## La Lingua La Vita

# Italian Language and Culture Institute in Todi, Umbria, since 1988













La Lingua La Vita
Via Mazzini, 18 - 06059 Todi
Italy





#### **Our Center**

La Lingua La Vita has been organizing Italian language and culture courses aimed at students from all over the world and of all ages for over 30 years. Many are the students who come back year after year to take courses in our institute.

We partner with numerous institutes, embassies and universities, including Penn State University (USA), Hollins College (USA), Michigan University (USA), Italia-America Society (USA); several language institutes in Japan and Brazil, and various Dante Alighieri centers and cultural institutes around the world. Our methodology is based on the idea that language is an expression of the people, of its culture and its traditions. Our success is grounded on the principle of student centrality, with particular focus on each participant's needs, interests and objectives.

Through art, history, cuisine, day trips and personalized lessons, our students will have the opportunity to learn the Italian culture and language in their favorite setting and enjoy a unique and unforgettable experience.

#### What makes us special:

- ✓ Innovative and effective teaching methods;
- ✓ Functional approach with a road map created for each student;
- √ Family atmosphere offered by our staff and the community of Todi;
- ✓ Qualified mother tongue teachers with years of experience;
- ✓ Tested system of initial assessment and interim and final monitoring of progress made (TULPA);
- ✓ Small classes (max 6-8partecipants);
- ✓ Accommodation with selected families and comfortable apartments in the city center







#### Todi

Founded by the Etruscans and developed by the Romans, Todi is a very charming medieval town in Umbria and the Region is called "The Green Heart of Umbria".

Only 90 minutes from Rome and Florence by bus, car or train, thanks to its quiet Renaissance squares and the beautiful panoramic surroundings, Todi provides a perfect backdrop in which to learn Italian and meet people. The rhythm of life and the welcoming atmosphere facilitate a relaxing and enjoyable cultural and linguistic experience.

That is why choosing Todi means choosing to learn the language while tasting the real gusto of living in Italy.







#### The method: Continuous investment in teaching and innovation

Our teaching approach is extremely functional and communicative and thanks to the use of innovative learning techniques, all our courses adapt perfectly to the needs and goals, be they personal or professional, of the students who come to us from all over the world. Our teaching philosophy is based on the concept considers the student its focus point, taking inspiration from the famous theories of American psychologist Carl Rogers (1902-1987), founder of the client-centered approach.

The method's effectiveness is based on the latest neuro-scientific discoveries on how the human brain learns and does not forget. It also uses the most advanced NLP techniques, as well as elements of neurolinguistics applied to the teaching of languages through intensive and dynamic learning approaches that involve movement and creativity.

Our method guarantees **25-30% more progress in each course, compared to approaches used in traditional courses**, and has enabled participants **to acquire the skills necessary** to communicate in Italian.







#### **TULPA Assessment System**

Our assessment system, **TULPA**® (Todi Universal Language Proficiency Assessment), was **created in 2002** and is equivalent to most international assessment systems on a scoring scale from 0 to 1000.

Constantly updated each year, the **TULPA®** allows us to monitor each student's linguistic progress, on a nine-layer scale, based on the following communicative skills:



- Oral communication skills;
- Written communication skills;
- Reading comprehension;
- Appropriate use of grammatical structures;
- Depth of vocabulary;
- Idioms, usage and common expressions;
- Oral production and pronunciation.





#### The Teachers

All of our teachers are University graduates and highly qualified in teaching Italian as a foreign language.

The team of teachers is selected on the basis of very specific characteristics which take into consideration specialized training on the most modern communicative methods and a natural disposition towards human relationships.

The role of a teacher at La Lingua La Vita is that of a facilitator: teachers are able to stimulate students to learn the language and help them with daily life, establishing a friendly relationship with them, as proven by the continuous contact that goes well beyond the end of the course and the steady rate of return of former students.

La Lingua La Vita guarantees a team of prepared teachers with years of consolidated experience and requires them to attend refresher courses on the most innovative teaching techniques. Our center also invites students to provide feedback regarding their teacher's performance to ensure the ever-improving quality of our staff.







#### **Italian courses**

La Lingua La Vita organizes Italian language and culture course for individuals and small groups (max 6-8 participants).

**The program is very flexible**, allowing students to choose the length of a course **from 1 to 24 weeks**, based on the student's needs. Classes aim to develop each student's comprehension and communication skills and tailor them to his or her individual needs.

**Group Italian classes** are held **in the morning,** while **cultural activities** are scheduled **for the afternoons**.

We offer Italian for travelers, art and music lovers, opera singers, food and wine connoisseurs, Italian for teachers and business, professionals like doctors and managers, Italian for families who want to deepen their understanding while visiting or relocating to Italy.

We specialize in preparation courses to obtain official Italian language certification such as CELI, CILS and PLIDA. The percentage of students who have obtained the certification after attending one of our courses is 98%.







#### **Accommodation**

La Lingua La Vita can provide our students with **excellent accommodation** thanks to special agreements we have with local families and property owners.

**Apartments are in the city center**, only a few meters from the school or the main square, and are housed in historic noble buildings comfortably furnished with modern amenities.



The families, who are warm and friendly, offer full or half-board arrangements and have been selected for their high cultural level and hospitability. Students become an active part of the family's social life.







# Learn while having fun: Cultural activities and afternoons in Todi

Classroom lessons are just a part of the experience of learning the language and its culture. The program is enriched by a vast choice of extra-curricular events where students can converse with the locals in Italian about various interesting aspects of Italian culture such as "aperitivi", dinners and international events.



The cultural activities our students most appreciate include guided tours of Umbria's main cities of art (Perugia, Orvieto, Spoleto, Assisi, Spello) and of places of natural beauty (Cascata delle Marmore, Fonti del Clitunno). Other popular choices are cooking courses, wine and oil tastings, painting and ceramics courses, horseback riding, touring Todi, courses in Italian culture and cinema, cocktail parties, shopping, archery...and inlaid woodworking.







All activities are supervised by qualified linguistic professionals and chosen by or Institute to guarantee authentic experiences in Italian and allow the student to have fun and immerse themselves in the culture while perfecting his/her language skills.

#### **Training course for teachers of Italian language L2**

Would you like to become an Italian L2 teacher? Are you interested in updating your methodology and learning the latest teaching techniques on how the brain learns and doesn't forget?



The method has been approved by the Region of Umbria for the 2018 SMART grant (Training for foreign language teachers) and the European Community (Erasmus +) for L2Paths training of Language Advisors.

#### A LLLV teacher will learn to:

- Apply NLP techniques to teaching Italian L2;
- Develop effective communicative skills;
- Use emotional intelligence to establish emphatic interpersonal rapport;
- Utilize both of the brain's hemispheres for long-term learning;
- Learn and practice the basics of neurolinguistics applied to teaching;
- Use the Gardner intelligence theory to develop creative and customized training.





#### **Full Immersion in a Country House**

Intensive courses are held in beautiful country residences around Todi, against a splendid and relaxing backdrop of nature, transforming the need to learn a language into a daily pleasure. Programs are available during the week or at the weekend, on an individual basis or in small groups and can last from breakfast to dinner with the teacher. It is also possible to book the language and wellness formula in a SPA with massages, herbal therapy and personalized diets.



**Special Programs - Italian made to measure!** 

La Lingua La Vita has created many Italian programs to cater to the growing needs of our students.







#### **School with Certified Quality System**

## What are your interests?...Choose a customized Italian course!!!

- Italian Cooking and Language Course;
- Italian Art and Language Course;
- Italian Language and Sightseeing in Umbria;
- Italian Opera and Language Course;
- Cooking Classes with a Family;
- Italian Language Course for the Whole Family;
- Italian Language Course for "Over 60" Students;
- Umbrian Gold: Italian Course with Excursions to the World of Olive Oil;
- Wine Routes of Todi: Italian Course with Excursions to the World of Wine;
- Italian for Business;
- Ceramics and Painting Course;
- Visits to Todi;
- Cocktail Party;
- Chiacchieriamo "Let's Chat";
- Let's Read;
- Archery

