

ERASMUS+ BROCHURE 2024

Erasmus+ Organisation ID Number:

E10195409





Our Erasmus+ Programmes

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Organisation ID Number: **E10195409**

Erasmus+ Programme Date Chart 2024

COURSE	MAR	APR	JUL	AUG
Teacher Refresher	4th - 8th		1st - 5th 15th - 19th	5th - 9th 12th - 16th
CLIL Course	4th - 8th		1st - 5th 8th - 12th 15th - 19th 22nd - 26th	5th - 9th 12th - 16th 19th - 23rd 26th - 30th
General English + Irish Culture	4th - 8th 11th - 15th	1st - 5th 15th - 19th	1st - 5th 8th - 12th 15th - 19th 22nd - 26th	5th - 9th 12th - 16th
Global Citizenship	4th - 8th		1st - 5th 15th - 19th	5th- 9th 15th - 19th
Lifelong Learning	4th - 8th		1st - 5th 8th - 12th	5th - 9th 12th - 16th
English as a Medium for Instruction	4th - 8th 11th - 15th	1st - 5th 15th - 19th	15th- 19th 22nd - 26th	12th- 16th 26th - 30th
English for Educational Professionals	4th - 8th 11th - 15th	1st - 5th 15th - 19th	1st - 5th 8th - 12th 15th - 19th 22nd - 26th	5th - 9th 12th - 16th 19th - 23rd 26th - 30th



Erasmus+ Explained

What is Frasmus+

Erasmus+ is the European Union's programme to support education, training & upskilling by providing fully funded opportunities to participate in international exchanges & programmes. Academic, teaching & admin staff from a range of education sectors, particularly higher education, are eligible to avail of **staff mobility** grants to take part in short-term further training courses as the courses offered in **Cork English College**.

How does the funding work?

Funding for any Erasmus+ course can be received by applying through your academic or higher education institution for a grant. As the receiving institution, **Cork English College** can provide or complete the necessary documents such as the Staff Mobility for Training invitation, Europass, and Certificate of Participation.



Applying for an Erasmus+ Staff Mobility grant can be a straightforward and certainly worthwhile process. If you wish to apply for an Erasmus+ grant, the first step is to contact your institution's **International Office or Erasmus+ Coordinator** for more information. Alternatively, you can contact your country's **National Agency** for advice & assistance.

What are the benefits to Erasmus+?

Erasmus+ Staff Mobility offers participants a range of opportunities to develop both professionally & personally:

- Expand your professional skills in English language, interpersonal communication, instructive skills & much more.
- Undertake further professional development in a new environment.
- Engage in knowledge sharing with participants from other countries & cultures.
- Enjoy a new cultural experience.
- Network & grow relationships with similar professionals from all over Europe & beyond.

What is the Organisation ID Number?

The OID is the code unique to each Erasmus+ approved institution. The OID is required to take part in and avail of any Erasmus+ Staff Mobility Programme & funding. The OID for Cork English College is: **E10195409**

What is included in your Erasmus+ Programmes?

Our Erasmus+ Programmes consist of 1 or 2-week courses based on 15 hours of classroom-based activities in the morning + 5 hours of activities/excursions in the afternoon. Each programmes tuition fees are inclusive of the classes, activities/excursions, materials & registration fee. Accommodation & any necessary transfers are additional.

Useful Websites.

The following are websites that will be of use in helping you make the most of your Erasmus+ experience.

- Imotion
- Erasmus+ National Agencies
- European School Education Gateway ESEP
- Electronic Platform for Adult Learning in Europe EPALE















TEACHER REFRESHER COURSE - TR111 PSA

Course Aim

A course for English language teachers aimed at providing practical training in the most up to date teaching techniques and improving participants language skills.

Course Description

The course offers practical training in teaching techniques while also helping participants to improve their own language skills. Participants explore a wide range of topics including teaching methodology, exploiting and adapting materials, the increased role of technology in the language classroom, classroom management and approaches and activities for teaching all language areas and skills. Classes on Irish history, culture and the Irish educational system in addition to a full social and activity programme also form part of this intensive and dynamic course.



Age Groups 20+

Accommodation Host Family / Shared Apartment /

Residence / Hotel / B & B / Hostel

Course Price €450 per week

Participants 15

Duration 1 or 2 weeks

Levels







Organisation ID Number: E10195409

This programme includes

- 20h programme (15h course in the morning + 5h cultural activities)
- Use of all pedagogical material
- · Maximum of 15 students per class
- · Certificate at the end of the course
- Afternoon Social and Cultural Programme
- Evening Social Programme
- Access to the CEC E-Learning platform
- CEC Welcome Pack, Map, and CEC Notepad

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
08:40 10:40 10:40	Induction & Needs Analysis: warmers and icebreaking activities		Language Clinic: future forms	Language Clinic: perfect tenses	Language Clinic: modal verbs
11:00			Coffee Break		
11:00 12:00	Teacher Training: module 1 - listening	Teacher Training: module 2 - reading	Teacher Observation & Feedback Session	Teacher Training: module 3 -error correction	Teacher Training: module 4 - technology in the language classroom
12:00			Lunch Break		
14:00 14:00 16:00	Tour of Cork City	Supplementary Materials – use and adaptation	Irish Educational System	Games and Activities	Visit to the Jameson Whiskey Distillery















TEACHER REFRESHER COURSE CLIL -TR111-CLIL

Course Aim

A course for English language teachers aimed at providing practical training in the most up to date teaching techniques and improving participants language skills.

Course Description

Participants will gain an understanding of how to combine language and subject teaching within a workable lesson framework and also explore a wide variety of practical tasks and activities that can be put to immediate use in the classroom. Participants will also have the opportunity to experience CLIL for themselves through the use of CEC's E-Learning platform which gives training in web skills through the use of English, neatly combining subject and language acquisition.





Organisation ID Number: **E10195409**

Dates See Date Chart

Age Groups 20+

Accommodation Host Family / Shared Apartment /

Residence / Hotel / B & B / Hostel

Course Price €450 per week

Participants 15

Duration 1 or 2 weeks

Levels



This programme includes

- 20h Programme (15h course in the morning + 5h cultural activities)
- · Use of all pedagogical material
- Maximum of 15 students per class
- · Certificate at the end of the course
- Afternoon Social and Cultural Programme
- Evening Social Programme
- Access to the CEC E-Learning platform
- CEC Welcome Pack, Map, and CEC Notepad

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
08:40 10:40 10:40	Introduction to the Course: starting your classes in a positive way	CLIL 1: principles behind CLIL approaching and planning a CLIL lesson.	Language Clinic – model CLIL lesson Coffee Break	Lexis 1: presenting new words	Language Clinic – model CLIL lesson
11:00 11:00 12:00	Reading – exploiting texts for CLIL	Phonology: integrating pronunciation into lessons.	Speaking skills and interaction strategies	Technology in the CLIL classroom: setting up and using webquests.	CLIL 2: approaches to planning topic based lessons
12:00 14:00			Lunch Break		
14:00 16:00	Tour of Cork City	Technology: E-Learning	Micro – Teaching preparation	Micro-Teaching practice + feedback	Visit to Blarney Castle & Gardens















GENERAL ENGLISH + IRISH CULTURE COURSE

Course Aim

Our General English + Irish Culture Course enables students to consolidate and improve their overall level in English while enjoying an introduction to Irish Culture through classroom sessions on Irish Culture as well as social and cultural activities offering an immersion in Irish culture.

Course Description

Course participants will learn about a range of aspects of Irish Culture from a selection of specially designed sessions including Irish music, literature, mythology, history, and food. Participants will also consolidate and improve their overall level of English through an integrated skills approach.

In our mixed General English lessons, an emphasis is placed on listening comprehension, pronunciation, and spoken interaction. Improve your overall English on our General English + Irish Culture course and enjoy an academic, cultural, and social experience with us in Cork.

Dates See Date Chart

Age Groups 18+

Accommodation Host Family / Shared Apartment /

Residence / Hotel / B & B / Hostel

Course Price €450 per week

Participants 15

Duration 1 or 2 weeks

Levels

















Organisation ID Number: **E10195409**

This programme includes

- 20h Programme (15h course in the morning + 5h cultural activities)
- Use of all pedagogical material
- Maximum of 15 students per class
- · Certificate at the end of the course
- Afternoon Social and Cultural Programme
- Evening Social Programme
- Access to the CEC E-Learning platform
- CEC Welcome Pack, Map, and CEC Notepad

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
08:40 10:40 10:40	Welcome induction & ice breakers	Language focus: grammar analysis and practice	Speaking: everyday activities and general trends + Present Simple and Continuous	Finding things in common: agreeing and disagreeing. Writing: Email to a friend	Test & correction + Pronunciation Strong and weak forms of auxiliary verbs
11:00			- Conco Broak		
11:00 13:00 13:00	Listening to an inter view Vocabulary recording: building a lexical notebook	Reading and speaking: adrenaline junkies + talking about new sports and trends in free time	Listening/speaking: new year traditions around the world + Webquest: present a tradition from another country	People: appearance & character vocablary + Reading: matching descriptions to pictures	Listening/Video: travel show – places in America + Speaking: design a tour of your country
14:00 14:00 16:00	Tour of Cork City	Irish myths & legends Workshop	Visit to University College Cork	Irish music & dance night	Visit to Cobh & the Titanic Experience















GLOBAL CITIZENSHIP COURSE

Course Aim

This new course for 2024 on Global Citizenship explores the complexities of local, national, and global connections and our views, attitudes, and assumptions. In a hyper-connected age, it is essential to be aware of emerging issues and how they impact our learners, as well as us directly.

Course Description

This course aims to raise participants' global awareness and understanding - practising cross-cultural communication and collaboration in a connected age. In addition to promoting critical thinking and creative problem-solving, fostering and inclusion addressing sustainability responsibility. On completion of this course, participants will have developed as global citizens, and have greater insight into how to transfer this practice in the classroom.





Organisation ID Number: **E10195409**

Dates See Date Chart

Age Groups 20+

Accommodation Host Family / Shared Apartment /

Residence / Hotel / B & B / Hostel

Course Price €450 per week

15 **Participants**

Duration 1 or 2 weeks

Levels

















This programme includes

- 20h Programme (15h course in the morning + 5h cultural activities)
- · Use of all pedagogical material
- Maximum of 15 students per class
- · Certificate at the end of the course
- Afternoon Social and Cultural Programme
- Evening Social Programme
- Access to the CEC E-Learning platform
- CEC Welcome Pack, Map, and CEC Notepad

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
08:40 10:40	Introductions Intercultural communication	Promoting critical thinking and creativity	Practising mindfulness and managing digital distraction	Sustainability and responsibility in the classroom	Fostering diversity and inclusion Feedback
10:40 11:00			Coffee Break		
11:00 12:00	Engaging & connecting with students by addressing global issues	Promoting critical thinking and creativity	Promoting peer learning & teaching	Discussion on ethical responsibility & value-backed education	Feedback & Reflection
12:00 14:00			Lunch Break		
	14:00	14:00	14:00	19:30	13:45
	Tour of Cork City	Coffee & Chat Networking	Wednesday Workshop	Irish Music & Dance Night	Visit to Blarney Castle & Gardens















LIFELONG LEARNING COURSE

Course Aim

This new course for 2024 on Lifelong Learning includes developing skills for working cross-culturally, from initial contact to building lasting relationships. As well as developing a growth mindset, participants will practice mindfulness and critical thinking in a digital age.

Course Description

Objectives of this course include practising cross-cultural communication and collaboration, developing a growth mindset and learner autonomy, promoting critical thinking, managing digital distraction and fostering well-being mindfulness, practicing real-life scenarios and learning to tailor language to the context.

On completion of this course, participants will have developed as autonomous learners, and have greater confidence in their ability to use English in everyday situations with international students and colleagues.

Dates See Date Chart

Age Groups 20+

Accommodation Host Family / Shared Apartment /

Residence / Hotel / B & B / Hostel

Course Price €450 per week

Participants 15

Duration 1 or 2 weeks

Levels



















Organisation ID Number: **E10195409**

This programme includes

- 20h Programme (15h course in the morning + 5h cultural activities)
- · Use of all pedagogical material
- Maximum of 15 students per class
- · Certificate at the end of the course
- Afternoon Social and Cultural Programme
- Evening Social Programme
- Access to the CEC E-Learning platform
- CEC Welcome Pack, Map, and CEC Notepad

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
08:40 10:40 10:40	Introductions Cross-cultural networking with international colleagues	Developing a growth mindset and facilitating learner autonomy	Fostering well-being through mindfulness Managing digital distraction	Promoting critical thinking and reflective practice	Scenario training Q&A: Dealing with questions
11:00			Coffee Break -		
11:00 11:00 12:00	Team building & collaboration	Peer-teaching & project work	Understanding digital literacy	Experimentation and pushing boundaries	Feedback & refelection
12:00					
14:00			Lunch Break .		
	14:00	14:00	14:00	19:30	13:45
	Tour of Cork City (Visit to the Crawford Art Gallery	Outdoor Irish Dancing	Pour Your Own Pint Night	Visit to the Jameson Whiskey Distillery















ENGLISH AS A MEDIUM FOR INSTRUCTION COURSE

Course Aim

This new course for 2024 on English as a Medium for Instruction includes developing skills as educators in an international tertiary context.

Course Description

Objectives of this course include learning about teaching English to an international student body, discussing and with different teaching and methodologies, revising correction, feedback, and assessment & applying learning to own educational context.

On completion of this course, participants will have learned about and experimented with different methodologies. The goal being to find an approach that works in practice.





Organisation ID Number: **E10195409**

Dates See Date Chart

Age Groups 20+

Accommodation Host Family / Shared Apartment /

Residence / Hotel / B & B / Hostel

Course Price €450 per week

Participants 15

Duration 1 or 2 weeks

Levels



This programme includes

- 20h Programme (15h course in the morning + 5h cultural activities)
- · Use of all pedagogical material
- Maximum of 15 students per class
- · Certificate at the end of the course
- Afternoon Social and Cultural Programme
- Evening Social Programme
- Access to the CEC E-Learning platform
- CEC Welcome Pack, Map, and CEC Notepad

ns and Integrating HOTs a ting LOTs into course des of EMI		Correction and assessment	Demonstration lesson Peer feedback
, , ,		Contextualisation of	Feedback & Reflection
ssion to experimentation	Lunch Break	the learning experience	& Netlection
14:00	14:00	19:30	13:45
	Outdoor Irish Dancing	Pour Your Own Pint Night	Visit to the Kinsale & Charles Fort
1	ssion for experimentation 14:00 f Visit to	Lunch Break 14:00 14:00 Outdoor Irish	Lunch Break 14:00 14:00 14:00 14:00 19:30 f Visit to Outdoor Irish Pour Your Own















ENGLISH FOR EDUCATIONAL PROFESSIONALS COURSE

Course Aim

This new course for 2024 on English for Educational Professionals course includes developing English communication skills with scenario training to give participants a real sense of how this applies to the workplace. Participants are encouraged to share personal work experiences to enhance the learning experience.

Course Description

Objectives of this course include developing professional English communication skills with confidence, promoting intercultural integration and collaboration in the educational workplace & practicing real-life scenarios and learning to tailor language to the context.

On completion of this course, participants will have increased confidence in their ability to use English in everyday situations with international students and colleagues.



Age Groups 20+

Accommodation Host Family / Shared Apartment /

Residence / Hotel / B & B / Hostel

Course Price €450 per week

Participants 15

Duration 1 or 2 weeks

Levels







Organisation ID Number: **E10195409**

This programme includes

- 20h Programme (15h course in the morning + 5h cultural activities)
- · Use of all pedagogical material
- Maximum of 15 students per class
- · Certificate at the end of the course
- Afternoon Social and Cultural Programme
- Evening Social Programme
- Access to the CEC E-Learning platform
- CEC Welcome Pack, Map, and CEC Notepad

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
08:40 10:40	Introductions & Networking	Developing intercultural skills in the workplace	Workplace communication Clarifying meaning & simplifying language	Presentations made functional language and strategies	/ tips putting learning
0:40			Coffee Break		
1:00					
11:00 12:00	Mastering the art of small talk & relation building	Case Study Focus: Integrating international students	Maintaining politeness if communication breaks down	Presentations made Finding your authention	
2:00					
4:00			Lunch Break _		
	14:00	14:00	14:00	19:30	13:45
	Tour of Cork City	Visit to Fitzgeralds Park	Outdoor Irish Dancing	Pour Your Own Pint Night	Visit to the Kinsale & Charles Fort















ACCOMMODATION OPTIONS

Host Family

Availability: All Year Round

Description: This type of accommodation is arranged on a half-board basis from Monday to Friday and full-board at the weekend. Students will have their own bedroom and shared bathroom facilities. We always aim to accommodate only one student of the same mother tongue per house.

Benefits: Offers a full immersion option in the Irish culture by living as part of an Irish family. This is also the best option to rapidly progress English language skills as you are developing your language skills in academic, social and familial environments.

Included: Transfers to and from arrival and departure point in Cork City.

Options: Executive host family is also available. With this option. Students have private bathroom facilities.

Arrival Information: Students are met on arrival in Cork City by their host family. CEC must have students' arrival details in advance.

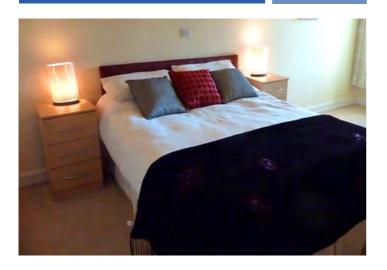
Transfer Information: Your host family will pick you up.

Cork Airport: FREE

Please note that for host family pick-up, students will need to arrive in Cork before midnight.

Standard Host Family Executive Host Family Summer supplement (25/06 - 02/09) Accommodation Placement Fee

€270 per week €330 per week €40 per week





Residential – Self Catering Apartments

Description: These apartments offer all mod cons including internet access. Students may be sharing with other students or with Irish people who are working in Cork. These apartments have shared kitchen and bathroom facilities.

Options: Single and double rooms are available.

Benefits: Meet and interact with other students through the medium of English. The apartments are within walking distance of the school and also close to public transport.

Transfer Information: Cork Airport: €60 each way

Single Room with private bathroom Single Room with shared bathroom **Accommodation Placement Fee**

€310 per week €275 per week

Prices for 01/01/24 - 25/05/24 & 18/08/24 - 31/12/24















ACCOMMODATION OPTIONS

University Apartments

Availability: May 27th to August 17th

Description: Participants may choose a single room in university residential apartments. These apartments are selfcatering. There are 4- 6 bedrooms per apartment. The students will have a shared kitchen and either shared or private bathroom facilities, depending on the option chosen.

Benefits: This option will ensure that students learn to live independently and develop valuable life skills. Students have the opportunity to meet Irish and international students.

Included: Standard and en-suite rooms include laundry facilities, television, broadband internet, bed linen, and weekly cleaning service for common areas.

Arrival Information: Arrival & check-in information must be pre arranged. Please contact info@corkenglishcollege.ie to arrange. Arrivals will not be accepted later than midnight.

Transfer Information: Cork Airport: €60 each way

Single Standard Single Ensuite Accommodation Placement Fee

€250 per week €295 per week





2 Star Residential Apartments

Availability: May 26th to August 17th

Description: These apartments are ideal for participants traveling with their families or as part of a group. These apartments are ideally located in the city centre within walking distance of all amenities.

2/3 Bed (Sleeps up to 4) 5 Bed (Sleeps up to 5) 5 Bed (Sleeps up to 6) **Accommodation Placement Fee**

€1,200 per week €1,500 per week €1,800 per week















CEC E-LEARNING PLATFORM

CEC E-Learning is part of ALL adult bookings programmes.



Front Desk:

- Events your school's social calendar.
- Requests request a letter, book a holiday, update your contact details.
- Gallery Share pictures of your night out or trip with your school friends.
- Information advice, maps, and guides to help you get the most out of your time with us.

GEL: Aims

- Over 2500 pages of grammar forms, explanations, and activities!
- Download the GeL: Aims English Grammar App for your smartphone or tablet.
- Access is free with your e-learning username and password!

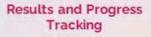


A premium learning experience

- Track progress to boost motivation
- Homework, tests and tutorials all in one place
- · Personalised learning to suit students' needs



E-learning from Oxford University Press













- Students have complete access to CEC Online for a full **3 months** after completing their
- programme.















PARTICIPANT PATHWAY

CEC is an Online Testing School

We ask all new students to take our online placement test before travelling to Ireland. This allows our academic team to place you in the correct level and take you to class immediately on your first day. A member of the academic team monitors all tests and is available if you need help or have any questions.

Participants First Day

We ask participants to arrive at our Adult Centre by 8.45 am on their first day for a welcome presentation with the CEC team where participants receive important information about the school and their timetable. Participants who have taken the online test are taken directly to class to meet their teachers. CEC's classes follow the Council of Europe Common European Framework for Languages (CEFR) and we offer classes from A2 to C2.

Progress

Our qualified and experienced teachers use a variety of published and authentic materials to help participants progress as quickly as possible. Teachers and academic management meet regularly to discuss each student's progress. Each week the teachers hold a short meeting with each student, giving feedback and advice on how to improve. There is also a brief progress test each Friday. When a student is ready to move up to the next level, they will join their new class on Monday.

The method of teaching used at CEC is the communicative approach. Our aim is to enable students to communicate more effectively in English both with native speakers and speakers of English from other countries. CEC's courses include work on grammar, vocabulary, pronunciation, and the skills of listening, speaking, reading and writing. Special emphasis is given to communicating effectively and accurately, and error correction plays an important role in classes. All of our course levels are mapped to the Common European Framework of Reference for Languages and have clear learning outcomes. These learning outcomes are what the students can do with the language. Participants can see the learning outcomes for each week on the scheme of work in their classrooms and can discuss these with their teachers.

Participants can use the school common room & lounge area in the afternoons to relax, mingle with friends or use for study & work. Alternatively they can join our wide range of free & paid activities many of which are built into each Erasmus+ programme.

All participants have access to CEC Online, our integrated E-Learning platform. CEC Online is accessed through www.corkenglishcollege.com and offers students thousands of additional learning excercises as well as the ability to view & register for our weekly activity & social programme.

Course Certificate

On completion of the course, participants will receive a CEC Course certificate. An academic report is also sent to the student's CEC Online account. Any necessary documentation for Erasmus+ funding can be submitted to the main reception at the beginning of a participants week, and collected on their final day.

WHAT OUR STUDENT'S SAY

"CEC made sure that we were getting to know Cork more through many very well structured trips"

"My experience in CEC couldn't have been better. I'd been there for almost 5 months and I could never imagine how amazing people I met."

of English College







Marta from Italy















ACTIVITY & CULTURAL PROGRAMME

Below is a list of our main activities and excursions available to all participants. As you can see, there is something to do every day. Apart from the activities indicated below, we also have a multi-media lab with access to the internet. Students also have FREE access to Wi-Fi in all of our buildings.

Full-day Saturday excursions do incur a cost which would be between €35- €55. These fees are for the visits, transportation and a guide.

Our activity programme is the ideal way for participants to make friends outside of their class, see more of Ireland and use their English in a social setting. Apart from all that they're also great craic (fun)!



Afternoon, Evening & Full Day Activities offered

Afternoon

- · Cork City Tour
- Crawford Art Gallery
- UCC & Glucksman Gallery
- Jameson Distillery
- Pronunciation class
- Fitzgerald's Park
- · Cork City Gaol
- Blarney Castle
- Cobh
- Kinsale & Charles Fort
- Fota Wildlife Park
- Shandon Bells Church

Evening

- Bowling
- · Cinema Night
- Irish Dancing
- Pub Night
- Arcade Night
- Live Irish Music Night
- Karaoke Night
- Gaelic Football Night
- Brewery Tour
- Student Party
- Escape Rooms
- Pour Your Own Pint Night

Full Day (Saturday)

- Killarney National Park
- Bunratty Castle
- Ring of Kerry
- · Cliffs of Moher
- Rock of Cashel
- Mitchelstown Caves
- Cahir Castle
- Clonakilty
- Gougane Barra National Park
- Inchydoney Beach
- Clonakilty Town
- Kilkenny Castle

Cork City Tour



Visit to University College Cork



Killarney National Park



Blackrock Castle

















