

# ADULT PROGRAMMES



## **Programme**

General English

Intensive General English

Afternoon General English

One to One

Business English

Executive Programmes

Academic Year – Morning Study & Work Programme

Academic Year – Afternoon Study & Work Programme

IELTS Preparation Course

Cambridge FCE, CAE, CPE Exam Preparation

Accelerated Cambridge FCE & CAE Exam Preparation

TOLES (Test of Legal English Skills) Preparation Course

OET (Occupational English Test) Preparation Course

Military English Programme

Aviation English Programme

Sample Afternoon Adult Activity Programme

# ADULT PROGRAMME 2024

## GENERAL ENGLISH - AE107

### Course Aim

To help students develop their general English speaking, reading, writing and listening skills so they can live, work, study and travel successfully in the English-speaking world.

### Course Description

The main focus in our multinational classes is on effective communication in real world contexts. All courses begin with a placement test to ensure you are placed in the correct level and to help you improve as quickly as possible. You will also have regular meetings with your teacher to help you set up a study plan for the future and to maximise your progress.



<b>Dates</b>	Every Monday throughout the year
<b>Age Groups</b>	16+
<b>Accommodation</b>	Host Family / Shared Apartment / Residence / Hotel / B & B / Hostel
<b>Price</b>	See table below
<b>Additional Costs</b>	€70 Registration
<b>Levels</b>	€70 Course Materials + E-Learning



### This programme includes:

- 20 Lessons per week (1 lesson = 60 mins)
- Average 6 - 8 students per class (max 12 in mornings)
- Certificate at the end of course
- Afternoon Social and Cultural Programme
- Evening Social Programme
- Access to the CEC E-Learning platform
- CEC Welcome Pack, Map and CEC Notepad

Prices Per Week	1-4 weeks	5-11 weeks	12-23 weeks	24-35 weeks	36+ weeks
	€285	€250	€225	€200	€190

### Add any of the following Afternoon Elective Options to your General English Programme

**TOEIC PREP**  
(6 hours per week)

Aim: to help students prepare for the Test of English for International Communication.

*CEC is an official TOEIC Test Centre*

**OET PREP**  
(6 hours per week)

Aim: to help students to prepare for the OET examination.

*CEC is an official OET Test Centre*

**1-TO-1 CLASSES**  
(1-10 hours per week)

Aim: To help students prepare for the Test of English for International Communication.

### Sample Timetable

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>08:40</b>	Welcome induction & ice breakers	Language focus: grammar analysis and practice	Speaking: everyday activities and general trends + Present Simple and Continuous	Finding things in common: agreeing and disagreeing. Writing: Email to a friend	Test & correction + Pronunciation Strong and weak forms of auxiliary verbs
<b>10:40</b>					
<b>11:00</b>	<b>Coffee Break</b>				
<b>11:00</b>	Listening to an inter view Vocabulary recording: building a lexical notebook	Reading and speaking: adrenaline junkies + talking about new sports and trends in free time	Listening/speaking: new year traditions around the world + Webquest: present a tradition from another country	People: appearance & character vocabulary + Reading: matching descriptions to pictures	Listening/Video: travel show – places in America + Speaking: design a tour of your country
<b>13:00</b>					



# ADULT PROGRAMME 2024

## INTENSIVE GENERAL ENGLISH - AE107B

### Course Aim

To help students develop their general English speaking, reading, writing and listening skills so they can live, work, study and travel successfully in the English speaking world.

### Course Description

In addition to the General English classes in the morning, you will attend an extra 6 hours of classes in the afternoon. The classes are topic-based and include integrated skills of reading, writing and listening and speaking, however, the main focus is on conversation and speaking skills. This course is perfect if you need more confidence speaking English and if you want to improve quickly.



<b>Dates</b>	Every Monday throughout the year
<b>Age Groups</b>	16+
<b>Accommodation</b>	Host Family / Shared Apartment / Residence / Hotel / B & B / Hostel
<b>Price</b>	See table below
<b>Additional Costs</b>	€70 Registration
<b>Levels</b>	€70 Course Materials + E-Learning



### This programme includes:

- 26 Lessons per week (1 lesson = 60 mins)
- Average 6 - 8 students per class (max 12 in mornings)
- Certificate at the end of course
- Afternoon Social and Cultural Programme
- Evening Social Programme
- Access to the CEC E-Learning platform
- CEC Welcome Pack, Map and CEC Notepad

Prices Per Week	1-4 weeks	5-11 weeks	12-23 weeks	24-35 weeks	36+ weeks
	€350	€315	€290	€265	€255

### Sample Timetable

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>08:40</b>	Welcome induction & ice breakers	Language focus: grammar analysis and practice	Speaking: everyday activities and general trends + Present Simple and Continuous	Finding things in common: agreeing and disagreeing. Writing: Email to a friend	Test & correction + Pronunciation Strong and weak forms of auxiliary verbs
<b>10:40</b>					
<b>10:40</b>	<b>Coffee Break</b>				
<b>11:00</b>	Listening to an interview Vocabulary recording: building a lexical notebook	Reading and speaking: adrenaline junkies + talking about new sports and trends in free time	Listening/speaking: new year traditions around the world + Webquest: present a tradition from another country	People: appearance & character vocabulary + Reading: matching descriptions to pictures	Listening/Video: travel show – places in America + Speaking: design a tour of your country
<b>11:00</b>					
<b>13:00</b>	<b>Lunch Break</b>				
<b>13:00</b>		E-Learning Masterclass	Jobs and work Interview techniques: role-play & C.V. writing	Food and restaurants + Vocabulary building: ordering and complaining role play	
<b>14:00</b>					
<b>14:00</b>					
<b>16:00</b>					



# ADULT PROGRAMME 2024

## AFTERNOON GENERAL ENGLISH – AE107-15

### Course Aim

To help students develop their general English speaking, reading, writing and listening skills so they can live, work, study and travel successfully in the English-speaking world.

### Course Description

The main focus in our classes is on effective communication in real world contexts. All courses begin with a placement test prior to arrival to ensure you are placed in the correct level and to help you improve as quickly as possible. You will also have regular meetings with your teacher to help you set up a study plan for the future and to maximise your progress.



<b>Dates</b>	Every Monday throughout the year
<b>Age Groups</b>	16+
<b>Accommodation</b>	Host Family / Shared Apartment / Residence / Hotel / B & B / Hostel
<b>Price</b>	See table below
<b>Additional Costs</b>	€35 Registration €70 Course Materials + E-Learning
<b>Levels</b>	

### This programme includes:

- 15 Lessons per week (1 lesson = 60 mins)
- Average 8 - 10 students per class (max 15)
- Certificate at the end of course
- Evening Social Programme
- Access to the CEC E-Learning platform
- CEC Welcome Pack, Map and CEC Notepad



### Prices Per Week

1-4 weeks	5-11 weeks	12-23 weeks	24-35 weeks	36+ weeks
€170	€160	€150	€140	€130

### Sample Timetable

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>13:45</b>	Welcome induction & ice breakers	Language focus: grammar analysis and practice	Speaking: everyday activities and general trends + Present Simple and Continuous	Finding things in common: agreeing and disagreeing. Writing: Email to a friend	Test & correction + Pronunciation Strong and weak forms of auxiliary verbs
<b>15:45</b>					
<b>15:45</b>	<b>Coffee Break</b>				
<b>16:00</b>	Listening to an inter view Vocabulary recording: building a lexical notebook	Reading and speaking: adrenaline junkies + talking about new sports and trends in free time	Listening/speaking: new year traditions around the world + Webquest: present a tradition from another country	People: appearance & character vocabulary + Reading: matching descriptions to pictures	Listening/Video: travel show – places in America + Speaking: design a tour of your country
<b>16:00</b>					
<b>17:00</b>					



# ADULT PROGRAMME 2024

## ONE TO ONE TUITION - AE109

### Course Aim

To help the student develop their language skills rapidly according to their specific needs identified in consultation with our academic team.

### Course Description

This course is designed specifically to meet your needs. Our One-to-One courses give you the most rapid, relevant, and cost effective form of language training. Before your course starts, we ask you to complete a Needs Analysis Questionnaire. This allows our trainers to design a course and choose materials that will meet your precise linguistic requirements. Throughout the course, the trainer will monitor your progress and make any necessary changes to the course programme to ensure you receive maximum benefit from your classes.



### This programme includes:

- 1 - 15 Lessons per week (1 lesson = 60 mins)
- One to one lessons
- Certificate at the end of course
- Tailored class content
- Access to the CEC E-Learning platform
- CEC Welcome Pack, Map and CEC Notepad

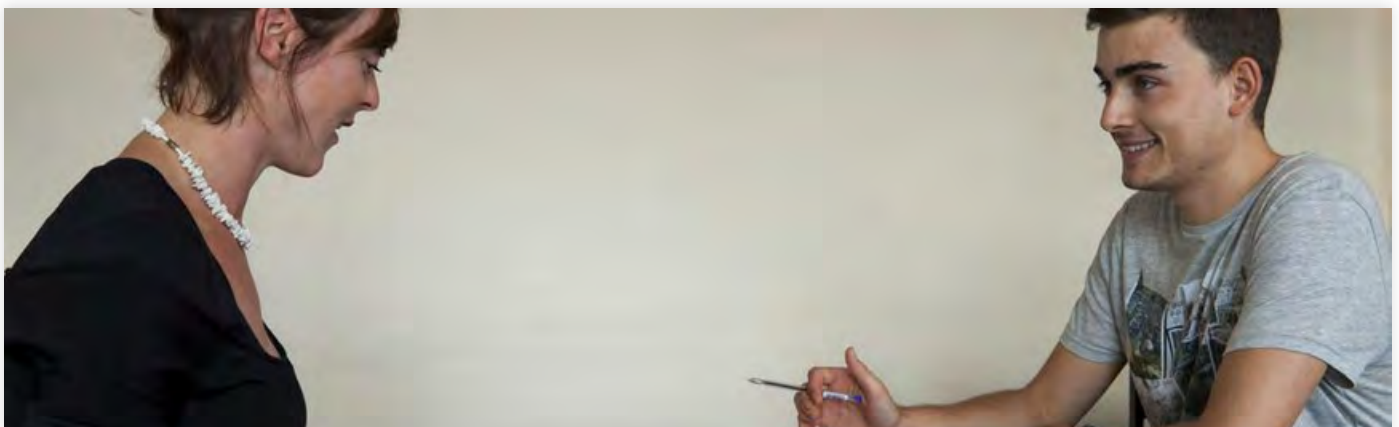
<b>Dates</b>	Every Monday throughout the year
<b>Age Groups</b>	16+
<b>Accommodation</b>	Host Family / Shared Apartment / Residence / Hotel / B & B / Hostel
<b>Price</b>	See table below
<b>Additional Costs</b>	€70 Registration €70 Course Materials + E-Learning
<b>Levels</b>	

A2 A2+ B1 B1+ B2 B2+ C1 C1+ C2

Prices	Per Hour	5 Hours Per Week	10 Hours Per Week
	€80	€375	€700

### Class Times

Class times may vary according to the number of One to One lessons.



# ADULT PROGRAMME 2024

## BUSINESS ENGLISH - AE112

### Course Aim

For individuals or groups who wish to develop their English language skills in a specific area of Business English.

### Course Description

The Business English course focuses on developing your ability to use English in the context of work and international business. It is perfect for you if you wish to further your Business English skills and wish to become more confident in your interaction with both clients and business colleagues. The course ensures you are well-equipped to function effectively in a business environment. The Business English course is suitable for you if you are already working and need English at work, or if you are studying Business and will need English in the future.



### This programme includes:

- 20 Lessons per week (1 lesson = 60 mins)
- Average 6 - 8 students per class (max 12 in mornings)
- Certificate at the end of course
- Afternoon Social and Cultural Programme
- Evening Social Programme
- Access to the CEC E-Learning platform
- CEC Welcome Pack, Map and CEC Notepad

<b>Dates</b>	Every Monday throughout the year
<b>Age Groups</b>	16+
<b>Accommodation</b>	Host Family / Shared Apartment / Residence / Hotel / B & B / Hostel
<b>Price</b>	€300 per week
<b>Additional Costs</b>	€70 Registration €70 Course Materials + E-Learning
<b>Levels</b>	

B2 B2+ C1 C1+ C2

### Add any of the following Afternoon Elective Options to your General English Programme

<p><b>TOEIC PREP</b> (6 hours per week)</p> <p>Aim: to help students prepare for the Test of English for International Communication. <i>CEC is an official TOEIC Test Centre</i></p>	<p><b>OET PREP</b> (6 hours per week)</p> <p>Aim: to help students to prepare for the OET examination. <i>CEC is an official OET Test Centre</i></p>	<p><b>1-TO-1 CLASSES</b> (1-10 hours per week)</p> <p>Aim: To help students prepare for the Test of English for International Communication.</p>
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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>08:40</b>					
<b>10:40</b>	Induction & Needs Analysis	The Language of Negotiation: grammar & conditionals	Speaking and listening: negotiating an outcome	Language Focus: collocation and word formation	Progress test Pronunciation focus
<b>10:40</b>	<b>Coffee Break</b>				
<b>11:00</b>					
<b>11:00</b>	Mergers and acquisitions: reading and lexis	Case Study: authentic materials	Emails: being direct and polite	Listening: The Business News – Identifying main points	Language Clinic: focus on specific areas identified by trainers
<b>13:00</b>					



# ADULT PROGRAMME 2024

## EXECUTIVE PROGRAMMES – AE109ESP

### Course Aim

To prepare students to communicate and function effectively in a business environment through the English language.

### Course Description

We can design a training course to meet your exact professional needs. All of our programmes are conducted by highly specialised and experienced tutors. These programmes can be designed for an individual or a closed



<b>Dates</b>	Every Monday throughout the year
<b>Age Groups</b>	16+
<b>Accommodation</b>	Host Family / Shared Apartment / Residence / Hotel / B & B / Hostel
<b>Price</b>	Prices vary
<b>Additional Costs</b>	€70 Registration
<b>Levels</b>	€70 Course Materials + E-Learning

A2 A2+ B1 B1+ B2 B2+ C1 C1+ C2

### This programme can cover:

- Meetings
- Telephone communication
- Case studies
- Developing learner autonomy
- Entertainment
- Business writing skills
- Email English
- Negotiation strategies
- Small talk

### Areas

#### Finance

- Financial statements
- Describing company performance
- Taxation
- Stock exchange
- Investment options
- Describing market performance
- Mergers and take-overs
- US & UK financial terminology
- Financial controlling
- Accounting
- Banking
- Credit and loans
- Foreign exchange
- Trade financing

#### Law

- Company law
- Labour law
- Consumer rights
- The courts system
- Litigation
- The legal profession
- Understanding contracts
- Writing contracts
- European law
- International commercial law
- Terminology

#### Sales & Marketing

- Describing your products or services
- Describing sales performance
- Negotiating with customers
- Analysing your marketing mix
- Brand management
- Promotional methods
- Dealing with advertising agencies
- International marketing strategies
- Managing a sales team
- Corporate identity
- Pricing strategy





## MORNING STUDY & WORK PROGRAMME (20 HOURS PER WEEK)

### Course Aim

To help students develop their general English speaking, reading, writing and listening skills so they can live, work, study and travel successfully in the English speaking world.

### Course Description

This course is for students studying for 25 weeks for 20 hours per week in morning classes. It is open to all levels and on completion of this course students take one of the following internationally recognised exams, please see the list below.

On arrival, students are placed in the appropriate level of General English classes according to their placement test. During the first week, students have a special induction meeting with a member of staff to discuss their course and which exam they will take at the end of their stay.

Students progress is monitored carefully and students regularly review their learning plan with teachers. When they have reached their required level, students can transfer to the relevant exam course. Students register for their chosen exam directly with CEC.



# IELTS™

 CAMBRIDGE  
English

Authorised Exam Centre

**IELT** > Interactive English  
Language Tests Ltd.

### This programme includes:

- 20 Lessons per week (1 lesson = 60 mins)
- Average 6 - 8 students per class (max 12 in mornings)
- End of Course Exam (IELTS, Cambridge, TIE)
- Certificate at the end of course
- Afternoon Social and Cultural Programme
- Evening Social Programme
- Access to the CEC E-Learning platform
- CEC Welcome Pack, Map and CEC Notepad

<b>Dates</b>	Every Monday throughout the year
<b>Age Groups</b>	18+
<b>Accommodation</b>	Host Family / Shared Apartment / Residence / Hotel / B & B / Hostel
<b>Price</b>	€5,000 - 25 Weeks Tuition
<b>Additional Costs</b>	€70 Registration €70 Course Materials + E-Learning €140 Medical Insurance €40 PEL Insurance

### Levels



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>08:40</b>	Welcome induction & ice breakers	Language focus: grammar analysis and practice	Speaking: everyday activities and general trends + Present Simple and Continuous	Finding things in common: agreeing and disagreeing. Writing: Email to a friend	Test & correction + Pronunciation Strong and weak forms of auxiliary verbs
<b>10:40</b>			<b>Coffee Break</b>		
<b>11:00</b>	Listening to an interview Vocabulary recording: building a lexical notebook	Reading and speaking: adrenaline junkies + talking about new sports and trends in free time	Listening/speaking: new year traditions around the world + Webquest: present a tradition from another country	People: appearance & character vocabulary + Reading: matching descriptions to pictures	Listening/Video: travel show – places in America + Speaking: design a tour of your country
<b>13:00</b>					



## AFTERNOON STUDY & WORK PROGRAMME (15 HOURS PER WEEK)

### Course Aim

To help students develop their general English speaking, reading, writing and listening skills so they can live, work, study and travel successfully in the English speaking world.

### Course Description

This course is for students studying for 25 weeks for 15 hours per week in afternoon classes. It is open to all levels and on completion of this course students take one of the following internationally recognised exams, please see the list below.

On arrival, students are placed in the appropriate level of General English classes according to their placement test. During the first week, students have a special induction meeting with a member of staff to discuss their course and which exam they will take at the end of their stay.

Students progress is monitored carefully and students regularly review their learning plan with teachers. When they have reached their required level, students can transfer to the relevant exam course. Students register for their chosen exam directly with CEC.



### This programme includes:

- 15 Lessons per week (1 lesson = 60 mins)
- Average 8 - 10 students per class (max 15 in afternoons)
- Certificate at the end of the course
- Evening Social Programme
- Access to the CEC E-Learning platform
- CEC Welcome Pack, Map, and CEC Notepad

**End of course exam fee not included.  
(IELTS, Cambridge or TIE)**

<b>Dates</b>	Every Monday throughout the year
<b>Age Groups</b>	18+
<b>Accommodation</b>	Host Family / Shared Apartment / Residence / Hotel / B & B / Hostel
<b>Price</b>	€3,500 - 25 Weeks Tuition
<b>Additional Costs</b>	€35 Registration €70 Course Materials + E-Learning €140 Medical Insurance €40 PEL Insurance

### Levels



### Sample Timetable

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>13:45</b>	Welcome induction & ice breakers	Language focus: grammar analysis and practice	Speaking: everyday activities and general trends + Present Simple and Continuous	Finding things in common: agreeing and disagreeing. Writing: Email to a friend	Test & correction + Pronunciation Strong and weak forms of auxiliary verbs
<b>15:45</b>					
<b>16:00</b>	<b>Coffee Break</b>				
<b>16:00</b>	Listening to an inter view Vocabulary recording: building a lexical notebook	Reading and speaking: adrenaline junkies + talking about new sports and trends in free time	Listening/speaking: new year traditions around the world + Webquest: present a tradition from another country	People: appearance & character vocabulary + Reading: matching descriptions to pictures	Listening/Video: travel show – places in America + Speaking: design a tour of your country
<b>17:00</b>					

## IELTS PREPARATION COURSE – AE IELTS

### Course Aim

To prepare students for the Academic IELTS Examination by developing general and academic English language skills and providing a thorough preparation for the IELTS exam.

### Course Description

IELTS (International Language Testing System) measures your ability to use academic English and is the entry requirement for those students wishing to study in an English-speaking university. The IELTS course is ideal if you are planning to attend university in an English-speaking country or if you are a professional who requires proof of your level of English.

Our courses are suited to both lower (4.5 -5.5) and higher (6.0-7.5) level IELTS students. The IELTS preparation course aims to develop your general English language and skills knowledge while also providing thorough preparation in the format of the IELTS exam.

Classes focus on the format of the exam (both general and academic as required) and on improving test-taking techniques. Through integrated exam practice, you will strengthen your ability to respond effectively to exam tasks and maximize your IELTS score. The course covers all of the main areas needed to get a better score on the speaking, reading, writing, and listening sections of the IELTS test.



<b>Dates</b>	Every Monday throughout the year
<b>Age Groups</b>	16+
<b>Accommodation</b>	Host Family / Shared Apartment / Residence / Hotel / B & B / Hostel
<b>Price</b>	€285 per week
<b>Additional Costs</b>	€70 Registration €70 Course Materials + E-Learning
<b>Levels</b>	

### This programme includes:

- 20 Lessons per week (1 lesson = 60 mins)
- Average 6 - 8 students per class (max 12 in mornings)
- Certificate at the end of course
- Afternoon Social and Cultural Programme
- Evening Social Programme
- Access to the CEC E-Learning platform
- CEC Welcome Pack, Map and CEC Notepad

B2 B2+ C1 C1+ C2

## Book & take the IELTS exam with us in Cork



## CAMBRIDGE PREPARATION COURSE - CP9, CP10

### Course Aim

Designed to help students improve their overall English language abilities whilst developing the skills and techniques needed to pass the Cambridge Examinations here at CEC.

### Course Description

Our preparation courses help you to improve your overall English language ability while also developing the skills and techniques needed to pass the exam. Our courses prepare you for all the components of the examinations: reading, writing, use of English, listening and speaking and include regular timed examination practice with feedback from our trainers and access to Cork English College's E-Learning platform for further examination practice.

You will need to take a placement test to check your level as a minimum entry level applies for these courses. We are happy to assess your level and advise you which exam to take.

### Exam Dates

The Cambridge Examinations take place in CEC in March, June, July, August and December.

CEC has run these courses for a number of years and our students have achieved excellent results. On completion of their course, you take the FCE and CAE exams with us in CEC.



# CAMBRIDGE English

Authorised Exam Centre

<b>Dates</b>	See course dates on page 38
<b>Age Groups</b>	16+
<b>Accommodation</b>	Host Family / Shared Apartment / Residence / Hotel / B & B / Hostel
<b>Price</b>	€2,295 (9 weeks) €2,550 (10 weeks)
<b>Additional Costs</b>	€70 Registration €70 Course Materials + E-Learning
<b>Exam Fees</b>	FCE €220 CAE €230

### Levels

FCE

B2

B2+

C1

C1+

C2

CAE

C1

C1+

C2

### This programme includes:

- 20 Lessons per week (1 lesson = 60 mins)
- Average 6 - 8 students per class (max 12 in mornings)
- Certificate at the end of course
- Afternoon Social and Cultural Programme
- Evening Social Programme
- Access to the CEC E-Learning platform
- CEC Welcome Pack, Map and CEC Notepad



## ACCELERATED CAMBRIDGE PREPARATION COURSE – CP4

### Course Aim

These intensive courses are designed to rapidly prepare them with a thorough preparation for the exam of their choice.

### Course Description

CEC's accelerated courses prepare you for the exam by providing you with a thorough preparation for the Cambridge English exam of your choice. The courses have been specially designed to maximise exam success and give you the techniques you will have to master to pass the exam. Teachers give detailed feedback throughout the course on how you can improve in each technique.

Due to the intensive nature of the courses, it is essential that students are at the required minimum level. CEC requests that all students booking on an intensive Cambridge preparation course all take a placement test when booking the course and registering for their chosen exam.

### Exam Dates

The Cambridge Examinations take place in CEC in March, June, July, August and December.

CEC has run these courses for a number of years and our students have achieved excellent results. On completion of their course, you take the FCE and CAE exams with us in CEC.



# CAMBRIDGE

## English

### Authorised Exam Centre

<b>Dates</b>	See course dates on page 38
<b>Age Groups</b>	16+
<b>Accommodation</b>	Host Family / Shared Apartment / Residence / Hotel / B & B / Hostel
<b>Price</b>	€1,160 (4 weeks)
<b>Additional Costs</b>	€70 Registration €70 Course Materials + E-Learning
<b>Exam Fees</b>	FCE €220 CAE €230

### Levels

**FCE**

B2

B2+

C1

C1+

C2

**CAE**

C1

C1+

C2

### This programme includes:

- 20 Lessons per week (1 lesson = 60 mins)
- Average 6 - 8 students per class (max 12 in mornings)
- Practice exam session every 2 weeks
- Certificate at the end of course
- Afternoon Social and Cultural Programme
- Evening Social Programme
- Access to the CEC E-Learning platform
- CEC Welcome Pack, Map and CEC Notepad



## TOLES (LEGAL ENGLISH) PREPARATION COURSE

### Course Aim

To help students improve their overall level of English, build their legal vocabulary and prepare them to take the Test of Legal English Skills (TOLES). This is a 4-week course and a TOLES exam is held during the final week.

### Course Description

On this 24-hour intensive course, you will attend 20 hours of General English classes in the morning to help you improve and expand your English grammar and vocabulary, strengthen your comprehension skills, and increase your fluency. In the afternoons you will prepare for the TOLES exam with one of our experienced tutors, who will guide you through the format and requirements of the test. You will focus on recognising different legal and plain English registers and modifying the language of existing legal documents, just as you will need to do for the exam.

**The exam fee of €185 is not included.**



### This programme includes:

- 24 Lessons per week (1 lesson = 60 mins)
- Average 6 - 8 students per class (Max 12)
- Practice exam session every 2 weeks
- Certificate at the end of course
- Afternoon Social and Cultural Programme
- Evening Social Programme
- Access to the CEC E-Learning platform
- CEC Welcome Pack, Map and CEC Notepad

**Dates** 25/01, 22/03, 24/05, 28/06, 23/08, 22/11

**Age Groups** 21+

**Accommodation** Host Family / Shared Apartment / Residence / Hotel / B & B / Hostel

**Price** €355 per week

**Additional Costs** €70 Registration  
€70 Course Materials + E-Learning  
€195 Exam Fee

### Levels



### Sample Timetable

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>08:40</b>	Welcome induction & ice breakers	Language focus: grammar analysis and practice	Speaking: everyday activities and general trends + Present Simple and Continuous	Finding things in common: agreeing and disagreeing. Writing: Email to a friend	Test & correction + Pronunciation Strong and weak forms of auxiliary verbs
<b>10:40</b>					
<b>10:40</b>	<b>Coffee Break</b>				
<b>11:00</b>	Listening to an inter view Vocabulary recording: building a lexical notebook	Reading and speaking: adrenaline junkies + talking about new sports and trends in free time	Listening/speaking: new year traditions around the world + Webquest: present a tradition from another country	People: appearance & character vocabulary + Reading: matching descriptions to pictures	Listening/Video: travel show – places in America + Speaking: design a tour of your country
<b>11:00</b>					
<b>13:00</b>	<b>Lunch Break</b>				
<b>14:00</b>	Legal English: building your vocabulary range		TOLES Reading - test strategy & practice		
<b>14:00</b>					
<b>16:00</b>					

## OET PREPARATION COURSE – AE OET

### Course Aim

These intensive courses are designed to rapidly prepare students for the OET examinations by providing them with a thorough preparation for the exam.

### Course Description

CEC's accelerated courses prepare participants to become familiar with the format of the exam and develop test-taking techniques, while at the same time working on improving specific language areas relevant to the OET exam.

The CEC OET Preparation course deals with the language required to facilitate communication in a professional healthcare environment; classroom tasks simulate real workplace scenarios in healthcare contexts.



<b>Dates</b>	TBC
<b>Age Groups</b>	16+
<b>Accommodation</b>	Host Family / Shared Apartment / Residence / Hotel / B & B / Hostel
<b>Price</b>	See table below
<b>Not Included</b>	Examination Fee Payable directly to OET via the OET website.

### This programme includes:

- 3-15 Hours
- Average 6-8 students per class (max 12)
- Practice Exam Sessions every 2 weeks
- Regular Timed Examination Practice
- Certificate at the end of the course
- Access to the CEC E-Learning platform
- CEC Welcome Pack, Map, and CEC Notepad

### Levels



Prices	Lessons	Price
Full OET Preparation	15 Hours	€355
OET Listening module only	3 Hours	€105
OET Reading module only	3 Hours	€105
OET Writing module only	3 Hours	€105
OET Speaking module only	3 Hours	€105
OET Practise exam only	3 Hours	€105

# ADULT PROGRAMME 2024

## MILITARY ENGLISH – MEP

### Course Aim

To prepare students to develop the practical language skills required for NATO and UN Peacekeeping appointments worldwide. Preparation for the STANAG examination is also included.

### Course Description

Our Military English training is concerned with creating an understanding of the functional communication skills necessary for personnel employed in the military and military organisations. It is therefore suitable for military officers, diplomatic service staff, civil servants, intelligence officers and international security operatives.



### This programme can include:

- 25/30 Lessons per week (1 lesson = 60 mins)
- Average 6-8 students per class (max 10)
- Certificate at the end of course
- Afternoon Social & Cultural Programmes
- Evening Social Programme
- Access to the CEC E-Learning platform
- CEC Welcome Pack, Map and CEC Notepad

### Dates

Every Monday throughout the year

### Age Groups

21+

### Accommodation

Host Family / Shared Apartment /  
Residence / Hotel / B & B / Hostel

### Price

Prices vary

### Levels



### Did you know?

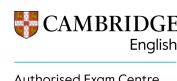
The most popular study programmes related to English for Military Purposes are the NATO STANAG (Edition 3) SLP 3 and SLP 4 Certificate courses. Duration of the course is normally 4 - 7 weeks; however, CEC Military English courses can be tailored to meet the precise requirements of particular sponsors. The maximum class size is 10 Officers/SNCOs.

Courses include excursions to professional and cultural places of interest and include presentations on specialized subjects. To date, the CEC military cadre has enjoyed considerable success, and courses run year-round. A high proportion of students attain passes at SLP 3 and SLP 4 levels, which allows them to subsequently establish themselves in international roles with ease and confidence. Selected courses are conducted for VIPs and personnel of high rank only.



### Sponsored Students

Sponsors should contact CEC with a Statement of Requirement, which must detail the number of course participants, their respective English language skills levels and the precise training objectives. CEC will then respond with a detailed, comprehensive, and tailored Training Proposal.



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## AVIATION ENGLISH - AEP

### Course Aim

To improve and consolidate communication, grammar skills, standard phraseology, routine language, and listening and speaking skills necessary to achieve minimum ICAO level 4.

### Course Description

The course places an emphasis on listening comprehension, spoken interaction, spoken production, and pronunciation. Lessons focus on improving learners' communication skills and consolidating basic grammar knowledge for use in plain English in addition to practicing standard phraseology for use in routine situations.

Through the course, students will develop and consolidate their general grammar, their lexical knowledge, and communication skills for use in non-routine specialized focuses, communications. Specialised English for Aviation classes focus on using plain English in an aviation context and developing and practicing standard phraseology in appropriate situations. Integrated pronunciation work is featured throughout the course.

The course is ideal for learners who lack or need to review the standard phraseology, routine language and listening and speaking skills necessary to achieve minimum ICAO level 4 (ICAO Course 291).

<b>Dates</b>	Every Monday throughout the year
<b>Age Groups</b>	21+
<b>Accommodation</b>	Host Family / Shared Apartment / Residence / Hotel / B & B / Hostel
<b>Price</b>	Prices vary
<b>Levels</b>	

B1 B1+ B2 B2+ C1 C1+ C2



### This programme can include:

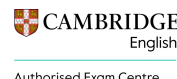
- 25/30 Lessons per week (1 lesson = 60 mins)
- Average 6-8 students per class (max 10)
- Certificate at the end of course
- Afternoon Social & Cultural Programmes
- Evening Social Programme
- Access to the CEC E-Learning platform
- CEC Welcome Pack, Map and CEC Notepad

### Did you know?

CEC offers flexibly structured training courses for pilots, air traffic controllers, and other aviation professionals adapted to meet the requirements of the ICAO published guidelines. Courses are designed for small groups of trainees to meet the precise requirements of individual sponsors. The structure and content of the study program will vary depending on the respective training objectives and the language entry level of participants.

### Sponsors

Sponsors should contact CEC with a Statement of Requirement, which must detail the number of course participants, their respective English language skills' levels and the precise training objectives. CEC will then respond with a detailed, comprehensive and tailored Training Proposal.



## COURSE AND EXAM DATES 2024

### ERASMUS+ PROGRAMME COURSE DATES

OID Number: E10194509

Two Week Courses: 1st July – 12th July 2024, 15th July – 26th July 2024, 29th July - 9th August 2024 ERASMUS+

### TOEIC EXAMINATION DATES

*CEC is the official TOEIC testing centre in Cork.*

Jan 12th, Feb 9th, Mar 9th, Apr 12th, May 10th, June 7th, Jul 12th, Aug 9th, Sept 13th, Oct 11th, Nov 8th, Dec 6th 2024

### IELTS EXAMINATION DATES

2024 IELTS exam dates *CEC is THE official IELTS testing centre in Cork.*

### TOLES EXAMINATION DATES

Jan 25th, Mar 22nd, May 24th, June 28th, Aug 23rd, Nov 22nd 2024.

### OET EXAMINATION DATES

Students can take the examination every month throughout the year. 2024 Examination dates to be confirmed. *CEC is THE official OET testing centre in Cork*

### LANGUAGE CERT EXAMINATION DATES

2024 Examination dates to be confirmed.  
*CEC is an official Language Cert testing centre in Cork*

### CAMBRIDGE EXAMINATION COURSE AND TEST DATES

#### STANDARD COURSE DATES—9 / 10 WEEK PROGRAMMES

Course	Dates	Examination Date	Examinations	Tuition Weeks	Tuition Hours	Accommodation Weeks
Jan 2- Mar 1		Saturday, March 2nd	FCE	9 Weeks	180	9
Jan 8 - Mar 8		Saturday, March 9th	CAE	9 Weeks	180	9
Apr 8 - Jun 14		Saturday, June 15th	<b>FCE &amp; CAE</b>	10 Weeks	200	10
Oct 7 - Dec 13		Saturday, Dec 14th	<b>FCE &amp; CAE</b>	10 weeks	200	10

#### ACCELERATED COURSE DATES – 4 WEEK PROGRAMMES

Course Dates	Exam Date	Exam	Tuition Weeks
Feb 5 –Mar 1	Saturday March 2nd	FCE	4 weeks
Feb 12 – Mar 8	Friday, March 9th	CAE	4 weeks
May 20 –Jun 14	Saturday, June 15th	FCE	4 weeks
May 20 - June 14	Saturday, June 15th	CAE	4 weeks
July 1 –July 24*	Thursday, July 25th	FCE	3 weeks & 3 days
July 1–July 25*	Friday, July 26th	CAE	3 weeks & 4 days
July 29 – Aug 21*	Thursday, August 22nd	FCE	3 weeks & 3 days
July 29 – Aug 22*	Friday, August 23rd	CAE	3 weeks & 4 days
Nov 18 – Dec 13*	Saturday, December 14th	FCE	4 weeks
Nov 18 – Dec 13*	Saturday, December 14th	CAE	4 weeks

*\*Course is 80 hours in total - additional afternoon classes are scheduled in weeks 2 and 3*

## Cork English College 2024 Opening Dates

January 2nd, 2024–December 14th, 2024



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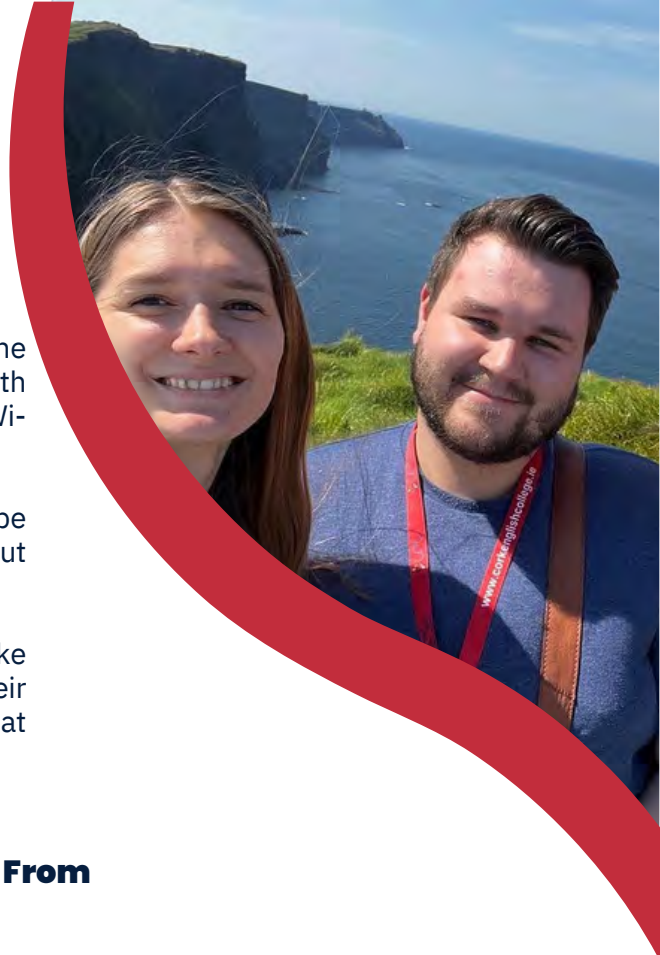
## ADULT ACTIVITY & CULTURAL PROGRAMME

The following is a sample activity list for the adult courses.

As you can see, there is something to do every day. Apart from the activities indicated below, we also have a multi-media lab with free access to the internet. Students also have FREE access to Wi-Fi in all of our buildings.

Some of the activities below do incur a cost which would be between €2 - €45. These are for the visits and transportation but we always place a guide with the students, free of charge.

Our activity programme is the ideal way for students to make friends outside of their class, see more of Ireland and use their English in a social setting. Apart from all that they're also great fun!



### Afternoon, Evening & Full Day Activities to Choose From

#### Afternoon

- Cork City Tour
- Crawford Art Gallery
- UCC & Glucksman Gallery
- Jameson Distillery
- Pronunciation class
- Fitzgerald's Park
- Cork City Gaol
- Blarney Castle
- Cobh
- Kinsale
- Fota Wildlife Park
- Shandon Bells Church

#### Evening

- Bowling
- Cinema Night
- Irish Dancing
- Pub Night
- Arcade night
- Live Irish Music Night
- Karaoke Nights
- Gaelic Football Night
- Brewery Tour
- Student Party
- Escape Rooms
- Pour Your Own Pint Night

#### Full Day

- Killarney National Park
- Bunratty Castle
- Ring of Kerry
- Cliffs of Moher
- Rock of Cashel
- Mitchelstown Caves
- Cahir Castle
- Clonakilty
- Gougane Barra National Park
- Inchydoney Beach
- Clonakilty Town
- Kilkenny Castle



## ACCOMMODATION OPTIONS

### Host Family

**Availability:** All Year Round

**Description:** This type of accommodation is arranged on a half-board basis from Monday to Friday and full-board at the weekend. Students will have their own bedroom and shared bathroom facilities. We always aim to accommodate only one student of the same mother tongue per house.

**Benefits:** Offers a full immersion option in the Irish culture by living as part of an Irish family. This is also the best option to rapidly progress English language skills as you are developing your language skills in academic, social and familial environments.

**Included:** Transfers to and from arrival and departure point in Cork City.

**Options:** Executive host family is also available. With this option. Students have private bathroom facilities.

**Arrival Information:** Students are met on arrival in Cork City by their host family. CEC must have students' arrival details in advance.

**Transfer Information:** Your host family will pick you up.

**Cork Airport:** FREE

Please note that for host family pick-up, students will need to arrive in Cork before midnight.

**Standard Host Family**

**Executive Host Family**

**Summer supplement (25/06 - 02/09)**

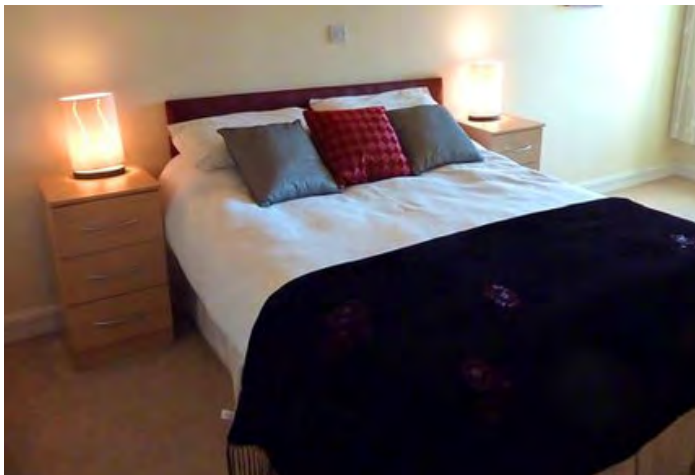
**Accommodation Placement Fee**

€270 per week

€330 per week

€40 per week

€60



### Residential— Self Catering Apartments

**Description:** These apartments offer all mod cons including internet access. Students may be sharing with other students or with Irish people who are working in Cork. These apartments have shared kitchen and bathroom facilities.

**Options:** Single and double rooms are available.

**Benefits:** Meet and interact with other students through the medium of English. The apartments are within walking distance of the school and also close to public transport.

**Transfer Information:**

**Cork Airport:** €60 each way

**Single Room with private bathroom**

€310 per week

**Single Room with shared bathroom**

€275 per week

**Accommodation Placement Fee**

€60

*Prices for 01/01/24 - 25/05/24 & 18/08/24 - 31/12/24*



Authorised Exam Centre

## ACCOMMODATION OPTIONS

### University Apartments

**Availability:** May 27th to August 12th

**Description:** Students may choose a single room in university residential apartments. These apartments are self-catering. There are 4– 6 bedrooms per apartment. The students will have a shared kitchen and either shared or private bathroom facilities, depending on the option chosen.

**Benefits:** This option will ensure that students learn to live independently and develop valuable life skills. Students have the opportunity to meet Irish and international students.

**Included:** Standard and en-suite rooms include laundry facilities, television, broadband internet, bed linen, and weekly cleaning service for common areas.

**Arrival Information:** On arrival to Cork, students are requested to call the number provided to arrange a suitable meeting place. Arrivals will not be accepted later than midnight.

**Transfer Information:**

**Cork Airport:** €60 each way

**Single Standard**

€250 per week

**Single Ensuite**

€295 per week

**Accommodation Placement Fee**

€60



### 2 Star Residential Apartments (Family Language Stay Programme)

**Availability:** May 27th to August 12th

**Description:** These apartments are ideal for students traveling with their families. These apartments are ideally located in the city centre within walking distance of all amenities. Perfect for the Family Language Stay.

**2/3 Bed (Sleeps up to 4)**

€1,200 per week

**5 Bed (Sleeps up to 5)**

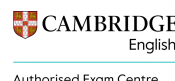
€1,500 per week

**5 Bed (Sleeps up to 6)**

€1,800 per week

**Accommodation Placement Fee**

€60



## CEC E-LEARNING PLATFORM

CEC E-Learning is part of ALL adult bookings programmes.

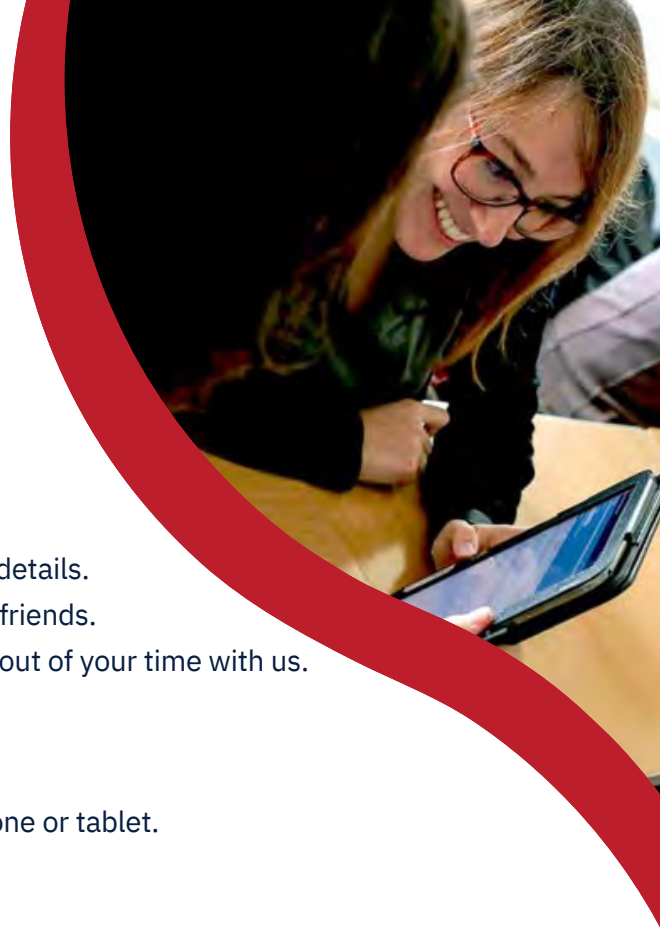


### Front Desk:

- Events - your school's social calendar.
- Requests - request a letter, book a holiday, update your contact details.
- Gallery - Share pictures of your night out or trip with your school friends.
- Information - advice, maps, and guides to help you get the most out of your time with us.

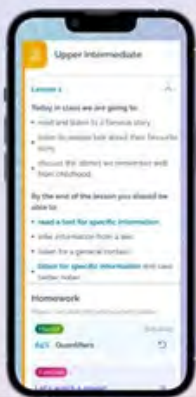
### GEL: Aims

- Over 2500 pages of grammar forms, explanations, and activities!
- Download the Gel: Aims English Grammar App for your smartphone or tablet.
- Access is free with your e-learning username and password!



- Track progress to boost motivation
- Homework, tests and tutorials all in one place
- Personalised learning to suit students' needs

### Clear Course Aims and Outcomes



### E-learning from Oxford University Press



### Results and Progress Tracking



### Personalised Feedback



- Students have complete access to CEC Online for a full **3 months** after completing their programme
- All students can access CEC Online



## STUDENT PATHWAY

Cork English College



### CEC is an Online Testing School

We ask all new students to take our online placement test before travelling to Ireland. This allows our academic team to place you in the correct level and take you to class immediately on your first day. A member of the academic team monitors all tests and is available if you need help or have any questions.

### Students' First Day

We ask students to arrive at our Adult Centre by 8.45 am on their first day for a welcome presentation with the CEC team where students receive important information about the school and their timetable. Students who have taken the online test are taken directly to class to meet their teachers. CEC's classes follow the Council of Europe Common European Framework for Languages (CEFR) and we offer classes from A1 to C2.

### Progress

Our qualified and experienced teachers use a variety of published and authentic materials to help students progress as quickly as possible. Teachers and academic management meet regularly to discuss each student's progress. Each week the teachers hold a short meeting with each student, giving feedback and advice on how to improve. There is also a brief progress test each Friday. When a student is ready to move up to the next level, they will join their new class on Monday.

### Methodology

The method of teaching used at CEC is the communicative approach. Our aim is to enable students to communicate more effectively in English both with native speakers and speakers of English from other countries. CEC's courses include work on grammar, vocabulary, pronunciation, and the skills of listening, speaking, reading and writing. Special emphasis is given to communicating effectively and accurately, and error correction plays an important role in classes. All of our course levels are mapped to the Common European Framework of Reference for Languages and have clear learning outcomes. These learning outcomes are what the students can do with the language. Students can see the learning outcomes for each week on the scheme of work in their classrooms and can discuss these with their teachers.

### Afternoons

Students can use the school library in the afternoons to borrow a wide range of materials including both educational and recreational books, CDs and supplementary materials to give additional practice to language covered in their course. They can avail of our free Internet access to keep in touch with their friends and family or relax with other students. Students can choose from several elective courses in the afternoon.

### CEC Online

All Adult & Young Adult students have access to CEC Online, our integrated E-Learning platform. CEC Online is accessed through and offers students thousands of additional learning exercises as well as the ability to view & register for our weekly activity & social programme.

### Course Certificate

On completion of the course, students will receive a CEC Course certificate. An academic report is also sent to the student's CEC Online account.

## WHAT OUR STUDENT'S SAY

*"CEC made sure that we were getting to know Cork more through many very well structured trips"*

*"I spent 6 months in CEC and it was a amazing experience. First of all, I met people from many different countries. To have a lot of friends from different countries makes me happy "*

*"My experience in CEC couldn't have been better. I'd been there for almost 5 months and I could never imagine how much I improved and how many amazing people I met."*



**Nelly & Sevim**  
from Germany



**Mesut**  
from Turkey



**Marta**  
from Italy



Eaquals

Marking English in Ireland

Quality English

Select Ireland

40 WHERE LEADERS MEET

IELTS

CAMBRIDGE English Authorised Exam Centre



# CORK CITY

Cork is Ireland's Maritime Haven with a significant maritime history spanning over a thousand years...

...set in a beautiful soft coastal environment where the land, the people and their culture will allow you to discover a quirky way to stimulate all your senses. Cork is ideally situated for you to explore two of the best experiences in Ireland – the Wild Atlantic Way and Ireland's Ancient East.

- 1 Blackrock Castle Observatory
- 2 Cork City Gaol
- 3 Old Cork Waterworks Experience
- 4 Cork Public Museum
- 5 Fitzgerald's Park
- 6 The Glucksman Gallery
- 7 University College Cork
- 8 Crawford Art Gallery
- 9 Elizabeth Fort
- 10 The English Market
- 11 Nano Nagle Place
- 12 Shandon Tower & Bells, St. Anne's Church
- 13 The Butter Museum
- 14 St Fin Barre's Cathedral
- 15 St Peter's Cork
- 16 Triskel Christchurch
- 17 The Everyman Theatre
- 18 The Cork Opera House
- 19 Blarney Castle and Gardens
- 20 Cork City Tours - Start / Finish

- Visitor Information
- Parking
- Hospital
- General Post Office
- City Hall
- Library
- Police
- Fire Station
- Bus Station
- Train Station
- Airport
- Ferry
- Cork City Tours Hop-On-Hop-Off



## GETTING TO CORK

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### By Air

Cork Airport is located just 8km from Cork City and operates over 50 International flights to and from Cork. The best way to get into the city is the shuttle service. This runs every half hour from outside the arrivals hall and the service is available 7 days a week. The trip takes 10-15 minutes.



### By Sea

The Port of Cork operates seasonal ferry services to Roscoff. Ferries from Britain (Fishguard and Pembroke) and France (Le Havre and Cherbourg) serve Rosslare all year. The driving time from Rosslare to Cork is approximately 3 hours.



### By Bus

If you arrive in Dublin, the easiest way to reach Cork is by using the direct buses operated by Aircoach. From Dublin Airport, the trip takes approximately 3 hours and 30 min. The companies CityLink and Bus Eireann operate lines to Cork from other cities in Ireland.



### By Train

Irish Rail services Kent Station Cork which is 10 minutes' walk from our adult school in Cork city centre. Services operate in most of the country including Dublin, Kerry, Limerick, Waterford, and Wexford. Cork's Kent Station is located just off Railway Street, Lower Glanmire Road.



### By Car

Cork is 257km southwest of Dublin and is accessible via the M7 and M8. From Killarney take the N22. Access from Limerick and Galway is on the N20 and the N25 is South East gateway to the city.

## GETTING AROUND CORK

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### By bus

Bus Eireann operates 18 routes serving the city, as well as 17 suburban most of which run from early in the morning until around midnight. Many of these routes also connect the city with its environs. The bus station is located a short walk from the city centre, on Parnell Place.

### On foot

With its compact city centre, Cork is an easy city to get around on foot. A lot of the main shopping areas are open to pedestrians only. As well as this, many of the main attractions are within walking distance of each other. You can visit castles, art galleries, farmers markets, and more on foot.

### On bike

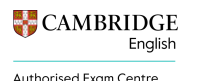
For those who wish to explore Cork by bicycle, you can also visit bikeshare as they have bicycles for hire. These bikes are available from multiple locations across Cork to use on a daily basis.



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**Tel: +49-711-12 85 15 40**  
**[service@sprachenmarkt.de](mailto:service@sprachenmarkt.de)**



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