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# WHY YOU SHOULD **CHOOSE CEC**

CEC - Cork English College is located in the heart of Cork City, South West Ireland. We are committed to providing the **highest quality teaching** available, while still retaining an elusive and unique quality – the personal touch.

We can do that because we are a family business, established in 1978, and we are still jointly run by our founder Valery Cullen and her son Marc. Over 40,000 students have passed through our doors since we first opened. We are also a member of Quality English and indeed we were the first college in Ireland to be given this accolade, proof that our unique blend of high quality teaching in a friendly environment really works. CEC is an authorised Cambridge ESOL, IELTS, BULATS, TOEIC, and Trinity College of London examination centre.

When you put yourself in our hands, we take that responsibility very seriously. As well as providing you with all of the expert tuition you need, we also take care of everything - from picking you up at the airport to arranging accommodation and activities. Why? Because we want to make sure that you enjoy your stay in Ireland to the full!







Marc Cullen Marketing Director

CEC offers the world's most internationally recognised range of English examinations and qualifications for language learners and teachers. CEC is an official authorised testing centre for the following exams















## CEC is accredited by the following bodies:



the Irish Department of Education and Science as a school for the teaching of English as a foreign language



German regions: Schleswig-Holstein, Hamburg, Berlin, Sachsen-Anhalt and Mecklenhurg-Vornommern



CEC is a member of Quality English, the organisation of leading, independent English language schools worldwide.



CEC programmes meet the standards for post-secondary school education Agency for Higher Education, Sweden



CEC is a founder member of MEI-RELSA, the ment-approved body for standards in the English as a Foreign Language





Managed by Enterprise Ireland, this for the development and growth of Irish



leading language travel agents, schools











# **A WARM WELCOME**

Cork is Ireland's second largest city and is fondly referred to by the locals as the "Real Capital". This cosmopolitan city, with a rich and colourful heritage, is a fascinating mix of the modern and the traditional.

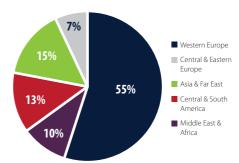
From the bustling port and centuries old buildings on the River Lee to St. Patrick's Street and the English Market, it is clear that Cork has something very special to offer.

Famous for its music, sporting tradition and cultural heritage, Cork was crowned European Capital of Culture in 2005 and Cork city has been listed in the top 10 best cities to visit by Lonely Planet (2010) and Yahoo Travel (2011).

The city centre is vibrant and boasts charming pubs, relaxing cafés and world-class restaurants. You will never be short of something to do in Cork with entertaining festivals throughout the year such as the Guinness Jazz Festival, The International Food Festival, The Ocean to City Maritime Festival and many more. And in 2015, Cork achieved a UNESCO award as a Learning city, recognising Cork's commitment to lifelong learning.

CEC welcomes students from over 50 different countries to the school each year, and we are proud of the part we play in making Cork a truly international city.

### **Nationality Mix**





# **HOW TO FIND US**

Cork city is located on the south coast of Ireland and is Ireland's second largest city. Cork is extremely well connected with air, rail and road networks. Cork International Airport, with routes to and from over 50 destinations, is a 20-minute car journey from the city centre. The train station is a 10-minute walk from the centre and the main bus terminal is located in the city centre. However you travel to Cork, it is easy to find us.



50 destinations available from Cork airport



20 minute car journey from the airport



Train station is 10 minutes from the centre



Bus station is located in the city centre









# **EXPERIENCED TEAM**

Friendly and enthusiastic, the whole team at CEC is dedicated to helping our students. We operate an 'open door' policy, which means that you are welcome to drop by reception or the Academic Office at any time to discuss your progress or study options, or to ask any questions that you may have.

### **Administrative Team**

Our fully trained and experienced Administrative Team is here to ensure that every aspect of your stay with us is **productive**, enjoyable and stress free. Our staff are trained to deal with any queries you might have in an **efficient** and **friendly** manner.

Our **Operations Manager** is responsible for maintaining the highest standards of quality and efficiency at CEC, and ensures that you will enjoy **outstanding service**, receiving the time and support that you need.

Our **Admissions Officer** will take care of every aspect of your booking, making sure that it is a smooth process.

Our **Accommodation Officer** is on hand to advise you about your choice of accommodation in Cork. She'll arrange, book and confirm everything and is always available to help once you are here.

Arriving in a new country can be bewildering at times, which is why we can help to organise all aspects of your arrival and/or departure.

Our friendly Reception staff are always ready to help, and you will get to know them well during your stay with us! They will be there to greet you on your first morning and will assist you throughout your stay.

### **Academic Team**

Our experienced academic team is led by our **Directors** of Studies, who are responsible for your educational and academic welfare. The Directors of Studies organise the timetable and class lists and are also involved in our constant development of new courses.

Our **Academic Team** will be there to welcome you on your first day at the school to make sure that you have the best possible start to your CEC experience. We take a keen interest in the progress and well-being of all our students, making a point of getting to know each student individually.

All teachers at CEC are fully qualified with a university degree and a recognised qualification in teaching English as a foreign language. Many of our teachers also hold additional higher qualifications in areas such as business, science, journalism, linguistics and education. Knowledgeable and supportive, our teachers ensure that you make progress in your English language skills while also thoroughly enjoying your time at CEC.

The majority of our teachers have lived and worked abroad, so they know from experience what it is like to live away from home and what is required to master a foreign language.



# **CEC ADULT SCHOOL AND FACILITIES**

CEC's three city centre buildings are located across the River Lee from the main shopping street, St. Patrick's Street. From our buildings, students have easy access to everything Cork has to offer.

- Three beautifully renovated buildings. All are historic buildings in the city centre and full of character.
- **30 modern classrooms.** Spacious rooms and small class sizes mean that our rooms are never overcrowded.
- IT room with over 10 PCs. Ideal for private study or keeping in touch with friends and family.
- Smartphone App. Use our app and save time by making appointments and requesting documents online.
- E-Learning platform for student's use prior to and after their studies at CEC. Students can continue to use the E-Learning platform for FREE for three months after their course ends.
- **WIFI.** Dedicated high speed WIFI for student's use.

- Student common room with E-Reception. Perfect for relaxing between classes, enjoying lunch or just hanging out with friends.
- Student study rooms. You can book a classroom for private study in the afternoon.
- Student cinema. Enjoy a cinematic experience without even leaving the building.
- Student library. Borrow books and films in English to supplement study or simply to relax.
- (&) Wheelchair accessible. Our school is designed to welcome all students.
- Photocopying service. An extra service for students completing project work or printing documents.
- Tea and coffee-making facilities. Students can avail of refreshments at any time of the day.











www.sprachenmarkt.de, Tel: +49-711-12 85 15 40, service@sprachenmarkt.de



# **CEC E-LEARNING PLATFORM**

CEC E-learning is an online education centre which gives you additional study support for your language course. You can **complete your Placement Test online before arrival**, and use the CEC E-Learning Platform for FREE before, during and after your course at CEC.

The CEC E-Learning Platform has a range of other fantastic features including information on Social Activities, an E-Reception, Student Handbook and Exam Preparation material.

### Before you arrive at CEC you can:

- (a) Take your placement test
- (a) Start studying & arrive with confidence
- (a) Read the student handbook

### After you leave CEC you can:

- (REE) Use for three months FREE
- (€) Use for one year after that (Cost: €150 per year)

### **During your stay at CEC you can:**

- Complete homework set by your teachers
- O Do extra study for your level in your own time
- Do exam practice for Cambridge & IELTS
- Complete tutorials to help you understand your level
- Read advice from your teachers about how to progress
- (5) Make appointments and request documents
- (4) Connect with other students
- (5) Keep up-to-date with events and activities

















# **TIMETABLE**

CECTIMETABLE					
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
09:00 - 11:00	GENERAL ENGLISH / BUSINESS ENGLISH				
	IELTS PREPARATION / CAMBRIDGE PREPARATION (PET/FCE/CAE)				
11:00 - 11:20	COFFEE BREAK				
11:20 - 13:20	GENERAL ENGLISH / BUSINESS ENGLISH				
	IELTS PREPARATION / CAMBRIDGE PREPARATION (PET/FCE/CAE)				
13:20 - 14:20	LUNCH				
14:20 - 16:20	FREE ELECTIVE CLASS	IN	TENSIVE GENERAL ENGLIS	БН	FREE ELECTIVE CLASS
	E-LEARNING MASTERCLASS		TOEIC EXAM PREPARATION	I	PRONUNCIATION LESSON
	GRAMMAR CLINIC	_	ULATS EXAM PREPARATIO		FUNCTIONAL LANGUAGE
	JOBS CLUB	EN	GLISH FOR THE WORKPLA	CE	IRISH CULTURE LESSON
14:20 - 17:20	ONE-TO-ONE TUITION				

### **FREE CLASSES**

**E-Learning Masterclass:** Did you know that the CEC E-Learning Platform offers study support and much more? Learn how to maximise your use of all of the great features on the CEC E-Learning Platform in our E-Learning Masterclasses.

Jobs Club: Looking for a job? Want to impress prospective employers? Join our Jobs Club to improve your interview techniques, work on job applications and perfect your CV.

Irish Culture: Immerse yourself in all things Irish through our engaging lessons on Irish history, traditions and culture.

Functional language: Want to know how to make requests or give compliments, opinions or advice in English? Come to our Functional Language lessons where you can learn these and more.

**Grammer clinic:** Are there specific grammar areas that you find problematic? Bring your questions along to the CEC Grammar Clinic, where you can discuss and find answers to your grammar questions.

Pronunciation lessons: Need help mastering pronunciation of certain sounds in English? Want to improve your use of intonation and sentence stress in your speaking? Try our pronunciation lessons, where our teachers will give you the guidance you need.





# Lessons of 60 minutes duration





# **GENERAL ENGLISH**

Effective communication and speaking fluency are prioritised in our engaging and dynamic General English lessons. Communicative tasks and activities in every lesson help you to improve your overall language level across all language skills. Comprehensive work is done on grammar, while vocabulary is introduced and practised throughout lessons with particular attention paid to high frequency words and phrases. Error correction and regular integrated work on pronunciation are incorporated into lessons.

Weekly assessment and a one-to-one tutorial meeting with your teacher every Friday mean that your progress is closely monitored throughout your course.

# **General English - AE107**

The main focus in our multicultural General English classes is on effective communication in everyday real world contexts. In class, you will be encouraged to participate fully and to interact with other students. You will have homework to help you consolidate what you learned in the morning and your teacher may set homework on CEC E-learning, too.

### Overview |

Tuition: 20 Lessons per week (20 x 60 minutes)

Class size: Average 6 - 8 students per class (Max 12)

Times: 09.00 – 11.00 and 11.20 – 13.20 (Mon-Fri)

( Start Dates: Every Monday

Includes: Access to CEC E-learning

Weekly student tutorials

Afternoon & evening activity programme End of course certificate & progress report

NEW

Why not choose an afternoon add-on option? See page 18



# 6-8 students per class on average, maximum 12

### **Intensive General English - AE107B**

In addition to the General English Classes in the morning, you will attend an extra 6 hours of classes in the afternoon. The classes are topic-based and include integrated work on the skills of reading, writing, listening and speaking. However, the main focus is on conversation and speaking skills. This course is perfect if you need more confidence speaking English and if you want to improve quickly.

#### **Overview**

Tuition: 26 Lessons per week (26 x 60 minutes)

Class size: Average 6 - 8 students per class (Max 12)

Times: 09.00 – 11.00 and 11.20 – 13.20 (Mon-Fri) 14.20 – 16.20 (Tue-Thurs)

Start Dates: Every Monday

Includes: Access to CEC E-learning
Weekly student tutorials
Afternoon & evening activity programme
End of course certificate & progress report

Level A1 A2 A2+ B1 B1+ B2 B2+ C1 C1+ C2 See page 46

## **General English - AE107-15**

The main focus in our afternoon General English classes is on effective communication in everyday real world contexts. In class, you will be encouraged to participate fully and to interact with other students. You will have homework to help you consolidate what you learned in the morning and your teacher may set homework on CEC E-learning, too.

#### **Overview**

Tuition: 15 Lessons per week (20 x 60 minutes)

Class size: Average 6 - 8 students per class (Max 12)

Times: 13.45 – 15.15 and 15.30 – 17.00 (Mon-Fri)

Includes: Access to CEC E-learning

Start Dates: Every Monday

Weekly student tutorials Evening activity programme End of course certificate & progress report



# **BUSINESS ENGLISH**

Our Business English course delivers engaging lessons which help you develop practical language skills for use in work and international business contexts while also incorporating language to describe key business concepts. Our Business English Course is ideal if you are already working and need English for your job, or if you are studying Business and will need English in the future.

"In my job, I deal with clients from around the world. After studying one month at CEC, I feel much more confident speaking to our clients."

Lukas - Germany

## **Business English Course (20 hours per week)**

The main focus in our multicultural Business English classes is on developing your ability to use English in work and international business contexts. In class, you will be encouraged to participate as much as possible and interact with other students. Carefully-chosen homework assignments will help you consolidate what you learn in class, while weekly meetings with your teacher ensure close monitoring of your progress.

#### **Overview**

Tuition: 20 Lessons per week (20 x 60 minutes)

Class size: Average 6 - 8 students per class (Max 10)

(L) Times: 09.00 – 11.00 and 11.20 – 13.20

( Start Dates: Every Monday

Includes: Access to CEC E-learning
Weekly student tutorials

Afternoon & evening activity programme End of course certificate & progress report

Why not choose an afternoon add-on option?
See page 18







# Meeting your needs in today's competitive business world

## **Executive Programmes - AE109ESP**

We can design a training course to meet your exact professional needs. All of our programmes are conducted by highly specialised and experienced tutors. These programmes can be designed for an individual or a closed group.

#### Specialist areas include

- · Military · Aviation · Law · Medical
- · Oil and Gas · Maritime · Marketing

### **Overview**

💋 Tuition: 1 to 25 hours per week

Class size: Group and 1:1

Times: as requested

Start Dates: as requested

Includes: Access to CEC E-learning Weekly student tutorials

Afternoon & evening activity programme End of course certificate & progress report

Level A1 A2 A2+ B1 B1+ B2 B2+ C1 C1+ C2 See page 46

### **Business One-to-One (Individual Tuition)**

This course is specifically designed by your own personal language trainer to meet your individual language needs as a Business Professional. Whether you need to work on language of meetings, presentations, negotiation, email English, business exam preparation or other areas, you will have the opportunity to focus on the areas that you need to work on.

#### **Overview**

Tuition: 1 to 20 hours per week

Class size: 1 - 1

Times: As requested

Start Dates: Every Monday

Includes: Access to CEC E-learning Weekly student tutorials Afternoon & evening activity programme End of course certificate & progress report

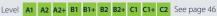














# AFTERNOON ELECTIVES

At CEC we offer an exciting range of afternoon options to add on to your core course (core course = Mon to Fri 09:00 – to 13:20). Choose to add an additional 6 hours of lessons from our extensive range of afternoon options. Our add-on options allow you to focus on specific areas of English language in order to achieve your own personal goals.

The following afternoon electives are available to students:

#### **TOEIC PREPARATION**

The TOEIC preparation classes focus on development of Business English language and skills with an emphasis on vocabulary and listening. Daily practice with exam tasks familiarises you with the TOEIC (Test of English for International Communication) exam.

Level A1 A2 A2+ B1 B1+ B2 B2+ C1 C1+ C2 See page 46



### **WORK PREPARATION**

Classes help you to improve language and skills needed throughout the job application process from understanding job advertisements and making an application to doing an interview. The course sessions also focus on the language of an English speaking workplace.

Level A1 A2 A2+ B1 B1+ B2 B2+ C1 C1+ C2 See page 46

### **BULATS PREPARATION**

Classes improve your knowledge of business and work related terms, develop your business communication skills and familiarise you with the structure of the BULATS (Business Language Testing Service) exam though regular focused work with sample exam tasks.

Level A1 A2 A2+ B1 B1+ B2 B2+ C1 C1+ C2 See page 46



### ONE-TO-ONE CLASSES

One-to-One classes give you the most rapid, relevant and effective form of language training as the trainer focuses specifically on your language needs. Your trainer designs your course, choosing materials that will meet your precise linguistic requirements.





CEC is an official Cambridge Testing Centre



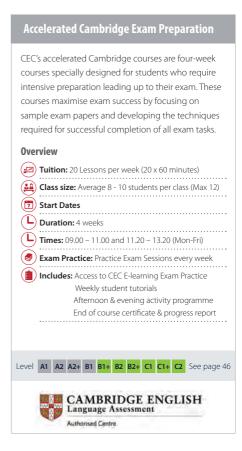


# **EXAM PREPARATION**

As both a preparation centre and testing centre for numerous exams, CEC is proud to be the premier Cambridge, IELTS and OET centre in the South of Ireland.

# **Cambridge Exam Preparation** The focus in our Cambridge exam preparation courses is on helping students improve their overall English language ability while developing strategies required to pass their exam. Students complete timed practice tests and receive regular feedback on their progress from their teachers. **Overview** Tuition: 20 Lessons per week (20 x 60 minutes) Class size: Average 8 - 10 students per class (Max 12) ( Start Dates Times: 09.00 - 11.00 and 11.20 - 13.20 (Mon-Fri) Exam Practice: Practice Exam Sessions every two weeks Includes: Access to CEC E-learning Exam Practice Weekly student tutorials Afternoon & evening activity programme End of course certificate & progress report Level A1 A2 A2+ B1 B1+ B2 B2+ C1 C1+ C2 See page 46 CAMBRIDGE ENGLISH Language Assessment

Authorised Centre





As well as being a top provider of IELTS Preparation courses, CEC is the only IELTS testing centre in Cork.

### **IELTS Preparation Course**

IELTS is an entry requirement for those planning to attend university in an English-speaking country. The main focus in our IELTS exam preparation course is on helping you improve your ability to use general and academic English while also developing strategies required to pass the exam. In class, you will have weekly timed practice exams and be given feedback from your teachers.

#### **Overview**

Tuition: 20 Lessons per week (20 x 60 minutes)

Class size: Average 8 - 10 students per class (Max 12)

Class size: Average 8 - 10 students per class (Max 12)

Start Dates

(L) Times: 09.00 – 11.00 and 11.20 – 13.20 (Mon-Fri)

× .....

Exam Practice: Practice Exam Sessions every week

Includes: Access to CEC E-learning IELTS Preparation

Weekly student tutorials

Afternoon & evening activity programme End of course certificate & progress report

Level A1 A2 A2+ B1 B1+ B2 B2+ C1 C1+ C2 See page 46

**IELTS** 

### **OET Preparation Course**

CEC's OET Preparation course is designed to provide optimal preparation for candidates who wish to take the OET exam - an internationally recognised English language test that assesses the language communication skills of healthcare professionals who seek to register and practise in an English-speaking environment.

#### **Overview**

(📂) Tuition: 4 modules per week (2 hours per module)

Class size: 6 – 8 students

Start Dates

Times: 14.20 – 16.20 or 19.00 – 21.00 (Mon-Fri)

( Exam Practice: Available each week

Includes: Access to CEC E-learning
Individual Student Report

Certificaste at end of course





# TEACHER TRAINING PROGRAMMES

CEC's teacher training courses are designed to give practising teachers the opportunity to explore new ideas and methodologies in teaching, while at the same time increasing their own proficiency in English. All of our courses are eligible for European funding.

## **All Teacher Training courses include**

- Daily modules on teaching methodology including classroom management and language assessment as well as the four main language skills of reading, writing, listening and speaking.
- Consideration is also given to the efficient use of teaching materials and their adaptation for different ages and ability levels.
- Courses also focus on the increased importance of technology in the language classroom – VLEs, useful websites and online resources and apps for both students and teachers.



PIC Reference Number: 944642261

# **Teacher Refresher Programme**

This course, suitable for language teachers of primary, secondary and adult students, offers 50 hours of practical training in teaching techniques, while also helping participants to improve their own language skills. Participants explore a wide range of topics including teaching methodology, exploiting and adapting materials, technology in the classroom, classroom management, and approaches and activities for teaching all language areas and skills. Course includes classes on Irish history, culture and education system in addition to a full social and activity programme.

### **Overview**

Tuition: 25 Hours per week (20 lessons + 2 afternoons)

Class size: Maximum 15 participants per class

Times: 09.00 – 11.00 & 11.20 – 13.20 + 2 afternoons

📆 Start Dates

Includes: Access to CEC E-learning
Weekly student tutorials

Afternoon & evening activity programme End of course certificate & progress report





"I got much more than I expected from the course - especially the technology lessons. I am excited to try these new ideas with my students in Spain"

Isabel - Spain

# **CLIL Programme**

The CEC Content and Language Integrated Learning (CLIL) course is primarily aimed at teachers of adults and secondary school students, but is also useful for teachers of older primary school students. Course participants will gain an understanding of how to combine language and subject teaching within a workable lesson framework and also explore a wide variety of practical tasks and activities which can be put to immediate use in the classroom.

### **Overview**

Tuition: 25 Hours per week (20 lessons + 2 afternoons)



Class size: Maximum 15 participants per class



Times: 09.00 - 11.00 & 11.20 - 13.20 + 2 afternoons (Mon-Fri)



**Start Dates** 



Includes: Access to CEC E-learning Weekly student tutorials

Afternoon & evening activity programme

End of course certificate & progress report

Level A1 A2 A2+ B1 B1+ B2 B2+ C1 C1+ C2 See page 46

# **TKT Programme**

The TKT Course at CEC aims to not only prepare teachers to sit the TKT exam, but also to give a thorough foundation in the methodology of Teaching English as a Foreign Language. Each session includes a review and introduction of the terminology used to describe language and teaching. Using this terminology, course participants explore teaching methodologies, lesson planning, classroom management and a variety of skills and materials, reflecting on and sharing their teaching experience.

### **Overview**



(🛂) Tuition: 25 Hours per week (20 lessons + 2 afternoons)



L) Times: 09.00 – 11.00 & 11.20 – 13.20 + 2 afternoons (Mon-Fri)







Includes: Access to CEC E-learning

Weekly student tutorials

Afternoon & evening activity programme End of course certificate & progress report

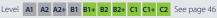














**Authorised Centre** 



# **ACADEMIC YEAR – STUDY** AND WORK PROGRAMME

The CEC Academic Year Programme is designed for students who would like to study on a long-term English course. The course is particularly suitable for students who are planning on going on to university study in Ireland or another English-speaking country. It is also useful for students who wish to work while they study as these programmes are included on the ILEP register.

# General English + Cambridge Exam Preparation

Students on this 25-week course study General English before progressing to the Cambridge Exam Preparation course (PET, FCE, CAE) suitable for their level.

#### **Overview**



Tuition: 20 Lessons per week (20 x 60 minutes)



Class size: Average 6 - 8 students per class (Max 12)

Times: 09.00 - 11.00 and 11.20 - 13.20 (Mon-Fri)

**Start Dates** 



Includes: Access to CEC E-learning Exam Practice Weekly student tutorials

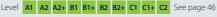
Afternoon & evening activity programme End of course certificate & progress report













### General English + IELTS

This course is for students studying for 25 weeks. Students are helped to achieve the minimum English level required for IELTS Preparation, before transferring to these exam preparation classes.

### **Overview**



Tuition: 20 Lessons per week (20 x 60 minutes)

Class size: Average 6 - 8 students per class (Max 12)

Times: 09.00 - 11.00 and 11.20 - 13.20 (Mon-Fri)

Start Dates: Every Monday

Includes: Access to CEC E-learning IELTS Preparation Weekly student tutorials

> Afternoon & evening activity programme End of course certificate & progress report



















# UNIVERSITY PATHWAYS PROGRAMMES

**CEC** works in cooperation with a number of 3rd level institutes in Ireland to offer students a pathway into their chosen course of study in university. **CEC** has programmes suitable for students interested in both undergraduate degree programmes and Master's level programmes.

# **University Pathways Programmes**

The CEC one-year University Pathways courses include our Undergraduate **Foundation Programme** and our **Pre-Master's Programme** and offer direct routes to Irish university courses at both undergraduate and Master's level. CEC also offers **Pre-Foundation English** courses.

#### Overview



- Class size: Average 6 8 students per class (Max 12)
- Times: 09.00 11.00 and 11.20 13.20 (Mon-Fri) Plus 2 afternoon classes per week
- Start Dates: January and September
- Includes: Access to CEC E-learning

  Weekly student tutorials

  Afternoon & evening activity programme

  End of course certificate & progress report

Level A1 A2 A2+ B1 B1+ B2 B2+ C1 C1+ C2 See page 46

### **Pre-Sessional**

CEC runs Pre-Sessional courses in July and August, focusing on the development of spoken and written academic English. They offer students the final preparation they need before commencing study on undergraduate or Master's degree courses in Irish universities.

#### **Overview**

Tuition: 24 lesson per week (24 x 60 minutes)

Class size: Average 6 - 8 students per class (Max 10)

Times: 09.00 – 11.00 and 11.20 – 13.20 (Mon-Fri) Plus 2 afternoon classes per week

Start Dates: July and August

Includes: Access to CEC E-learning
Weekly student tutorials

Afternoon & evening activity programme End of course certificate & progress report



# ENGLISH FOR SPECIFIC PURPOSES

### **English for Aviation**



The aim of the CEC English for Aviation Course is to enable aviation students to successfully pass international exams in Aviation English and achieve a minimum

level 4 of the ICAO requirements.

### **Aviation English - AEP**

The course places an emphasis on listening comprehension, spoken interaction, spoken production and pronunciation. Lessons focus on improving learner's communication skills and consolidating basic grammar knowledge for use in plain English in addition to practicing standard phraseology for use in routine situations.

#### **Overview**



Class size: Average 6 - 8 students per class (Max 10)

Times: 09.00 – 11.00 and 11.20 – 13.20 (Mon-Fri) 14.20 – 15.20 (Mon-Fri)

Start Dates: On Request

Includes: Access to CEC E-learning

Weekly student tutorials

Afternoon & evening activity programme

End of course certificate & progress report

Level A1 A2 A2+ B1 B1+ B2 B2+ C1 C1+ C2 See page 46

### **English for Military Purposes**



CEC Military English courses prepare potential NATO staff officers for their roles in the NATO Alliance and for possible UN peacekeeping roles. Our most popular Military

English courses are the NATO STANAG 6001 SLP3 and SLP 4 programmes.

## Military English - MEP

Our Military English training is concerned with creating an understanding of the functional communication skills necessary for personnel employed in the military and military organisations. It is therefore suitable for military officers, diplomatic service staff, civil servants, intelligence officers and international security operatives.

#### **Overview**

Tuition: 25 hours per week (Group plus 1:1)

Class size: Average 6 - 8 students per class (Max 10)

Times: 09.00 – 11.00 and 11.20 – 13.20 (Mon-Fri)

Start Dates: On Request

Includes: Access to CEC E-learning
Weekly student tutorials

Afternoon & evening activity programme End of course certificate & progress report









CEC also provides general, professional and technical English language training programmes, by special arrangement, for government departments, commercial organisations, educational and training institutions throughout the world.

### **English for the Maritime Industry**

CEC's English for Maritime Purposes courses are designed for people working in the Maritime industry who need English to communicate in their work. Courses are tailormade to suit the specific needs of the group.

### **English for the Oil and Gas Industry**

CEC offers individually designed courses for those who need to use English at work in the oil and gas industries. The focus is on clear effective communication and the building up of industry-specific vocabulary.

# **English for the Maritime Industry**

These courses are aimed at students working in or studying to work in the maritime industry. The focus is on the language and skills needed at work and developing competence in all four skills. Throughout the course, specialist vocabulary and Standard Maritime Communication Phrases are introduced and practised.

#### **Overview**

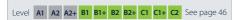
Tuition: 25 hours per week (Group plus 1:1)

(44) Class size: Average 6 - 8 students per class (Max 10)

Times: 09.00 - 11.00 and 11.20 - 13.20 (Mon-Fri) 14.20 - 15.20 (Mon-Fri)

Start Dates: On Request

Includes: Access to CEC E-learning Weekly student tutorials Afternoon & evening activity programme End of course certificate & progress report



### **English for the Oil and Gas Industries**

CEC's English for the Oil and Gas Industries courses are aimed at students studying for a career or already working in these industries. Students develop the vocabulary, language, and skills needed to understand their industry, and apply this knowledge to practical work situations.

### **Overview**

(💋 Tuition: 25 hours per week (Group plus 1:1)

( Class size: Average 6 - 8 students per class (Max 10)

Times: 09.00 - 11.00 and 11.20 - 13.20 (Mon-Fri) 14.20 - 15.20 (Mon-Fri)

(7) Start Dates: On Request

Includes: Access to CEC E-learning

Weekly student tutorials Afternoon & evening activity programme End of course certificate & progress report









# **CEC INTERNSHIP PROGRAMME**

The use of English as the international means of communication continues to grow and most people study English at some stage in their career. For some, classroom learning is not enough; it is also essential to be fully confident in the use of English in the workplace. To meet this need, the CEC Internship Programme is specially designed to enable you to combine learning English in an excellent language school with practical work experience.

### A CEC Internship Programme is useful if you want to:

- ind a first or new job
- change careers
- improve your skills in your current job
- complete a vocational course, which requires a work placement

There are two parts to an Internship Programme. The first is a full time English Course for a minimum of 4 weeks. The second is a period of work placement (internship) with a company or organisation specially chosen to match, as closely as possible, your profession or subject of study. We offer internships in a large number of workplaces covering a wide range of professions including:

- Agriculture
- Economics
- Politics
- Business Administration
- Hotel & Catering
- Retail
- Computing
- Import & Export
- Sales

- Law
- Secretarial & PA
- Engineering & Technical
- Marketing & Advertising
- Tourism & Leisure
- Finance & Accounting
- Media & Communications
- Voluntary Organisations



experience working for an Irish company. This will help me when I go home."

Gianluca - Italy



# **ACCOMMODATION**

Finding the right accommodation to suit you is an integral part of attending CEC. Every individual has different needs, which is why we have such a wide range to choose from. You can stay with a host family or in a self-catering apartment. You can check into a hotel or take a room in a B & B. We carefully select our accommodation providers and you can trust that they have all passed our rigorous selection procedure. All you have to do is let us know what you want and we'll take care of the rest.

### **Host Family**

- Available all year round
- Full immersion in Irish culture and family life
- Opportunity to practise and develop language skills
- Half board from Monday to Friday
- Full board at weekends
- Own bedroom
- Private or shared bathroom
- Study area
- Weekly laundry facility
- Transfers for arrival and departure

# **Self-Catering or Residential Apartment**

- Opportunity to meet international and Irish students
- Chance to learn valuable life skills while living independently
- Choice of single or twin bedroom
- Ensuite or shared bathroom
- TV and Broadband Internet
- Laundry facility
- Weekly cleaning service for common areas































### **CEC Apartments**

- Private apartments ideal for executive clients or families
- Ideally located in the city centre close to the college
- Bed linen and towels provided
- Wi-fi in all apartments
- Minimum 2-week rental period

## Hotels, Bed & Breakfast, Guesthouses

Whatever your preference, we work with a wide selection of 3, 4 and 5 star hotels and B&B's throughout Cork.

"Warm welcome at school, great teachers and wonderful family. Thank you all!"

Cyrielle, France







# **SOCIAL PROGRAMME**

# Afternoon Full Day Evening

- Cork City Tour
- Crawford Art Gallery
- UCC & Glucksman Gallery
- Coffee & Chat
- Pronounciation class
- Fitzgerald's Park and Museum
- Cork City Gaol
- Blarney Castle
- Cobh
- Kinsale
- FOTA Wildlife Park
- Shandon Bells
- St Finbarr's Cathedral



- Killarney National Park
- Bunratty Castle
- Ring of Kerry
- Cliffs of Moher
- Rock of Cashel & Mitchelstown
- Clonakilty





#### Evening

- Bowling
- Greyhound Racing
- Cinema Night
- Irish Dancing
- Pub Night
- CEC Party















# **JUNIOR PROGRAMMES**

CEC has been a leader in the field of English language and activity programmes for teenagers since 1978. We recognise the joint importance of classroom-based language lessons and the opportunity to use this language in a range of fun leisure activities. Our Junior courses therefore combine interactive English language lessons with a range of social, cultural and leisure activities. This means that we can ensure that students on our programmes have countless real-life opportunities to use the language that they have learned on the course.

Students are placed in multi-national classes with students of a similar level following assessment of their English level on their first day, and enjoy 15 hours of language classes from Monday to Friday in class sizes averaging 10-12 students (maximum 15 students). The focus is on effective communication and improving speaking ability. The emphasis on communicative tasks supported by vocabulary and grammar work in the classroom gives students the confidence to use this language when speaking with fellow students, teaching and activity staff, and host families outside of the classroom. These interactive lessons are taught by energetic native English speaking teachers who are fully qualified in teaching English as a foreign language. We offer a range of activities to suit all interests, and these activities are led by trained activity leaders who encourage students to use English at all times





# **CEC CENTRES**

# **Douglas Community School - Host Family Centre**

Host Family accommodation gives students the unique opportunity to become part of an Irish family during their stay in Cork. Our host families have been carefullly selected, and have been approved by our Accommodation Department to ensure that they are of the high standard that is required by CEC. The families are selected on the basis of a friendly atmosphere, good food and clean comfortable surroundings.

### **Douglas**

Our Host Family Centre is located in Douglas - a residential suburb of Cork City, located about 2 km from the city centre. Douglas has all of the amenities of Cork city without the problems of a city centre location. Amenities include 2 large shopping centres, cinema complex, McDonalds, 3 golf courses and horse-riding stables. A bus journey from the school to the city centre takes no more than 15 minutes.

# Cork Institute of Technology (Bishopstown) - Residential Centre

The residence consists of a state-of-the-art, newly constructed, purpose-built complex with 24 hour security. Students can stay in single or twin en suite or standard rooms. Each apartment has a fully-fitted kitchen and a comfortable living area. Students enjoy delicious and varied meals prepared by the college caterers. Accommodation is on a full board basis.

### Bishopstown

Our junior residential centre is located in the beautiful suburb of Bishopstown. This is a well established southwestern residential suburb of Cork situated approximately 3km from the City centre. It is student orientated with many primary and second level schools in the area as well as the third level Cork institute of technology where the summer school is based. The Wilton shopping centre is perfect for shopping and there is also a local farm which provides beautiful walks for the public.



# **ENGLISH PLUS MULTI-ACTIVITY**

**Our English Plus Multi-Activity programmes** combine interactive communicative language lessons with daily fun-filled activities.

## **English Plus Multi-Activity**

As well as improving their English language skills in mixed-nationality classes, students enjoy a variety of engaging social, cultural and sporting activities both on campus and at various attractions around Cork.

#### **Overview**

- Host Family Centre (B) Residential Centre
- Age Group 11 17
- 15 hours of English group tuition per week
- Wide range of activities
- All students receive a CEC Project Book allowing them to record every aspect of their stay, including lessons, activities, cultural visits and weekend excursions
- Specially-designed material on Irish History & Culture
- One full-day excursion each weekend to places of cultural interest
- Evening activities
- Available to groups and individual students
- Group Leader E-Learning course included
- Commuter Bus Ticket included (host family)

The CEC Young Adult Programme is designed for international students aged betwen 15-19 who wish to prepare for Cambridge Exams

### **Young Adult Cambridge Preparation Programme**

The programme includes 4 hours of English language tuition and exam preparation per morning, with an additional two afternoons of exam practice. Activities and excursions are scheduled on other days.

#### **Overview**

- - Host Family 15-19yrs Residential Centre 18+ yrs
- Age Group 15 19
- 20 hours of English group tuition per week Two afternoons of Cambridge exam preparation per week
- Two afternoon activities per week
- All students receive a CEC Project Book allowing them to record every aspect of their stay, including lessons, activities, cultural visits and weekend excursions
- Specially-designed afternoon exam practice
- One full-day excursion each weekend to places of cultural interest
- Evening activities
- Available to groups and individual students
- Group Leader E-Learning course included
- Commuter Bus Ticket included (host family)









# ENGLISH PLUS RUGBY WITH MUNSTER RUGBY CLUB



Twice winners of the European Cup, Munster Rugby is one of the giants of the game and our proud partner on the CEC English plus Rugby Programme. This programme combines English language classes with rugby training at Munster Rugby's training grounds with Munster Rugby coaches. As well as developing the essential rugby skills of tackling, passing and positional awareness, students will receive a full Munster Kit and have the opportunity to meet the Munster Rugby team at their stadium, Thomond Park.



#### **Overview**

- (B) Host Family Centre (B) Residential Centre
- Age Group 13 16
- 15 hours of English group tuition per week
- 10 hours of rugby training per week with official Munster Rugby Club Coaches
- Daily private transfer from school to rugby training ground
- Tour of the Thomond Park Stadium
- Munster Rugby Kit for all participants
- Munster Rugby Certificate on completion of the
- One full-day excursion each weekend to places of cultural interest
- Evening activities
- Available to groups and individual students
- Group leader E-Learning course included
- Commuter Bus Ticket included (host family)







## ENGLISH PLUS GOLF WITH FOTA GOLF ACADEMY



On our English plus Golf programme, students will enjoy English classes each morning, and spend afternoons golfing at the world-famous Fota Island Golf Course. Students work on improving every aspect of their game under the watchful instruction of our PGA professional golf instructor.

Our English & Golf programmes allow students to improve both their English and their golf game, while mixing with young golfers from other countries. We cater for all golf handicaps and levels of English. On four afternoons students on this programme participate in golf training with a PGA professional. The remaining afternoon is spent enjoying supervised sports at the junior centre gymnasium. Evening Activities are also offered, and students participate in a full day excursion to a venue outside Cork every Saturday.

#### **Overview**

- (ii) Host Family Centre (B) Residential Centre
- (AGE ) Age Group 11 17
- 15 hours of English group tuition per week
- L 4 afternoons of golf coaching per week with a licenced PGA Professional, supervised practice sessions and the opportunity to play on a championship golf course
- Daily private transfer from school to Fota Island Golf
- One full-day excursion each weekend to places of cultural interest
- Evening activities
- ( Available to groups and individual students
- (a) Group leader E-Learning course included
- Commuter Bus Ticket included (host family)







## ENGLISH PLUS HORSE-RIDING WITH HOP ISLAND EQUESTRIAN CENTRE

This programme offers students the opportunity to improve their horse-riding skills at Hop Island Equestrian Centre while also improving their language skills. Students are immersed in Ireland's proud equestrian tradition as they acquire the knowledge and practical skills required for horse-riding at a variety of proficiency levels.

Students on the English and Horse riding programme enjoy horse riding on five afternoons per week, with language classes each morning. Horse riding is offered at all levels, ensuring the programme is suited to riders from beginners' level to advanced. These students also participate in evening activities and have a full-day excursion on Saturdays. Under the supervision of professional trainers the students undertake riding, which is catered to their own level, and includes cross country, fun & games and stable management.

0ver	rview
	Host Family Centre Residential Centre
AGE 11-17	Age Group 11 – 17
Ĺ	15 hours of English group tuition per week
(L)	5 hours of horse-riding lessons per week
<b>1</b>	A range of different abilities catered for
	One full-day excursion each weekend to places of
	cultural interest
<b>(*</b> )	2 evening activities per week (host family)
<b>(*)</b>	7 evening activities per week (residence)
**	Available to groups and individual students
(3)	Group leader E-Learning course included
	Commuter Bus Ticket included (host family)
_	***************************************



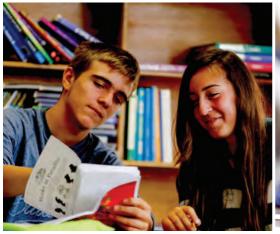
## FAMILY LANGUAGE STAY PROGRAMMES

#### **Course Code: FLS**

The CEC family programme allows all members of a family to attend and enjoy our language programmes. The children have a great opportunity to meet with juniors from other countries while learning English, and their parents have the freedom to take a course at our adult college, knowing that their child is safe in our hands. It is not necessary for the entire family to do a language course; we also have excellent golfing and horse-riding programmes which may suit. Ireland is a beautiful setting for your family holiday and it is an excellent place to learn English. Accommodation is provided in 2, 3 and 4 bed apartments within walking distance of CEC and the city centre.

### **Programme Summary**

	Programme	Location			
Adult	General English – 20 hours per week Business English – 20 hours per week	Cork English College St Patrick's Bridge, Cork City Centre			
Junior 12 – 16 years	<ul> <li>English plus Multi-Activity Programme</li> <li>English plus Hop Island Horse-Riding Programme</li> <li>English plus Fota Golf Programme</li> </ul>	Douglas Community School Douglas, Cork (15min by bus from Adult School)			
Junior 13 – 16 years	English plus Munster Rugby Programme	Douglas Community School Douglas, Cork (15min by bus from Adult School)			
Children 4 – 12 years  Junior Activity Camp		Mardyke Arena, Cork (20min walk from Adult School)			





## HIGH SCHOOL PROGRAMMES

CEC offers a high school programme for young learners who wish to improve their skills by attending a secondary school in Ireland. This programme offers students the unique opportunity to experience the educational system in Ireland while at the same time improving their own language ability. The programme is ideal for students who would like to study at third level in an English-speaking country after finishing their secondary school education or who intend to take up studies through the medium of English in their own country.

CEC works with a number of partner secondary schools in Cork City and suburbs. The partner schools we use have been carefully selected based on their performance as educational institutes and on the excellent results which their students consistently obtain in the final school-leaving examination. The percentage of students from these schools who go on to study at third level institutes is very high, averaging 80 to 90% of school leavers from any one year.

CEC offers the programme in both day schools and boarding schools to young learners of a school-going age between 13 and 18 years. Most students attend 4th year, also called Transition Year, but we also offer places in other years. While on this programme and attending a day school, students are placed with a longstanding host family.

### This programme includes:

- Selection of secondary schools
- Full-Board Accommodation with an Irish Host Family or boarding school
- Enrolment Fees
- Full School Uniform where required (full academic year programme only)
- All books and pedagogical material (full academic year programme only)
- Transfers between Cork Airport and the host family
- Processing of all necessary documents
- Full Supervision (Academic and Family)
- Public Liability Insurance





## WINTER PROGRAMMES

Project-based Mini-Stay courses are aimed at secondary school students who are studying English in their home country and who wish to further improve their English, specifically their speaking skills, while also gaining an understanding of the culture of an English speaking country.

Prior to arrival in Ireland, students are assigned or choose an appropriate topic area and work in small groups to research and prepare information on this topic concerning their own country. They also consider how things may be different in Ireland. During the course in Cork English College, the students continue their research project researching their topic area in Ireland.

Throughout the stay, students are encouraged to explore and consider the differences between life in their own country and life in Ireland by researching their topic area and preparing a mini-presentation for the end of the course, in which they compare aspects of Irish life and culture with life in their home country. Throughout the course, the lessons are topic -based, allowing the teacher to review major areas of vocabulary while also reviewing basic language points. The focus is on providing as much communication practice as possible, therefore listening and speaking are heavily emphasised. The Ministay programme uses task-based learning as the basis of lessons. These tasks encourage learners to negotiate and work together in English to achieve an appropriate

outcome using the necessary language. Language useful for presentations, such as organising points and presenting facts and figures and trends clearly are also focussed on to help with the final presentation. Class content can be tailored to include topics and language areas of specific interest to the students in the group.

### Winter Mini-stay Programme - MS115-PB

### **Overview**



(Max 15) Class size: Average 12-14 students per class

Class Size: Average 12-14 students per class (Max 1.

**Times:** 09.30 – 11.00 and 11.20 – 12.50 (Mon-Fri)

Start Dates: as requested

Includes: Access to CEC E-learning

Weekly student tutorials

Afternoon & evening activity programme
End of course certificate & progress report





### **CEFR FRAMEWORK**

The Common European Framework of Reference for Languages (CEF or CEFR) was created by the Council of Europe as a way of standardising the levels of language exams in different regions. It is very widely used internationally and all important exams are mapped to this. CEC offers classes across the full range of CEFR levels, from A1 to C2.

Levels	Description	IELTS	Cambridge ESOL	TOEIC	BULATS	Trinity ISE	Trinity GCSE	STANAG 6001	ICAO	
(2	Proficient I can take part effortlessly in any conversation or discussion, expressing myself fluently and conveying finer shades of meaning precisely.	9	CPE	905-990	Level 5	Level 5 90-100 Grade 11	5555 Bilingual			
<b>C1</b> +	Advanced Plus I can speak fluently with very infrequent mistakes, and understand practically all of what people say to me.	8		785-900	90-100		Grade 11	– 4444 Fully Professional	Expert 6	
CI	Advanced I can express myself fluently and spontaneously without much obvious searching for expressions. I can use language flexibly and effectively for social, academic and professional purposes.	7	CAE	725-780	Level 4 75-89		Grade 10			
B2+	Upper Intermediate Plus I can express myself confidently, clearly and politely in formal and informal situations.	6			650 700	1 12 50 74	ICE II	Grade 9 Grade 8	3333	Exercise 5
B2	Upper Intermediate I can interact with a degree of fluency and spontaneity that easily makes conversation possible.	6	FCE	FCE 650-720	Level 3 60-74	ISE II	Grade 7	Minimum Professional	Extended 5	
B1+	Intermediate Plus I can effectively communicate information, ideas and opinions on familiar and some unfamiliar topics.	5	PET	530-645	1 1 2 40 50	ISE I	Grade 6	2222	Otil 4	
B1	Intermediate I can have unprepared conversations on topics that are familiar or of personal interest.	4		405-525	Level 2 40-59	ISET	Grade 5	Limited Working	Operational 4	
A2+	Pre-Intermediate Plus I can communicate basic information and make myself understood if I have some time to think.	3	- KET -	255-400	Level 1 20-39	ISE 0	Grade 4	1111 Elementary	Pre- Operational 3	
A2	Pre-Intermediate I can take part in simple and direct exchanges of information on familiar topics and activities.	2		125-250			Grade 3			
A1	Elementary I can understand and use some familiar everyday expressions and very basic phrases .	1		0-120			Grade 2		Elementary 2	

KEY CEFR - Common European Framework

IELTS – International English Language Testing System BEC – Cambridge English: Business

KET - Cambridge Key English Test

PET - Cambridge Preliminary English Test

FCE - Cambridge First Certificate in English

CAE - Cambridge Cetificate in Advanced English

TOEIC - Test of English for International Communication

BULATS - Business Language Testing Service ISE - Trinity Integrated Skills in English

GESE - Trinity Graded Examinations in Spoken English

ICAO - International Civil Aviation Organisation

### HOW TO BOOK

If you know which course you'd like to do, then booking it couldn't be simpler. Just complete one of our booking forms and send it in to us or go online and fill out the form on our website. We'll ask you for a small deposit to secure your place and then you can begin to look forward to your trip to Ireland.



### **HOW TO GET HERE**

### By train

Irish Rail services Kent Station Cork which is 10 minutes' walk from the city centre. Services operate to most of the country including to Dublin, Kerry, Limerick, Waterford and Wexford. Cork- Kent Station is located just off Railway Street, Lower Glanmire Road.

### By air

Cork airport is located just 8km from Cork City, and operates daily domestic and international flights to and from Cork. The best way to get into the city is the shuttle service. This runs every half hour from outside the arrivals hall and the service is available 7 days a week. The trip takes

10-15 minutes. For further information on route details and carriers that fly in and out of Cork, telephone 00353 214313131 or visit **www.corkairport.com** and websites of Ryanair and Aerlingus

### By bus

If you arrive in Dublin, the easiest way to reach Cork is by using the direct buses operated by Aircoach (www.aircoach.ie) and GoBe (www.gobe.ie). From Dublin Airport, the trip takes approximately 3 hours and 30 min. The companies CityLink (www.citylink.ie) and Bus Eireann (www.buseireann.ie) operate lines to Cork from other cities in Ireland





















