Aided Research for Resources

One-Week Course   (Total course contact hours: 22.5 hrs)

Sample programme which can be adapted to suit the participants' needs

	Day One	Day Two	Day Three	Day Four	Day Five
8.50 09.15-12.35	Welcome Testing & Evaluation RLC Orientation	Active participation in a live class	Active participation in a live class	Active participation in a live class	Active participation in a live class
	Lunch Break				
14.00-15.30	Visual Resources	Listening Skills and Resources	Speaking Skills and Resources	Aided Research for Resources	Resources for the Interactive Whiteboard (IWB)
Sat / Sun	**One Full Day Cultural Excursion included per Two-Week course** (optional for One-Week course)				

This module can be combined with module **6** or **2** to form the following

Two-Week Courses   (Total course contact hours: 45 hrs)

Exploiting Resources to Develop the Skills   +   Early Language Learning (4-11 yrs)

Building Learning and Exam Power (14+ yrs)

                    +   Exploiting Resources to Develop the Skills

Outcomes
The module improves confidence in lesson delivery, use of classroom vocabulary and fluency. It provides the participants with the strategies, skills, activities and language necessary to deliver English language lessons meeting the challenges of education in 21st century Europe. The module aims to provide the participant with insights into current practice and developments in the teaching of English as a Foreign Language with special reference to working with various resources in order to support the development of the 4 skills and expands the participant's range of methodological approaches to enhance classroom practice. The module will also discuss how to access, from the participant's own country, changes and developments in English.

Follow Up Provided
Post-Course Modalities
- Linguistic Profile based on Common European Framework of Reference
- An EFL Methodology in Practice Course Professional Profile
- Europass
- Post-Course Forum
- Applicant Dissemination and Exploitation Advice

MODULE 2

TOPICS

The Learner

A look at the young learner and how they acquire new language compared to the adult learner.

**Mother Tongue and
Second Language Acquisition**

This session looks at mother tongue interference when learning a second language and ways we can try to reduce this.

Pronunciation – Encouraging Good Pronunciation from the Start

Young learners have the amazing ability to acquire near native-like pronunciation in the second language. This session examines why and how we should exploit this ability from the very first lesson.

**Approaches to Reading
for Young Learners**

How we can make reading fun and incorporate it into our teaching for young learners and encourage its use both inside and outside the classroom.

**Approaches to Writing
for Young Learners**

How to make writing enjoyable and incorporate it into our teaching for young learners.

**Activities for Young Learners:
Integrated Learning**

This session introduces a variety of activities designed to practise a range of skills, suitable for the young learner.

This module is recommended for non-native speakers of English teaching children aged 4 to 11.

MODULE 2 - Course Content and Strategies

In accordance with the participants' Needs Analyses, the following topics may be discussed in-depth, presented in an overview or referred for post-course studies:

- The Learner
- Mother Tongue and Second Language Acquisition
- Pronunciation – Encouraging Good Pronunciation from the Start
- Approaches to Reading for Young Learners
- Approaches to Writing for Young Learners
- Activities for Young Learners: Integrated Learning

One-Week Course   (Total course contact hours: 22.5 hrs)

Sample programme which can be adapted to suit the participants' needs

	Day One	Day Two	Day Three	Day Four	Day Five
8.50 09.15- 12.35	Welcome Testing & evaluation RLC Orientation	Active participation in a live class	Active participation in a live class	Active participation in a live class	Active participation in a live class
	Lunch Break				
14.00- 15.30	Mother Tongue and Second Language Acquisition	Pronunciation: Encouraging Good Pronunciation from the Start	Approaches to Reading for Young Learners	Approaches to Writing for Young Learners	Activities for Young Learners: Integrated Learning
Sat / Sun	One Full Day Cultural Excursion included per Two-Week course (optional for One-Week course)				

This module can be combined with module **1** or **3** to form the following

Two-Week Courses   (Total course contact hours: 45 hrs)

Exploiting Resources to Develop the Skills (all ages)

+   Early Language Learning (4-11 years)

Early Language Learning (4-11 years)   +   Developing the 4 Skills (10+ years)

Outcomes

The module improves confidence in lesson delivery, use of classroom vocabulary and fluency. It provides the participants with the strategies, skills, activities and language necessary to deliver English language lessons to younger learners. The module aims to provide the participant with insights into current practice and developments in the teaching of English as a Foreign Language and expands the participant's range of methodological approaches to teaching younger learners. The module will also discuss how to access, from the participant's own country, changes and developments in English, as well as useful websites.

Follow Up Provided

Post-Course Modalities

- Linguistic Profile based on Common European Framework of Reference
- An EFL Methodology in Practice Course Professional Profile
- Europass
- Post-Course Forum
- Applicant Dissemination and Exploitation Advice

EFL Methodology in Practice - MODULE 3: Developing the Four Skills

MODULE 3

TOPICS

Listening Skills
In this session we consider listening as a skill and look at the particular problems it causes for students and how we can help to overcome these problems. It also covers activities to practise this skill.

Speaking Skills
Speaking can be the most enjoyable activity for the students once they have overcome any initial reserve. In this session we will consider techniques to ensure a relaxed classroom atmosphere, along with a range of activities which encourages communication.

Reading and Writing Skills
This session looks at different types of reading activities and how we can bring variety to this skill. This session will also look at ways of making writing practice more interesting while considering the range of writing types that the students should ideally know.

Vocabulary Acquisition
This session will introduce a range of activities to help students learn and practice the key vocabulary they need to know for communication or examinations.

Grammar in Context
An examination of grammar, both from the teacher's viewpoint (i.e. your own level of grammatical knowledge and usage) and from the point of view of the learner. Techniques and activities for presentation in a classroom setting are considered.

IWB Techniques and Activities
Many classrooms are now equipped with Interactive Whiteboards. In this session we consider how the IWB can be utilised, by introducing a range of techniques and activities.

This module is recommended for non-native speakers of English teaching students aged 10 upwards. The course is also suitable for teachers of CLIL, Business English and English for Specific Purposes. Primary teachers may attend the course with reference to older pupils preparing for secondary education.

MODULE 3 - Course Content and Strategies

In accordance with the participants' Needs Analyses, the following topics may be discussed in-depth, presented in an overview or referred for post-course studies:

- Listening Skills
- Speaking Skills
- Reading and Writing Skills
- Vocabulary Acquisition
- Grammar in Context
- Interactive Whiteboard Techniques and Activities

One-Week Course   (Total course contact hours: 22.5 hrs)

Sample programme which can be adapted to suit the participants' needs

	Day One	Day Two	Day Three	Day Four	Day Five
8.50 09.15- 12.35	Welcome Testing and evaluation RLC Orientation	Active participation in a live class	Active participation in a live class	Active participation in a live class	Active participation in a live class
	Lunch Break				
14.00- 15.30	Developing Listening Skills	Developing Speaking Skills	Developing Reading and Writing Skills	Vocabulary Acquisition	IWB Techniques and Activities
Sat / Sun	**One Full Day Cultural Excursion included per Two-Week course** (optional for One-Week course)				

This module can be combined with module **2** or **4** to form the following

Two-Week Courses   (Total course contact hours: 45 hrs)

Early Language Learning (4-11 yrs)   +   Developing the 4 Skills (10+ yrs)

Developing the 4 Skills (10+ yrs)   +   Diversified Classroom Activities (10+ yrs)

Outcomes

The module improves confidence in lesson delivery, use of classroom vocabulary and fluency. It provides the participants with the strategies, skills, activities and language necessary to deliver English language lessons meeting the challenges of education in 21st century Europe. The module aims to provide the participant with insights into current practice and developments in the teaching of English as a Foreign Language with special reference to the development of the 4 skills and expands the participant's range of methodological approaches to enhance classroom practice. The module will also discuss how to access, from the participant's own country, changes and developments in English, as well as useful websites.

Follow Up Provided
Post-Course Modalities
- Linguistic Profile based on Common European Framework of Reference
- An EFL Methodology in Practice Course Professional Profile
- Europass
- Post-Course Forum
- Applicant Dissemination and Exploitation Advice

EFL Methodology in Practice
MODULE 4 – Diversified Classroom Activities

MODULE 4

TOPICS

Pair and Group Work

In this session different pair work and group work activities are presented and how they can be used to facilitate learning.

Rhythm, Songs and Rap

As English is a stress timed language, rhythm is an important part of the language. This session shows how songs, chants and rap can be used to improve learners' spoken production in a fun way.

Role Play

Role play should not be about students memorising chunks of text and reciting it. This session shows how role play can be used in a creative, unscripted way to replicate real life situations and provide students with a 'safe' environment in which to practice their speaking skills.

Drama

Drama can be used to greatly increase learners' motivation and creative skills. This session shows how students can be involved in all stages of the production, from creating and writing the script to performing the sketch or play.

Dialogues

Dialogues are a great way to practice the 4 skills, especially if the students write them first. Any topic can be utilised using this activity.

News and Newspaper Activities

This session will show how authentic news material can be used and exploited not only for advanced level students, but also for lower level students as well.

This module is recommended for non-native speakers of English teaching students aged 10 upwards. The course is also suitable for teachers of CLIL, Business English and English for Specific Purposes.

MODULE 4 - Course Content and Strategies

In accordance with the participants' Needs Analyses, the following topics may be discussed in-depth, presented in an overview or referred for post-course studies:

- Pair and Group Work
- Rhythm, Songs and Rap
- Role Play
- Drama
- Dialogues
- News and Newspaper Activities

One-Week Course   (Total course contact hours: 22.5 hrs)

Sample programme which can be adapted to suit the participants' needs

	Day One	Day Two	Day Three	Day Four	Day Five
8.50 09.15-12.35	Welcome Testing & evaluation College Orientation	Active participation In a live class	Active participation in a live class	Active participation in a live class	Active participation in a live class
	Lunch Break				
14.00-15.30	Pair and Group Work	Rhythm, Songs and Rap	Drama and Role Play	Dialogues	Newspaper and News Activities
Sat / Sun	One Full Day Cultural Excursion included per Two-Week course (optional for One-Week course)				

This module can be combined with module **3** or **5** to form the following

Two-Week Courses   (Total course contact hours: 45 hrs)

Developing the 4 Skills (10+ yrs)   +   Diversified Classroom Activities (10+ yrs)

Diversified Classroom Activities (10+ yrs)
  +   Current Trends & Innovative Approaches to Language Learning (10+ yrs)

Outcomes

The module improves confidence in lesson delivery, use of classroom vocabulary and fluency. It provides the participants with the strategies, skills, activities and language necessary to deliver English language lessons meeting the challenges of education in 21st century Europe. The module provides the participant with insights into current practice and developments in the teaching of English as a Foreign Language and to expand the participant's range of diversified classroom activities and different methodological approaches to increase quality and success of their teaching practice. The module will also discuss how to access, from the participant's own country, changes and developments in English, as well as useful websites.

Follow Up Provided
Post-Course Modalities
- Linguistic Profile based on Common European Framework of Reference
- An EFL Methodology in Practice Course Professional Profile
- Europass
- Post-Course Forum
- Applicant Dissemination and Exploitation Advice

EFL Methodology in Practice – MODULE 5:
Current Trends and Innovative Approaches to Language Learning

MODULE 5

TOPICS

Education Today; Consideration of the 8 Competencies
This session will introduce the 8 competencies and how they should be incorporated into curriculum and lesson planning.

Is there a Place for Traditional Approaches in Classrooms today?
Do we focus too much on communicative ability and fluency at the expense of accuracy? This session looks at how more traditional approaches still have a place alongside some of the newer approaches and shouldn't be disregarded as old-fashioned.

Online Learning, Distance and Blended Learning
A look at how the internet has created new opportunities for their learning. Students can practise their English or communicate their ideas through special study groups and online forums.

Modern Language and Slang and the Influence of Technology
Advances in technology and the need to communicate concisely have influenced the language and introduced new slang terms. This session examines some of these recent changes and why we should introduce them in our lessons to prepare learners for the real world.

Multiple Intelligences
This session looks at the 8 multiple intelligences to describe different learner types. A range of different activities is introduced for each of the 8 intelligences, enabling the teacher to maximise the learning potential of all their students.

Introduction to CLIL and Using English in the Classroom
What is CLIL and how is it different to bilingual or immersion education?

Interactive Whiteboards (IWBs)
Many classrooms are now equipped with IWBs. In this session we show you how the IWB can be utilised by introducing a range of activities and techniques.

This module is recommended for non-native speakers of English teaching students aged 10 upwards. The course is also suitable for teachers of CLIL, Business English and English for Specific Purposes.

MODULE 5 - Course Content and Strategies
In accordance with the participants' Needs Analyses, the following topics may be discussed in-depth, presented in an overview or referred for post-course studies:

- Education Today; Consideration of the 8 Competencies
- Is there a Place for Traditional Approaches in Classrooms Today?
- Online Learning, Distance and Blended Learning
- Modern Language and Slang and the Influence of Technology
- Multiple Intelligences
- Introduction to CLIL and Using English in the Classroom
- Interactive Whiteboards (IWBs)

One-Week Course   (Total course contact hours: 22.5 hrs)

Sample programme which can be adapted to suit the participants' needs

	Day One	Day Two	Day Three	Day Four	Day Five
8.50 09.15- 12.35	Welcome Testing and Evaluation College Orientation	Active participation In a live class	Active participation in a live class	Active participation in a live class	Active participation in a live class
	Lunch Break				
14.00- 15.30	Education Today: Consideration of the 8 Key Competencies	Modern Language and Slang; The Influence of Technology	Multiple Intelligences	CLIL Introduction and Using English in the Classroom	Interactive Whiteboards
Sat / Sun	**One Full Day Cultural Excursion included per Two-Week course** (optional for One-Week course)				

This module can be combined with module **4** or **6** to form the following

Two-Week Courses   (Total course contact hours: 45 hrs)

Diversified Classroom Activities (10+ yrs)

   +   Current Trends & Innovative Approaches to Language Learning (10+ yrs)

Current Trends & Innovative Approaches to Language Learning (10+ yrs)

      +   Building Language Learning & Exam Power (14+ yrs)

Outcomes
The module improves confidence in lesson delivery, use of classroom vocabulary and fluency. It provides the strategies, skills, activities and language necessary to deliver English language lessons meeting the challenges of education in 21st century Europe. The module aims to provide the participant with insights into current trends and innovative approaches in the teaching of English as a Foreign Language. It will be discussed how to integrate new and traditional strategies to result in the most successful classroom practice. The module will also show how to access, from the participant's own country, changes and trends in English, as well as useful websites.

Follow Up Provided
Post-Course Modalities

- Linguistic Profile based on Common European Framework of Reference
- An EFL Methodology in Practice Course Professional Profile
- Europass
- Post-Course Forum
- Applicant Dissemination and Exploitation Advice

EFL Methodology in Practice
MODULE 6: Building Language Learning and Exam Power

MODULE 6

TOPICS

Learning Styles
This session looks at the 8 multiple intelligences to describe different learner types and styles. A range of different activities is introduced for each of the 8 intelligences, enabling the teacher to maximise the learning potential of all their students.

Motivating Students and Project Work
A look at the different kinds of learner motivation. This session shows how project work can be used to maximise motivation levels and, therefore, facilitate learning. It also introduces ideas for a range of projects that can be carried out in the classroom.

Encouraging Individual Learning in Mixed Ability Groups
This session examines the problems of teaching mixed ability groups. A variety of activities is introduced to encourage participation from students at all levels within the group.

Recognised EFL Exams and How to Prepare Students for them
An overview of the most commonly taken, internationally recognised EFL exams is given, together with tips on how best to prepare your students for them.

Individual Learning vs Guidance towards Exam Success
A look at how the teacher can maximise the potential of their students to help them gain the results they require in exams.

Classroom Management
This session examines the importance of classroom management and how it can facilitate effective learning in your classroom.

Building Learning Power
This session shows you ways in which to teach your students to be autonomous learners, a skill that will benefit them when preparing for exams as well as throughout their lives.

This module is recommended for non-native speakers of English teaching students aged 14 upwards, especially for those preparing students for exams. The course is also suitable for teachers of Business English and Vocational English.

MODULE 6 - Course Content and Strategies
In accordance with the participants' Needs Analyses, the following topics may be discussed in-depth, presented in an overview or referred for post-course studies:

- Learning Styles
- Motivating Students and Project Work
- Encouraging Individual Learning in Mixed Ability Groups
- Recognised EFL Exams and How to Prepare Students for them
- Individual Learning vs Guidance towards Exam Success
- Classroom Management
- Building Learning Power

One-Week Course   (Total course contact hours: 22.5hrs)

Sample programme which can be adapted to suit the participants' needs

	Day One	Day Two	Day Three	Day Four	Day Five
8.50 09.15- 12.35	Welcome Testing and evaluation College Orientation	Active participation In a live class	Active participation in a live class	Active participation in a live class	Active participation in a live class
	Lunch Break				
14.00- 15.30	Learning Styles	Encouraging Individual Learning in Mixed Ability Groups	Recognised EFL Exams and How to Prepare Students for them	Classroom Management	Building Learning Power
Sat / Sun	One Full Day Cultural Excursion included per Two-Week course (optional for One-Week course)				

This module can be combined with module **5** or **1** to form the following

Two-Week Courses   (Total course contact hours: 45 hrs)

Current Trends & Innovative Approaches to Language Learning (10+ yrs)
+ Building Language Learning & Exam Power (14+ yrs)

Building Language Learning & Exam Power (14+ yrs)
+ Exploiting Resources to Develop the Skills (all ages)

Outcomes
The module improves confidence in lesson delivery, use of classroom vocabulary and fluency. It provides the participants with the strategies, skills and activities necessary to deliver English language lessons meeting the challenges of 21st century education. The module aims to provide the participant with insights into current developments in EFL teaching with special reference to exam preparation and motivation as well as expanding the participant's range of methodological approaches in order to enhance classroom practice. It will also be discussed how to access, from the participant's own country, changes and developments in English, as well as useful websites.

Follow Up Provided
Post-Course Modalities
- Linguistic Profile based on Common European Framework of Reference
- An EFL Methodology in Practice Course Professional Profile
- Europass
- Post-Course Forum
- Applicant Dissemination and Exploitation Advice

EFL Methodology in Practice
MODULE 7: Challenge Europe – English as the Lingua Franca

MODULE 7

TOPICS

Using Role Play

This session shows how role play can be used in a creative way to practise various professional situations, for example: socialising, telephoning, job interviews.

Practising Correspondence Skills

A range of activities is introduced to enable students to practice and improve their writing skills for effective business correspondence. A variety of areas will be covered, from writing for information to dealing with complaints.

Presentation Skills

A look at how projects can be used to motivate the learner, with particular emphasis on preparing presentations. This session will look at types of presentation that can be practised and the practical problems that can arise. We will also look at how to evaluate presentations.

The Job Application Process

A look at where to find out about jobs and the steps involved in the recruitment process. Writing a good CV and personal statement will also be covered in this session

The Internet as a Resource

A look at some of the resources that can be utilised to look for jobs and as a medium for applications abroad. Some useful sites for English practice will also be looked at.

Exams and Effective Exam Practice

This session will outline some of the internationally recognised Business English exams that are available, with tips on how best to prepare your students for them.

This module is suitable for non-native speakers of English, teaching students aged 14 upwards, including adults; especially teachers of Business English, English for Professional Purposes and Vocational English

MODULE 7 - Course Content and Strategies

In accordance with the participants' Needs Analyses, the following topics may be discussed in-depth, presented in an overview or referred for post-course studies:

- Using Role Play
- Practising Correspondence Skills
- Presentation Skills
- The Job Application Process
- The Internet as a Resource
- Business English Exams and Effective Exam Practice

One-Week Course (Total course contact hours: 22.5hrs)

Sample programme which can be adapted to suit the participants' needs

	Day One	Day Two	Day Three	Day Four	Day Five
8.50 09.15- 12.35	Welcome Testing and Evaluation RLC Orientation	Active participation in a live class	Active participation in a live class	Active participation in a live class	Active participation in a live class
	Lunch Break				
14.00- 15.30	Using role play: - Telephoning - Socialising - Making appointments	Practising Correspondence: - Asking for info confirmation - Complaints	Presentation Skills: - Using projects for motivation	The process of job application: - CVs - Personal statements	Using the Internet as a resource for job search and a medium for applications abroad
Sat / Sun	One Full Day Cultural Excursion included per Two-Week course (optional for One-Week course)				

This module can be combined with module **6** or **1** to form the following

Two-Week Courses (Total course contact hours: 45 hrs)

Building Language Learning & Exam Power (14+ yrs)

+ Challenge Europe – English as the Lingua Franca (14+ yrs / adults)

Challenge Europe – English as the Lingua Franca (14+ yrs / adults)

+ Exploiting Resources to Develop the Skills (all ages)

Outcomes

The module improves confidence in lesson delivery, use of classroom vocabulary and fluency. It provides the participants with the strategies, skills, activities and language necessary to deliver English language lessons meeting the challenges of education in 21st century Europe. The module aims to provide the participant with insights into current practice and developments in the teaching of English as a Foreign Language, with special reference to developing their students' skills to enable them to participate effectively in the international business world. It expands the participant's range of methodological approaches to enhance classroom practice. The module will also discuss how to access, from the participant's own country, changes and developments in English.

Follow Up Provided

Post-Course Modalities

- Linguistic Profile based on Common European Framework of Reference
- An EFL Methodology in Practice Course Professional Profile
- Europass
- Post-Course Forum
- Applicant Dissemination and Exploitation Advice