

All roads lead to. . .





Right in the heart of our wonderful city - Rome - the place to be for all those interested in "things Italian": art, culture, music, design, beauty, good food, good wine, sun, fashion, architecture, the warmth of the people, imagination and the joy of living - you will find our school DILIT.

With us you will get to know the ins and outs of our beautiful language and world-famous culture. Our highly qualified and dedicated teachers will guide you, encourage you and make your learning fun and enjoyable.

Outside the classroom we always take care of all your needs, including getting you into comfortable accommodation and providing you with a rich and varied programme of social activities so you can discover the secrets of our splendid city and typical aspects of Italian culture.

We look forward to seeing you here.

School Director

Paola Lazzaro



Rome 's the place! DILIT 's the school!

50 years of experience

80,000 international students

125 nationalities

5,000 teachers trained



Italian language school

THE SCHOOL

DILIT, officially authorised by the Italian Ministry of Education, has been teaching Italian as a foreign language since 1974.

It is an early member of the IH World Organization, now a network of over 150 schools in more than 50 countries. It is also member of IALC (International Association of Language Centres), ASILS (Associazione Scuole di Italiano come lingua seconda) and AISLI (Associazione Italiana Scuole Di Lingue).

The school is an examination centre for the CELI examinations of Perugia University and for the CILS examinations of Siena University.

DILIT is also well known for its teacher training department accredited by the Italian Ministry of Education.

The school is situated in the centre of Rome just a short walk from the central railway station and conveniently placed for transport to every area of the city.

MISSION STATEMENT

The school's goal is to offer, in a multiethnic and multicultural contest, an environment and atmosphere where every student day after day feels welcome and the object of the care and attention of all the school's staff.

The school undertakes to make sure that everyone feels free to express their own opinion and to counteract any possible form of discrimination.

With the support of a teaching methodology ever-polished over decades of research and experimenting we want to make sure our students experience their study as true personal, intellectual and cultural development.

In order to achieve this goal our teaching and non-teaching staff are highly qualified and have many years of experience, properly employed on the best working conditions of the category and aware, all of us, of being an important part of a shared project.

All services and activities offered by the school, from teaching to leisure time activities and the accommodation office, are aimed at the well-being of each and every student. They are constantly monitored and regularly inspected by international organisations who guarantee proper behaviour, transparency and quality of service. At the heart of everything we do is the awareness that every student comes to us with a dream – sometimes small, sometimes huge. Helping them turn that dream into reality isn't just our job – it's our greatest purpose and satisfaction.



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Early member of International House World Organization



Member of AISLI (Associazione Italiana Scuole di Lingue)



Member of IALC - International Association of Language Centres

Certificazione



Examination centre for the CILS examinations of Siena University



Member of ASILS (Associazione Scuole d'Italiano come Lingua Seconda)



Examination centre for the CELI examinations of Perugia University



Officially authorised by the Italian Ministry of Education
Teacher Training Centre accredited by
the Italian Ministry of Education

Key facts

Very central location, conveniently placed to reach all interesting parts of the city; Highly qualified and experienced teachers;

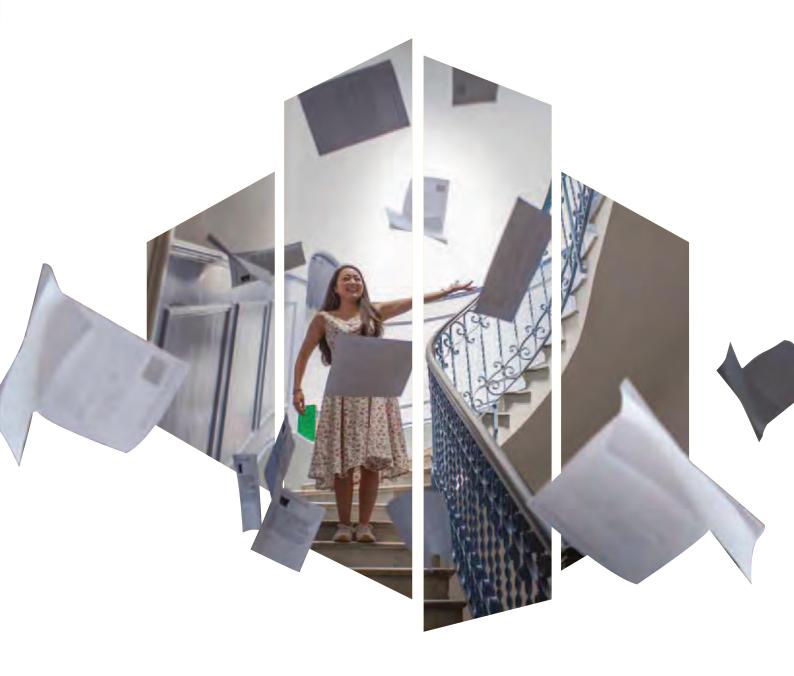
High student's care attention and standards;

International atmosphere;

Many social and cultural activities;

Beautiful premises with garden, terraces and snack bar

Teaching methodology



Dilit International House was one of the first schools to adopt a fully communicative approach to the teaching of Italian, and the approach is being up-dated all the time.

Language is never presented out of context; and grammar, phonology, lexis and all other features of actual language use in everyday situations are analysed.

A wide variety of up-to-date authentic material is used in class, thus giving students valuable information about modern-day Italian culture and society at the same time as developing students' authentic linguistic and communicative skills. Our teachers, who have been teaching in the school for an average of 12 years, have been selected from special training courses. They regularly take part in dedicated professional development sessions on teaching methodology, organized by our Training and Research Department.

GENERAL ITALIAN COURSES



GROUP

All levels are available, from absolute beginners to advanced. The minimum age is 16. The maximum number of students per class is 14, or 6 for small groups. Absolute beginners start on fixed course-starting dates (see Fees and Dates sheet). All others may start on any Monday. On arrival, students are tested and placed in classes according to their level and their particular needs.

INTENSIVE

(15-20-25-30 lessons/week)

Classes are held from Monday to Friday. New courses for beginners start every 2 weeks throughout the year. Minimum attendance is 1 week.

15 lessons/week

afternoons, 3 lessons a day, from 1 to 12 weeks. 20 lessons/week

mornings, 4 lessons a day, from 1 to 50 weeks. 25 lessons/week

4 lessons a day in the mornings, plus 2 ½ lessons in a small group twice a week in the afternoons, from 1 to 32 weeks.

30 lessons/week

4 lessons a day in the mornings, plus $3 \frac{1}{3}$ lessons in a small group 3 times a week in the afternoons, from 1 to 28 weeks.

SMALL GROUP NON-INTENSIVE (5 lessons/week)

Classes are held twice a week, mornings, afternoons or evenings. Each course lasts 8 weeks. These courses are run all year except in July, August and September. Minimum attendance is 8 weeks.

INDIVIDUAL

Particularly suitable for business and professional people and all those who require tuition tailor-made to their individual needs. (Small groups of 2-4 students can also be catered for).

INTENSIVE

(10-30 lessons/week)

Attendance is daily from Monday to Friday and varies from 2 to 6 lessons a day.

Minimum attendance is one week.

NON-INTENSIVE

(3, 4, 5, 6, 9 lessons/week)

Particularly suitable for students who want to add some tailor-made individual tuition to their Group Courses.

Minimum attendance is one week.

COMBINED

Students attend a 20-lessons group course and 6 or 10 individual lessons per week.

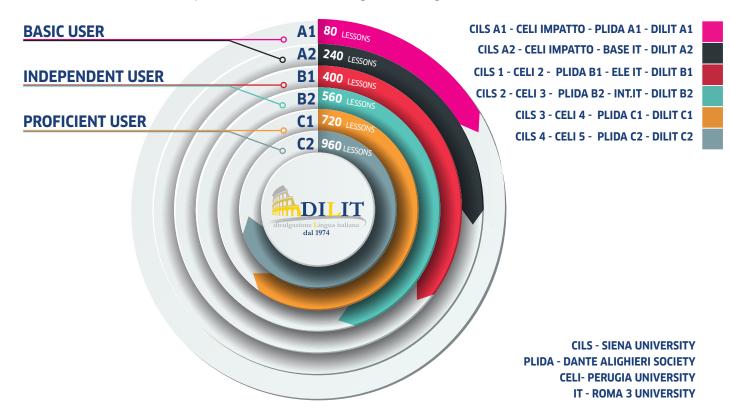
Particularly suitable for those who need Italian both for general and specific purposes (dealing with specific topics in specific settings and/or other particular aspects of the language).





In common with most quality language providers in Europe, Dilit International House aligns its course levels with the descriptors of the Common European Framework of Reference for Languages (CEFR).

This is a system of levels developed under the auspices of the Council of Europe in order to bring uniformity to language descriptions and levels. This scale gives a short description of what learners can normally do at each of 6 levels (A1 to C2). The time it takes to learn to use a foreign language varies from person to person. Apart from the varying amount of time spent on home-study, other factors come into play such as individual aptitude, the distance between the foreign language and your native tongue or other languages previously learnt, the opportunity to practise the language with native speakers, and so on. The time presented in the chart below should therefore only be taken as a rough guide to the number of lessons needed to reach a particular level when starting off from beginner's level.



Dilit International House has classes of all levels throughout the year, thus guaranteeing all students a class at the right level at all times.

ACADEMIC PROGRAMMES





These courses have been designed to meet the ever increasing demand of a solid language course and bring students at a B1/B2 level.

Academic Year

This course is designed for those students who need a sound language and cultural foundation in order to study at an Italian Higher Education Institution (University, Academy of Fine Arts, Design Academy and Conservatory) on a bachelor degree (BA) or master degree courses (MA). It caters also for students who want to spend a year abroad before beginning at university in their own country (Gap Year) and also those students who are simply interested in Italian language and culture and want to acquire a high competence. It starts in March and September, lasts 40 weeks (42 weeks stay for the course starting in September) and is open to beginners and elementary students from all over the world, aged between 18 and 30. Total lessons: 800 (language) + 60 (Academic studies)* + 36 (CILS or CELI Exam Preparation).

*The topics can be two of: History of Italian Art, Italian Fashion, Architecture, Business Italian or Legal Italian.

Academic Semester

This course is designed for those students who need a sound language and cultural foundation in order to study at an Italian Higher Education Institution (University, Academy of Fine Arts, Design Academy and Conservatory) on a bachelor degree (BA) or master degree courses (MA). It caters also for students who want to spend a semester abroad before beginning at university in their own country (Gap Year) and also those students who are simply interested in Italian language and culture and want to acquire an high competence. It starts in January and June, lasts 24 weeks and is open to students with a full A2 level. Total lessons: 480 (language) + 30 (Academic studies) + 36 (CILS or CELI Exam Preparation).

Marco Polo and Turandot Projects for Chinese Students

Through the "Marco Polo" and "Turandot" Projects Chinese students can enter Italian Higher Education Institutions (Universities, Conservatories, Academies of Design and Fine Arts).

Students pre-enrol in one of the Higher Education Institutions and then, to finalize their enrolment, they have to follow an Italian language course in Italy and pass a final exam at B1 or B2 level which allows them to renew their Stay Permits without having to return to China. This course is run in agreement with Higher Education Institutions and is open to "Marco Polo" and "Turandot" students pre-enrolled in an Italian Higher Institution. At the end of the course students can sit the internationally-recognised CELI or CILS examinations at level B1 or B2. The course starts in November, lasts 40 weeks (42 weeks stay) and is open to beginners and elementary students. Total

lessons: 1000 (of which 36 are reserved for Exam Preparation and about 160 for cultural activities which help to favour integration within Italian social and academic circles).



Exams and Diplomas

During the programme, or at the end of it, students sit for examinations for the following qualifications: DILIT-IH Diploma
CILS (run by Siena University)*
CELI (run by Perugia University)*

*Students choose which of the two exams to apply for.

Visa Requirements, Stay Permit & Administrative Support

Prior to departure, students are advised to consult their local Italian Embassy or Consulate to verify whether a visa is required and to obtain precise information regarding the necessary documentation.

The school guarantees timely processing and dispatch of all official documents related to enrolment. Upon arrival, our reception staff will provide full assistance with administrative procedures, ensuring compliance with local regulations and facilitating every process.





PREPARATORY COURSE FOR ITALIAN UNIVERSITIES

This course prepares students for Italian University Entrance Examinations in the following faculties: Architecture, Engineering, Medicine, Veterinary Studies, Dentistry, Pharmacy, Fine Arts and Design. These Examinations assess language competence, general knowledge and knowledge of the subjects and topics relevant to the Faculty chosen. The course is made of 2 parts:

General Italian Component

The first part consists of General Italian language tuition and seeks to supply students with the language knowledge needed to take part profitably in the Preparatory Course component. The skills developed in this part are: listening comprehension and spoken production, reading comprehension and written production, and vocabulary expansion with particular reference to the sorts of texts that students will encounter in their entrance examinations.

Preparatory Course

This component consists of specific preparation in the topics contained in the University Entrance Examinations. Course contents follow the guidelines set out by the Italian Ministry of Education.

During the course the students will deal with the specific contents of the chosen university course: logic, physics, mathematics, chemistry, general knowledge, etc.. Moreover, past exam papers will be examined and practised.

Prerequisites

Minimum age: 18 years High school diploma

Language Competence: B1 level

Duration 6 weeks Lessons per week 20 + 10 Hours Monday to Friday 9.00-12.20; 13.30-15.00 Minimum language level required B1

ITALIAN ON LINE COURSES



GENERAL ITALIAN ONLINE

Ideal both as a first step before a study stay in Rome and as a way to maintain progress and connection afterwards, the online courses offer maximum flexibility without compromising on quality.

Available in both group and individual formats, the lessons follow DILIT's renowned communicative approach, ensuring effective and engaging learning. Led by experienced native-speaking teachers, each session provides an authentic experience of the Italian language and culture – accessible from anywhere in the world.

A practical and dynamic option for:

- Getting familiar with the language before arriving in Italy
- Continuing to improve after an in-person course
- Staying connected to Italian, wherever life leads

Group Courses

Online Group Intensive Italian Course 5 or 10 lessons/week

Individual Courses

Online Individual Intensive Italian Course 5, 10 or 15 lessons/week

Duration min. 1 week **Lessons per week** 5, 10 **Language Levels** all

Duration min. 1 week **Lessons per week** 5, 10, 15 **Language Levels** all



ITALIAN THROUGH ART & CULTURE



A two-week intensive program offering a deep dive into the Italian language and culture. Created for those who are eager to explore the language further through the lens of Italian culture, these thematic courses offer an engaging way to deepen both language skills and cultural understanding.

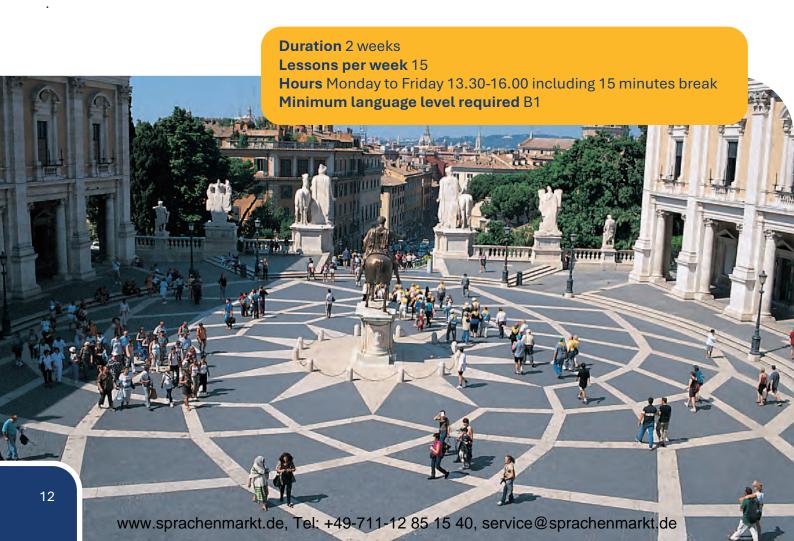
Each course combines language refinement with a focused exploration of a specific cultural topic, allowing participants to expand their vocabulary, enrich their expression, and interact with authentic materials in context. Participation is open to students with an adequate level of Italian. It is possible to choose a single course or combine it with others. For a truly complete experience, it is suggested to combine one or more of these thematic courses with the Intensive General Language Course (20 group lessons per week), ensuring comprehensive progress in both language competence and cultural insight.

ITALIAN THROUGH ARCHITECTURE

A journey through the artistic and architectural soul of a city that, more than any other in the world, is a true openair museum: Rome.

From its legendary founding in 753 B.C. to the present day, the course explores the city's rich heritage through guided walks and visual materials, offering insights into both the "visible" architecture – monuments, churches, villas, and parks – and the "invisible" architecture: Rome's breathtaking empty spaces, its squares – silent witnesses to centuries of history and among the most beautiful in the world.

The course follows the footsteps of the great architects who shaped the city's identity across the ages – from ancient times to the Middle Ages, from the Renaissance and Baroque to the contemporary era – revealing how their work has left an indelible mark on Rome and its people.





DISCOVERING ROME

Duration 2 weeks

Designed for those eager to deepen their Italian while exploring the city's cultural treasures, this programme combines language learning with guided visits to some of Rome's most iconic historical and artistic sites. Through a series of classroom sessions and on-site experiences, participants engage in a theoretical and practical journey through the history of Italian art.

The course is structured around a series of guided walks and visits, offering the chance to learn directly on location – from ancient ruins to Renaissance masterpieces – and to put newly acquired language skills into practice in an authentic, stimulating context.

More than just a language course, Discovering Rome is an immersive cultural adventure – a unique opportunity to improve Italian while experiencing the city's millennia-old story firsthand.





ITALIAN THROUGH ITALIAN COOKING

A unique course designed for anyone wishing to deepen their knowledge of the Italian language through the world of gastronomy – whether for professional training in Italian cuisine or simply for the pleasure of exploring one of the most beloved aspects of Italian culture.

Perfect both for those preparing to attend culinary schools or chef training programmes in Italy, and for curious enthusiasts eager to understand the language of food in its cultural and practical expressions.

Theoretical Component

The course aims to strengthen overall language skills, with a special focus on listening and speaking. Vocabulary and expressions specific to the world of Italian cuisine and gastronomy are explored in depth. Activities also include reading and understanding texts related to culinary topics – from traditional recipes to food culture and regional specialities.

Practical Component

through the flavours of Italy.

Twice a week, participants step into the kitchen for hands-on cooking sessions led by an Italian chef. During these workshops, typical Italian dishes are prepared from scratch – an opportunity to apply the language in an authentic and engaging setting.

The course also includes an introduction to Italian wines and how to pair them with different dishes, as well as guided visits to local food markets and wine shops, offering real-world interaction with the language of food.

An immersive experience where language, taste, and tradition come together – for those who want to speak Italian

Duration 2 weeks

Lessons per week 15 (including practice)

Hours Monday to Friday / 13.30-16.00 including 15 minutes break

Minimum language level required A2

ITALIAN THROUGH PHOTOGRAPHY

This course combines a basic introduction to photography—covering both film and digital techniques—with immersive Italian language learning. Perfect for those who want to improve their Italian skills while exploring the creative world of photography.

After an initial week of theory and practice, each participant—whether in a group or individually—selects a personal theme such as fashion, art, society, animals, journalism, etc.. Through on-site observation and guided analysis around the city of Rome, students develop their ideas and create a unique Photo Report Book that showcases their vision of the city.

All photographic equipment and materials are provided, allowing students to focus on language acquisition and developing their photographic eye in an inspiring cultural environment.

Duration 2 weeks
Lessons per week 15
Hours Monday to Friday / 13.30-16.00 including 15 minutes break
Minimum language level required A2



ITALIAN + A TASTE OF ITALIAN CULTURE



These programs offer the perfect blend of language learning and hands-on cultural immersion, making the exploration of Italian life and culture both fun and rewarding. Participants choose from exciting subjects such as Italian cuisine, wine, fashion, cinema, and opera, turning study into an engaging and memorable experience. Alongside the compulsory 20-lesson intensive language course in the mornings, two afternoons per week over two weeks are dedicated to small-group sessions (1–5 students) led by expert teachers specialized in the chosen cultural theme. Those staying longer than two weeks can enroll in multiple programs, enjoying a richer and even more vibrant cultural journey.

ITALIAN + HOME-COOKING

The Home-Cooking component offers a delightful opportunity to experience Italian culture through its most beloved tradition: food. Participants actively take part in the preparation of typical Italian dishes, guided step by step in the friendly and authentic setting of a cooking school.

Each session concludes by enjoying the dishes prepared together, accompanied by a good glass of wine. A relaxed and convivial moment, that celebrates the joy of cooking, tasting, and connecting through language and culture.



ITALIAN + FASHION

The Italian Fashion component offers an introduction to one of Italy's most iconic and influential industries. Through a journey into the history, language, and culture of Italian fashion, students gain insight into a world where creativity meets craftsmanship, and elegance becomes industry.

Lessons focus on building the vocabulary and expressions typical of the fashion sector, helping students understand and talk about one of the most dynamic and internationally recognised aspects of Italian culture.

Duration 2 weeks
Lessons per week 20 language + 3 lessons twice a week
Hours 13.30-16.00 including 15 minutes break
Minimum language level required A2

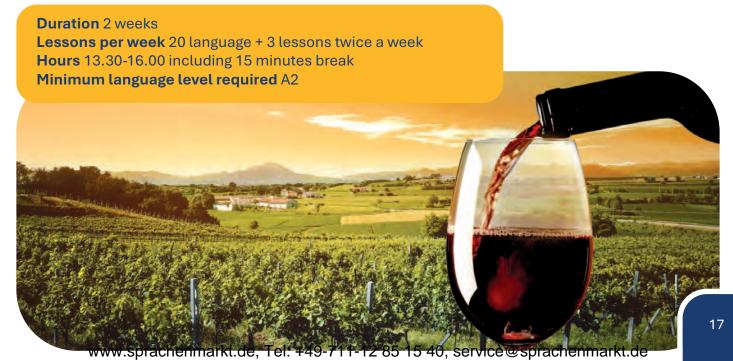


ITALIAN + WINE

Discover the essence of Italian wine culture through a captivating four-session journey designed to awaken the senses and enrich the language.

The course is structured over four sessions, each dedicated to exploring the world of Italian wine in all its phases – from production to the finished product, from harvest to bottling.

From ancient traditions to modern excellence, each meeting blends Italian language learning with cultural insight and guided wine tastings. A unique opportunity to explore the country's enological heritage while expanding vocabulary and conversational skills in a relaxed, immersive setting.





A fascinating dive into Italian cinema,

this component explores the seventh art from two engaging perspectives: its historical evolution and its contemporary voices.

From the powerful realism of post-war Neorealism and the socially engaged cinema of the 1970s, to the unique styles of acclaimed directors, students discover how Italian film has shaped – and continues to influence – global storytelling.

A cultural and linguistic journey through unforgettable stories, iconic scenes, and the language of cinema itself.



Duration 2 weeks Lessons per week 20 language + 3 lessons twice a week Hours 13.30-16.00 including 15 minutes break

Minimum language level required A2

ITALIAN + OPERA

An evocative introduction to the world of Italian opera, guided by the timeless notes of the country's most celebrated composers and masterpieces.

The Italian Opera component invites students to discover one of Italy's most iconic cultural treasures through the stories of legendary operas, the lives of great composers, powerful imagery, and the listening of

unforgettable arias.

captivating blend language, music, and history where every lesson resonates with the elegance and passion of la grande opera italiana.



ROME FOR 50+

A programme designed with care and passion for those aged 50 and over, who wish to combine the pleasure of learning Italian with the beauty of discovering Rome and surroundings in good company. Participants are treated as honoured guests, and every detail is curated to ensure an enriching, enjoyable, and unforgettable stay.

Held three times a year and lasting two weeks, the programme blends language, art, culture, and the simple joy of sharing meaningful experiences in one of the world's most fascinating cities.

In addition to 40 morning language lessons in classes of mixed ages at the appropriate level, the programme includes the following activities:

Meet people your age who share your vibe: curious, adventurous and ready to enjoy every moment.

- half-day trip to places of great interest around Rome:
- half-day trip to the Castelli Romani area including wine-tasting and dinner;
- a cooking lesson and dinner;
- 2 guided trips around Rome;
- 2 seminars on the History of Art;

All these activities take place in Italian and are guided and/or accompanied by teachers of Italian well versed in Archaeolog y and History of Art.



BUSINESS ITALIAN

This course caters for people who need to use Italian at work. The objective is to develop effective communication skills at work and in business, both spoken and written. During the course, tailormade to the specific needs of the

Duration 2 weeks
Lessons per week 15
Hours Monday to Friday 13.30 - 16.00 including 15 minutes break
Minimum language level required B2

participants, the grammar and vocabulary typical of commercial Italian - telephone conversations, company presentations, negotiations and sales, business meetings, formal letters, reports and messages/emails will be analysed and practised.

LEGAL ITALIAN

The course is designed to promote active learning of key concepts within the Italian judiciary system. The main fields dealt with are civil law, penal law and constitutional law (for example the roles of Parliament and Go-

vernment, liability for damages and

Duration 2 weeks
Lessons per week 15

Hours Monday to Friday 13.30 - 16.00 including 15 minutes break **Minimum language level required** B2

breach of contract, negligence and intent, etc.). The course emphasizes the development of legal vocabulary and linguistic skills necessary to read, interpret, and engage with Italian legal texts effectively. Each activity proposed in class is a stimulating challenge towards the acquisition of ever more complex parts of legal language. Lessons are interactive and grounded in authentic materials, fostering a practical and immersive learning experience.

CILS OR CELI EXAM PREPARATION

The school, an examination centre for the CILS examinations of Siena University and for the CELI examinations of Perugia University, holds preparation courses for each of these exams. We give students

Duration 6 weeks Lessons per week 6

Hours twice a week 13.30 - 16.00 including 15 minutes break **Minimum language level required** A2

all the necessary information and advice on what exam to choose and how to enrol. During the course students have the opportunity to get used to specific exam procedures and practise on past examination papers.

SOCIAL ACTIVITIES



As part of the experience, the school offers a vibrant social and cultural activity program open to all students. These activities are the perfect way to immerse oneself in Italian culture, meet people from around the world and make the most of the time in Rome. Whether it's guided tours, cooking classes, museum visits, "aperitivo" nights, each experience is designed to be fun, engaging and culturally enriching – helping the student to practice Italian in real-life settings while enjoying everything the city has to offer.

The activities are held in Italian and led by our experienced teachers, who know how to communicate with students of all levels. Even beginners are encouraged to take part – our teachers make sure everyone feels included and can follow along, no matter their language level.

SAMPLE WEEKLY PROGRAMME

MONDAY

Welcome and Orientation meeting

Walking tour in the city centre

TUESDAY

Seminar: The italian cooking

WEDNESDAY

Aperitivo: drinks, food, friends

THURSDAY

Walking tour: roman fontains

FRIDAY

Seminar: The secrets of Rome



CAFETERIA AND LEISURE AREAS

In the school cafeteria you can get drinks, snacks and lunch before or after classes. The international environment and friendly atmosphere makes it easy to meet people from all over the world using Italian as a common language.

It is a spacious and comfortable place, ideal to make friends, have fun, relax and study.

Concerts, films, plays, parties, etc. are organised here. Books to read, table games and a piano are available for use at all times.

There is also a nice garden and two big terraces where you can relax drinking a Cappuccino, chat with your friends or read a book.

Wi-fi internet access is available everywhere on the premises.



SCHOOL SERVICES AND STUDENT CARE

Fully aware that a satisfying study holiday cannot only consist of a language course, we pay particular attention to those services which can contribute to making your stay as enjoyable as possible.

We are here to help and support you before your arrival and during your stay until you return home.

Our Reception and Accommodation team are always ready to help you with anything you may need, so do not hesitate to speak to us

ACCOMMODATION

For students attending an Intensive Course, we can arrange accommodation on request. All accommodation has been carefully selected and is regularly monitored by our staff. It is all centrally located and the school can easily be reached in approx. 30 minutes by public transport. You can choose from one of the following possibilities: Host family, single or double room, self catering or with breakfast or with half board (breakfast and dinner); Shared flat, single or double room, self catering.

HOST FAMILY

The host family can be a couple with or without children, a single parent or an elderly person. In selecting host families, our priority is that the host enjoys the company of foreign students. Host families can host from 1 to 4 students. Kitchen and bathroom are shared.

SHARED FLAT

Students share the flat with other students from the school and/or local residents (italian or foreign students or single). Our shared flats can host from 2 to 6 people. Kitchen and bathroom are shared.

CATEGORIES

Host Families and Shared Flats are classified in two categories: Standard and Standard Plus. Regardless of the category, all accommodation is selected on the basis of quality, in terms of the general conditions of the flat, proximity to the school, environment and position in the city and the furniture and fittings of the flat itself.

Bed & Breakfast, Hotel accommodation and Independent flats can also be arranged.

Notes

- Accommodation is booked from Sunday to Saturday
- Minimum stay 1 week
- Minors only with host family
- Travel times from 15 up to 40 minutes
- Double rooms available for two students travelling together



















International House Rome opened in
Via Marghera in 1963 and started teaching Italian 2 years later.
In 1974 the Italian Department opened its own School:
DILIT ("Divulgazione Lingua Italiana"), thus becoming an early member of the
IH World Organization, now a network of over 150 schools in more than 50 countries.

DILIT today is well known around the world for exellence in language teaching and teacher training.

DILIT - INTERNATIONAL HOUSE