

New 50+ Irish Life & Culture Course



emerald[®]
cultural institute

Experience Tradition, Embrace Innovation

Discover Ireland while improving your English in a relaxed and friendly environment designed especially for adults aged 50+.

Our Summer 2026 programme combines engaging English language lessons with authentic Irish cultural experiences.

Enjoy small classes, expert teachers, and a welcoming atmosphere where learning is social, enjoyable, and meaningful.



Age: 50+

Hours: 20 x 60 minutes per week including lessons, seminars and a full programme of cultural afternoon activities. One full day excursion.

Dates: 19th July – 2nd August

Duration: 2-week programme

Location: Palmerston Park

Levels: A2+ - C1

Alongside your classes, explore Ireland's rich heritage through guided cultural visits, traditional music, local food experiences, and excursions to some of the country's most beautiful locations.

Whether to practise English, meet like-minded people from around the world, or immerse yourself in Irish culture, this programme offers the perfect balance of learning and discovery.

Prices include 25 hours of lessons and cultural seminars, lunch with Emerald teachers and staff each day (Monday - Friday) in our garden café and a range of workshops and cultural excursions.

Homestay and residence accommodation options also available and private airport transfers.

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SAMPLE PROGRAMME | CEFR A2-B1

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
9:00 - 11:00	ARRIVAL	WELCOME TO IRELAND Communicative lesson focusing on greetings, small talk & polite questions.	IRISH HISTORY & STORYTELLING Communicative lesson focusing on interviewing a classmate, history vocabulary & Irish Myths.	LITERATURE & THE IRISH VOICE Communicative lesson focusing on Irish Literature, meaning & expressing opinions.	IRISH ART & MUSIC Communicative lesson focusing on art, music, describing artwork & musical performances.	IRISH SOCIAL LIFE & TRADITIONS Communicative lesson focusing on language of invitation, agreeing & disagreeing, Reflection on the week.	GLENDALOUGH & POWERSCOURT GARDENS Visit a historic monastery surrounded by the beautiful Wicklow Mountains and then on to the picturesque Powerscourt Gardens.	GALWAY AND THE CLIFFS OF MOHER (OPTIONAL)	
11:00 - 11:30		BREAK							
11:30 - 13:30		CULTURAL FOCUS Communicative cultural lesson focusing on Dublin orientation tour, ordering food & informal conversation.	CULTURAL FOCUS Communicative cultural lesson focusing on key moments of Irish history.	CULTURAL FOCUS Communicative cultural lesson focusing on Irish literary giants- Becket, Joyce, Yeats & many more.	CULTURAL FOCUS Communicative cultural lesson focusing on Irish artwork, personal favourites & giving reasons for your choice.	CULTURAL FOCUS Communicative cultural lesson focusing on Irish traditions, sport, festivals & community.			
13:30 - 14:15		LUNCH with Emerald Staff							
AFTERNOON		CITY ORIENTATION, CAFÉ VISIT & WELCOME COFFEE	NATIONAL MUSEUM	MUSEUM OF LITERATURE OF IRELAND	NATIONAL GALLERY	BOOK OF KELLS IN TRINITY COLLEGE			

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
9:00 - 11:00		EVERYDAY IRELAND Communicative lesson focusing on daily routines, modern lifestyles & comparing past & present.	LANDSCAPE & PLACE Communicative lesson focusing on landscape environment & describing place.	IRISH FILM & MEDIA Communicative lesson focusing on expressing opinions, recommendations & agreeing/disagreeing politely.	IRISH HOSPITALITY & FOOD Communicative lesson focusing on food, menus & Irish preferences.	REFLECTION & CELEBRATION Communicative lesson focusing on reflection & review of programme.	HOWTH & MALAHIDE CASTLE (OPTIONAL)	DEPARTURE	
11:00 - 11:30		BREAK							
11:30 - 13:30		CULTURAL FOCUS Communicative cultural lesson focusing on everyday Dubliners past and present.	CULTURAL FOCUS Communicative cultural lesson focusing on Dublin's public gardens.	CULTURAL FOCUS Communicative cultural lesson focusing on Ireland's film heritage.	CULTURAL FOCUS Communicative cultural lesson focusing on Irish food culture & ordering in a real life setting.	CULTURAL FOCUS Communicative cultural lesson focusing on a short presentation of favourite cultural experience.			
13:30 - 14:15		LUNCH with Emerald Staff			LUNCH AT FARMER'S MARKET	GRADUATION AND LUNCH			
AFTERNOON		EPIC INTERACTIVE EMIGRATION MUSEUM	NATIONAL BOTANIC GARDENS	MOVIE SCREENING (GUIDED DISCUSSION)	A DUBLIN FARMER'S MARKET	IRISH DANCING WORKSHOP			

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COURSE PRICES AND WHAT IS INCLUDED

COURSE COMPONENTS	PRICES
50+ Irish Life and Culture Programme	€ 1350
Course Registration Fee	€ 100
TOTAL COURSE PRICE	€ 1450

COURSE INCLUDES:

- Communicative English lessons;
- Irish culture seminars and workshops;
- Cultural visits around Dublin;
- Daily lunch in Garden Café with Emerald staff (Monday–Friday);
- International classes;
- One full-day weekend excursion;
- Course materials;
- Certificate of completion.

ACCOMMODATION OPTIONS

OPTIONS	PRICES
Host Family – Half-board single room (B&B + dinner)	€ 295/week + € 100 administration fee
Trinity Hall Residence (24 May–23 Aug) – Single ensuite self-catering	€ 395/week + € 100 administration fee
Cork Street / Campus Point Residence – Single ensuite self-catering	€ 375/week + € 100 administration fee

OPTIONAL SUPPLEMENTS

Airport Transfer (one way): € 105

Airport Transfer (return): € 210

Full-board supplement @ Trinity Hall (21 Jun–9 Aug): € 260 per person /week

Transport Pass: € 30/week

Special diet supplement (host family): € 45/week

Full-day trips available at additional cost: from € 65 per person per trip

Riverdance Tickets: From €50 per person

*All places subject to availability.