



Le plaisir d'apprendre

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# French Language and Relaxation

## PROGRAMME

Mornings: French courses in CAVILAM  
18 courses per week  
All levels (test on arrival)

Afternoons: choice of balneotherapy, golf, tennis or  
discovery of the region

### ● BALNEOTHERAPY

“The Célestins” Spa - a magnificent Health,  
Beauty and Fitness Centre, using the virtues of  
thermal spring water in the most modern treatment  
techniques

2 treatments per day (massages, hydromassages,  
seaweed wraps) + access to the jacuzzi, sauna,  
hammam, gym and relaxation room

### ● GOLF

Prestigious 18-hole golf course (Par 70)  
Classified players: 1 green-fee per day  
Non-classified players: 2 hours of 1:1 lessons per day

### ● TENNIS

Clay courts  
2 hours of 1:1 lessons per day

### ● DISCOVERY OF THE REGION

In the heart of the authentic Auvergne, within  
the imposing framework of the Park of the Volcanoes,  
excursions, visit picturesque villages, archeological  
sites, famous castles...

## ART OF FRENCH LIVING

“Art Nouveau” operahouse, the heart of exceptional  
artistic events

Local regional restaurants or tasty “Nouvelle Cuisine”

A complete programme of cultural and leisure activities  
is proposed each day

## DATES AND DURATION

September to June, from one week upwards,  
Monday to Friday

Individuals or groups welcomed

Courses begin every Monday

(for beginners: 1<sup>st</sup> Monday of each month)

## ACCOMMODATION

Adapted to everyone: hotels\*\*, \*\*\*, \*\*\*\*, host families,  
hotel residences, studios

## OUR STRONG POINTS

- Vichy, the ideal place to study French and to relax
- Easy access by train or plane (international airport  
of Clermont-Ferrand/Vichy)
- Individualized welcome
- Personalized aid during the stay
- Cordial and international environment
- Staff - eager to help and willing to listen

