

50+ PROGRAMMES 2026

FLORENCE AND MILAN



*Enjoy your holiday in Italy
discovering fascinating cultural itineraries*

ITALIAN LANGUAGE AND CULTURAL PROGRAMME FOR 50+ IN FLORENCE AND MILAN

PROGRAMME 2026

During Spring and Autumn Linguaviva offers in **Florence** and **Milan** a holiday language course for mature and senior adults, wishing to combine a pleasant holiday in Italy and enjoy the opportunity of discovering fascinating cultural itineraries.

The programme offers a pleasant mixture of Italian tuition, excursions to the most interesting places, visits to artistic and historical centers, cooking lessons, lectures on cultural subjects, food and wine itineraries. Participants can choose which city they would like to attend according to dates and activities programmes.



ENJOYABLE ITALIAN TUITION

You will study Italian language, usually in the morning, in a class where the minimum age is fifty, We offer Italian tuition from Elementary to Advanced level.

The classroom approach is to create an informal atmosphere for purposeful learning, conducted at a pace suitable for those who may not have been in a classroom for many years.

Our friendly and approachable teachers will make the classes interesting and enjoyable and will use modern teaching methods and materials to build your confidence in speaking Italian.

Group activities will be arranged to improve your comprehension and communication skills, such as guided and free conversation practice, role play and discussion of aspects of Italian life, customs and culture.

KEY FEATURES



STUDENTS AGE: 50 +



ITALIAN TUITION: 20 group lessons per week

PROGRAMME LENGTH: 2 weeks



SPRING DATES

Programme in **Florence:** 13 - 24/04

11 - 22/05



AUTUMN DATE

Programme in **Florence:** 07 - 18/09

21/09 - 02/10

Programme in **Milan:** 07 - 18/09



ACTIVITIES: Cultural and leisure activities every day and full day excursions



ACCOMMODATION: Independent flat, hotel or homestay



SAFETY AND CARE: Guaranteed supervision from Linguaviva staff during all activities



TRANSFER SERVICES: In and out of Florence and Milan airport or train station



GLOBAL FEE:

Florence: **Euro 1.300**

Milan: **Euro 1.400**

FEE INCLUDES: language course, teaching material, activities programme, excursions.

ACTIVITIES

Florence is one of the world's most beautiful cities with its historical centre classified as a UNESCO World Heritage site. In a relatively small area Florence contains a wealth of Renaissance art treasures among streets that were once walked by their great creators like Michelangelo, Botticelli and Leonardo Da Vinci. Outside the classroom, you will have the benefit of guided visits to sites of cultural interest, famous museums, academies, monuments, churches, gardens and historic villas. Moreover, you will have the chance to attend one of the most important musical events of the Italian Opera. Linguaviva's programme offers classic excursions to discover the fascinating mix of history, culture, art and scenery for which Tuscany is universally famous.

All excursions are supervised by the Linguaviva teachers. While staying in Florence participants can have the possibility of discovering the secrets of Italian cuisine and wine undertaking a class at one of the most renowned cooking school in Florence. You will also enjoy lectures on culinary topics and a visit to a winery in Chianti.

Milan is Italy's richest and second largest city and is best known as Italy's style, fashion and design capital. Milan holds several historic and artistic attractions, including the largest Gothic cathedral in the world, Leonardo da Vinci's *Last Supper* fresco and the famous La Scala Opera House.

With something almost Northern European in the air, yet exuding Italian style, Milan is Italy's most cosmopolitan city. It is also a top study destination. Fashion, Design, Architecture, Engineering, Music, Economics, Fine Arts are prominent fields of studies in Milan, attracting students from all over the world.

In our Italian school in Milan you will have the opportunity to learn Italian and discovering a very stimulating and dynamic city.



ACCOMMODATION

For accommodation participants will be able to choose among the options we offer: homestay, independent flat or hotel of various categories. Our accommodation office can book for you Homestay only.

Homestay is the ideal situation for participants who wish to experience Italian daily life and to practice the language in an informal atmosphere. Our homestays have single or twin rooms and offers two options:

- ✓ Half Board - Breakfast and dinner, served every day including weekends.
- ✓ Only Breakfast - You will be served a typical Italian breakfast every day of the week.

The accommodation is booked from the Sunday before your course starts to the Saturday after it ends.

The cost of the accommodation is not included in the global fee, please refer to Linguaviva Booking Guide for Homestay pricelist.

TRANSFER SERVICE

You may choose to be met on arrival at the airports of Florence and Milan, you will be met by our professional staff and will be escorted to your accommodation. This service can be requested upon enrolment.

INTERNATIONAL ENVIRONMENT

Participants of the Cultural Programme for Seniors will enjoy the programme in a very international environment with students arriving from many different countries. Main countries of origin are Brazil, Germany, Switzerland, Israel, Japan, Sweden, France, The Netherlands



ACTIVITIES SAMPLE PROGRAMME IN FLORENCE

SPRING 2026: April 13th - April 24th; May 11th - 22nd

FALL 2026: September 7th - 18th; September 21st - October 2nd

FIRST WEEK



MONDAY

Welcome party: What better way is there to welcome new friends than a party? Come to meet and greet. It will be a lot of fun!



TUESDAY

Uffizi Gallery: One of the most important museums in the world that holds a collection of priceless masterworks.



THURSDAY (Spring Session)

Trip to Lucca: Visit the medieval walled city, also known as the city of 100 churches.



FRIDAY

Lecture: Italian wines: A virtual tour and a wine tasting from the Country that is the world's largest producer of wine.



SATURDAY

Trip to Siena and San Gimignano: Trip to two medieval cities in the Tuscan countryside: Siena and its Piazza del Campo, San Gimignano and its towers.



MONDAY

Florence from Piazzale Michelangelo: An historical and artistic introduction about Florence with a beautiful 360° view of the city and the surrounding



WEDNESDAY

Cooking class: Discover our culture by cooking Italian recipes.



THURSDAY (Fall Session)

Trip to Pisa: Visit the main attractions of Pisa: Piazza dei Miracoli, a UNESCO World Heritage site home to Pisa Cathedral, the Baptistry and the famous Tower.



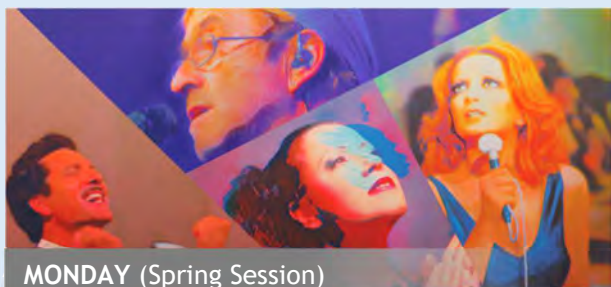
FRIDAY

Live Concert: Maggio Musicale Fiorentino: A unique musical performance with operas, concerts and ballets at the famous Teatro del Maggio Musicale Fiorentino.



SUNDAY (optional)

Shopping at Barberino Designer Outlet: The perfect destination for a day of shopping: a wide selection of



MONDAY (Spring Session)

Seminar: The Italian Music: A lesson about the music that have excited generations of Italians and will help you get deeper into the Italian music culture.



TUESDAY

Chianti tour: A trip to Castello di Verrazzano to visit its renaissance gardens and historical Chianti cellars. After the tour, enjoy a selection of wines.



THURSDAY (Spring sessions)

Trip to 5 Terre: A trip to explore the characteristic villages of Vernazza, Monterosso and Manarola and admire the unique panorama of the Liguria coast.



FRIDAY

Basilica di Santa Croce: The so called "temple of Italy's glories", a truly unique hub of Faith and Art in the Franciscan church hosting the funeral monuments of Italian historical figures.



MONDAY (Fall session)

Lecture: Italian cuisine: Quality and tradition from North to South discovering popular and typical recipes.



WEDNESDAY

Galleria dell'Accademia: One of the most visited museums in Florence, home to the original Michelangelo's statue of David.



THURSDAY (Fall session)

Trip to Val d'Orcia: A day exploring the wine region of the Val D'Orcia and its famous Medieval towns.



FRIDAY

Farewell dinner: Let's celebrate the end of the course with good food and great friends!



ACTIVITIES SAMPLE PROGRAMME IN MILAN

FALL 2026: September 7th - 18th

FIRST WEEK



MONDAY

Pizza lunch on Navigli: Navigli is a much-loved district in Milan, known for its quirky charm and lively nightlife scene, it is a great place to hang out.



TUESDAY

Lecture: Italian Design: Italian design incorporates clever use of creativity and functionality, harmoniously blending simplicity with a hint of opulence.



WEDNESDAY

Lecture: Italian Opera: The history of the Italian Opera, one of the main musical expressions of our Country.



THURSDAY

Brera Art Gallery: A not to be missed member the exclusive club of Europe's premier art galleries hosting magnificent works by Italian and international artists.



SATURDAY

Trip to Lago di Como: A popular retreat for aristocrats and wealthy people since Roman times, and a very popular tourist attraction with many artistic and cultural gems.



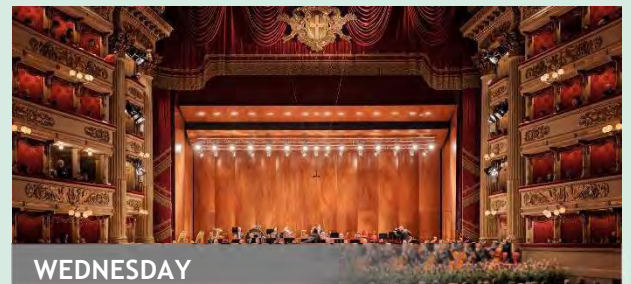
MONDAY

Milan's Cathedral: An occasion you will treasure, visiting the rooftops and experiencing a wonderful view of the city from the lofty spires of the Dome.



TUESDAY

Castello Sforzesco: The city's former fifteenth-century defensive fortress is now a place where art can be relished in several first-class museums.



WEDNESDAY

Live concert: Teatro alla Scala: A night out at the prestigious theatre that since centuries exhilarating emotions for enraptured audiences.



FRIDAY

Wine tasting: A tasting experience from the Country that is the world's largest producers of wine.



SUNDAY (optional)

Shopping at Serravalle Outlet: The perfect destination for a day of shopping: a wide selection of international and national brands.



MONDAY

Università Statale di Milano: Discover the 1400's architecture of public Milan University and the secrets of San Satiro Church.



WEDNESDAY

Lecture: Italian Fashion: The timeless charm of Italian garments, characterized by high-quality and craftsmanship, became synonymous with glamour.



THURSDAY

Villa Necchi Campiglio: Enclosed by a peaceful garden it holds sensational artworks, where you can lose yourself in the glamorous world of Milan's interwar years.



FRIDAY

Sant'Ambrogio and Santa Maria delle Grazie: One of the most beautiful examples of Romanesque architecture and Leonardo's *Last Supper*, that fascinated and intrigued art lovers and countless visitors for centuries



TUESDAY

Italian cooking lessons: Discover Italian culture by cooking Italian recipes.



WEDNESDAY

Armani Silos: The fashion art space in Milan dedicated to the Armani style. Discover the aesthetic philosophy of Giorgio Armani through his unique touch.



THURSDAY

The Fashion District: The heart of exclusive, high-end shopping in the area bordered by via della Spiga, via Montenapoleone, via Manzoni and Corso Venezia.



FRIDAY

Farewell dinner: Let's celebrate the end of the course with good food and great friends!



During the past 45 years of activity, Linguaviva Group has gained an international reputation for academic excellence and high level of services.

*Our extensive range of Italian programmes has been designed to ensure that the specific needs of each individual are met
general Italian, vocational programmes in fine arts and design, culinary arts programme, academic studies in Italy, special programmes for senior participants and summer programmes for juniors.*

For over 20 years, Linguaviva has been a leader in Italy for 50+ Programme.

Thanks to the great success of our Programmes and the quality of our teachers and staff, every year more than 2000 international students attend our Programmes in Florence and Milan campuses.



ITALIAN LANGUAGE AND CULTURAL PROGRAMMES FOR 50+

Florence

Via Fiume 17 - 50123 FIRENZE

Milan

Via Valenza 5 - 20144 MILANO