



# Internships & Employability

Career-launching  
opportunities  
with Twin

**2022**



**Delivering quality internship placements for over 25 years**

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## Table of contents

### Introduction

Our Industries	4
Internship Benefits	5

### Internships in the UK

London Internship	6
English & Volunteering	8

### Internships in Ireland

Dublin Internship	10
Dublin Taster Internship	11

### Internships in Spain

Valencia Internship	13
Valencia Taster Internship	14

### Other Internships

Funded Programmes	14
Virtual Internships	15

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**We offer a unique  
opportunity for you  
to gain invaluable  
international work  
experience, improving  
your CV and launching  
your career.**

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## Introduction

At Twin helping people progress in their career is our bread and butter. For over 25 years we've been trusted by individuals from all around the world, to help them gain a valuable experience.

Working with the UK Government, we are improving employability for thousands of people in the UK. To achieve this, we maintain a large network of employers we also use for our international interns.

Not only have we utilised our network to secure placements for thousands of students, but we have also been awarded Study Travel Magazine's Superstar Work Experience Provider.

Our goal is to provide you with both a career-enhancing and enjoyable internship, whether it is for a few weeks or a few months. During your placement with us in the UK, Ireland or Spain, we make sure you have everything you need, from accommodation and airport transfers to 24/7 access to our student support line.

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**An award-winning team  
providing quality internship  
programmes in the UK,  
Dublin and Valencia.**

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## A dedicated team

Our placement officers take the time to match you with the right internship for you.

## Our commitment

We always consider your CV, personality, and career goals when securing you a position to improve your skills for future roles.

## Our locations

Making use of the growing economies in the UK, Ireland and Spain, we create inspiring, rewarding and enjoyable experiences for interns who choose Twin.

As major hubs for international businesses, these countries provide opportunities for thousands of individuals seeking meaningful work experience and offer a wide choice of sectors to work.

- UK - London & Eastbourne (south coast)
- Ireland - Dublin
- Spain - Valencia



Helping our candidates achieve thier goals

## Our Industries

We work with you to understand your goals and needs to ensure that both you and the host company can benefit from your placement.

We have an expanding network of over 2000 companies in various sectors throughout the UK, Ireland, and Spain, to provide you with a quality internship opportunity. While we offer internships in a wide range of industries we also have a solid record of successfully helping those with more unique, and specialised placement requests. For example, we have successfully placed interns in bookbinders, set-builders and martial arts studios.

Some of the sectors we place in:

- Architecture
- Computing and IT
- Engineering
- Event management
- Finance
- Fashion
- General admin
- Hospitality
- Human resources (HR)
- Law
- Marketing
- Mechanical engineering
- PR & advertising
- Real Estate
- Retail
- TEFL



Please contact us with your requirements if your preferred sector is not mentioned.



## Benefits of an international internship:

### Gain the skills that genuinely impress employers

Improving your skills in a foreign job market is something employers find highly impressive and a great addition to your CV.

### Improve your social skills

Increase your awareness of the world and your ability to interact confidently with colleagues on a day-to-day basis.

### Develop an international professional network

Different cultures often have other ways of dealing with situations. You can learn from your global network of colleagues and mentors.

### Improve your language skills

Being immersed in the local culture is a great way to kickstart your speaking abilities. And you can improve your English skills before your placement by combining your work experience with tuition in one of our Twin English Centres in London, Dublin or Eastbourne.

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**Seven programmes, each giving you the chance to get on the career ladder.**

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## What's included

Different programmes may have additional services included.

All our internships include:

- Placement matching service
- Induction/on-boarding
- 24/7 emergency support
- Twin contact for information and guidance
- Certificate on completion of the programme
- Reference from employer

# Internships in the UK



## London Internship

From 2-24 Weeks

Ranked as the sixth-largest economy globally, the United Kingdom is now, more than ever, a premier destination for students looking to intern abroad at leading companies. Not to mention experiencing the rich history, diverse culture and various landmarks to explore.

Our award-winning work experience team have over 25 years of experience in organising internships in London for students from all over Europe.

Post-Brexit, we will continue to offer these opportunities to both EU and non-EU nationals. So we are pleased to say, you can still enjoy a quality work experience placement in London.

**Please contact us with your requirements or if you have any other questions**

**Gain practical, real-world global work experience and work on your professional career development.**

**Our internships last from three weeks to six months and are available in a wide range of sectors, so it's easy to see why this is such a popular internship programme.**

### Eligibility

- Age 18 years+
- Minimum English level: Intermediate (B1) or above

Please note: Some placements may require specific experience





## Interning post-Brexit

Brexit may have changed a lot of things, but luckily, you can still do a professional work experience in the UK. The process to get to your internship is just a little different. There are however, various visas that will give you access to the London Internship programme.

### These include:

- **Student Visa (Formerly Tier 4 visa for University Students)** If you are studying in the UK as a university student, you can do summer internships with Twin because of the work rights you receive under the Student Visa. This visa allows you to work up to 20 hours per week during term time, or complete a full-time internship outside of term dates.
- **Tier 5 GAE Ecorys (Erasmus+) Visa** If you are funded under the Erasmus+ project, you are still able to do an internship in the UK. Ecorys is the UK National Agency for Erasmus+ and they can sponsor candidates using their Tier 5 sponsorship service at no cost to you - the applicant

**Tier 5 Youth Mobility Scheme (YMS) visa.** This visa is available to the following nations:

- Hong Kong
- Japan
- South Korea
- Taiwan

**Tier 5 GAE Bunac Visa.** This visa is available to students that meet the following criteria:

- Any nationality with a valid passport
- 18 years+
- Be a full-time degree level student or have graduated within the last 24 months at the start of your internship
- Have an IELTS score 6.0 or above
- Be able to show a minimum proof of funds of £1270 (UK immigration requirement)



**We have been working with Twin as a partner on their internship programmes. They provide an excellent service, which I would recommend.** - Five Fox srl, Italy

### Explore London



It's easy to see why London is one of the most popular cities in the world. Everything from fine art, historical buildings to fun nights out can be found in the capital.

# Internships in the UK



## English & Volunteering Programme

### From 1-18 weeks

The new "Standard Visitor visa" (replacing the former Short term Study visa) gives all nationalities travelling to the UK the right to attend a volunteering experience in a registered charity for up to 30 days (six weeks). So, even in a post-Brexit UK, we still have great opportunities for you to improve your English language skills in a professional environment.

Twin will provide students with a letter of invitation to study that allows EU Nationals entry to the UK upon arrival. Non-EU students can use this letter in support of their visa applications.

**It is important to note that while students with a Visit visa can volunteer, they cannot do 'voluntary work'**

**Volunteering experiences for English language students to improve their language skills and help local communities.**

## Why Volunteering

We have put together two well-rounded programmes that meet the current visa regulations. They combine Volunteering Experience with English lessons so you can learn English and practice your new skills in a professional setting.

### Boost your career prospects

Volunteering can have many benefits for your future career options, which make it well worth considering. It is a great way to gain practical experience and improve your CV, making you more attractive to future employers. By combining English courses with volunteering, you can make new friends and build your confidence. You will also increase your communication, customer service, teamwork and problem-solving skills.





All students holding a Visit visa can volunteer within a registered charity or voluntary sector organisation. It is a great opportunity if you want to improve your employability skills, meet local people, practice your English skills and develop new professional skills and knowledge.

## Sectors

All students holding a standard visitor visa can volunteer within a registered charity or voluntary sector organisation.



**Twin has always been very quick and professional in managing our students. However, what we liked most was the level of flexibility they provided.** - Distinti Saluti

## Opportunity

Combine a General English language course with volunteering at a registered charity to improve your communication skills.

## Our offering

### English & Volunteering Taster

1-18 weeks

Available in London and Eastbourne and includes General English in the morning course followed by a volunteering experience helping out at a local charity shop, sports event or arts festival.

### English & Volunteering

1-6 weeks

You will work in a registered charity in London in either Administration, Marketing, Accounts or Fundraising after your General English in the morning courses.

## Eligibility

- Age 16 years+
- Minimum English level: Pre-Intermediate (A2) or above

Please note: Some placements may require specific experience



# Internships in Ireland



**Develop your English language skills and gain valuable work experience in Dublin.**

## Dublin Internship

### From 4-26 weeks

Based in Dublin, our internships are a fantastic opportunity for any recent graduate to get the experience you need to move forward in your chosen field. By taking an Internship in Dublin through Twin, you can gain experience and improve your English while living in a fascinating and culturally unique country.

Working successfully overseas can help you grow and mature as an independent and capable individual. Doing so in Ireland means coming to a country renowned for its hospitality and friendly environment.

Many companies who conduct business internationally use English as their chosen language of communication. Therefore, strong English skills are highly desirable in the worldwide job market, making Ireland an excellent choice for gaining work experience.

## Work Experience

We have a network of companies ranging across all sectors to find you the right internship to reach your career goals.

## Opportunity

Want to improve your English before your placement?

Take a look at the courses we have on offer at our Dublin English Centre.

Internships provide on-the-job training. This longer internship opportunity provides you with an increased understanding of dealing with real work responsibilities and deadlines.

We will ensure you are placed with the most suitable position, allowing you to explore your chosen career path and sharpening your existing skills and knowledge. Most placements have a minimum duration of four weeks, so you can gain real value from your time in Ireland.

## Eligibility

- Age 16 years+
- Minimum English level: Intermediate (B1) or above

Please note: Some placements may require specific experience





## Dublin Taster Internship

### From 1-3 weeks

Our short-term internships have been designed for those looking to take on their first work experience placement in a low-pressure environment. Lasting for a maximum of three weeks, these placements are ideal for students aged 16-21.

Taster internships provide the perfect opportunity to improve your conversational skills and expand your vocabulary for the real world. We can place you in customer service positions in retail and hospitality and in administrative roles in a wide range of sectors.



**In a post-Brexit UK, we still have great opportunities to help you improve your English language skills in a professional environment.**

## Work Experience

Get your first taste of work with entry-level placements in general admin, hospitality and retail.

## Opportunity

Before your placement, you can improve your English skills by combining work experience with tuition at our Dublin English Centre.

During a taster internship, you can enhance your business skills such as communication and time management. You could work alone or as part of a team, getting the chance to understand a real business environment. This short-term internship will give you a taste of international work experience and test your skills in various roles such as customer service or administration.

## Eligibility

- Age 18 years+
- Minimum English level: Intermediate (B1) or above

**Please note:** Some placements may require specific experience

## Explore Dublin



Famous for its welcoming and friendly people, as well as beautiful countryside, there are many reasons why you should make Ireland your internship destination.



# Internships in Spain

**Gain invaluable experience,  
improve your Spanish  
language skills – and live  
on the Mediterranean.**

## Valencia Internship

**From 6-26 weeks**

Our long-term internships in Valencia are perfect if you don't have real-world experience but want to get on the career ladder. You can build your professional experience, make new friends, learn a new language, and discover a new culture.

With internships available across a wide range of sectors including digital marketing and social media, administration, hospitality, customer service, tourism, and TEFL (Teaching English as a Foreign Language) there is an opportunity for everyone to kickstart their career.

Valencia is fast becoming a destination of choice for international students and professionals wanting to take advantage of the lifestyle and affordable cost of living.

### Sectors

Please let us know which sector you are hoping to intern within; it is likely we work with businesses from those sectors and can find you a quick placement.

### Opportunity

As one of the most spoken languages of the world – improving your fluency and understanding of Spanish can really benefit your professional career.

Spain's third-largest city after Madrid and Barcelona, Valencia lies roughly at the midpoint of the Spanish Mediterranean coastline. It's ideally located to offer fantastic weather and has a great bicycle lane network – making commutes more affordable. The beautiful beaches, a historical old-town and interesting cultural events are just some of the reasons to enjoy an internship here. Not to mention you get to stand out from the crowd by learning real-world skills and gaining foreign language proficiency.

### Internship Eligibility

- Age: 18 years+
- Have necessary work rights in Spain.

#### This includes:

- EU citizens
- Iceland, Norway, Switzerland, and Liechtenstein citizens
- British citizens\*
- Minimum Spanish Level: Elementary (A1)

**Please note:** Some jobs may require specific experience, qualifications or more advanced language skills.

\* can only enter Spain and the EU for periods up to 90 days in a 6-month period, after which you will need a Visa.





## Valencia Taster Internship

### From 1-3 weeks

Short-term internships in Valencia are designed to give you a taste of what it would be like to work in a Spanish-speaking environment, and you still get to travel, make new friends and improve your Spanish speaking skills.

These internships last for a maximum of three weeks and are perfect if you would like an introduction into what it is like to work in a foreign country and explore your independence, without making a long-term commitment. Your placement will be an entry-living position in admin, hospitality or retail.

### Sectors

An introduction to work in administrative, hospitality or retail roles.



**Get a taste of living on the Mediterranean, while improving your Spanish skills.**

## Opportunity

Improve your Spanish language skills and immerse yourself in a different culture while improving your CV.

Choosing Valencia for a taster internship will encourage you to grow both personally and professionally. You will face the challenges of living and working in a foreign country with a different language and culture increasing your inter-personal skills in a friendly welcoming city. This opportunity gives you a peek into the working world, and if you like it – you can always get in touch to do a long-term internship later.

## Internship Eligibility

- Age: 16 years+
- Have necessary work rights in Spain.

### This includes:

- EU citizens
- Iceland, Norway, Switzerland, and Liechtenstein citizens
- British citizens\*
- Minimum Spanish Level: Elementary (A1)

**Please note:** Some jobs may require specific experience, qualifications or more advanced language skills.

\* can only enter Spain and the EU for periods up to 90 days in a 6-month period, after which you will need a Visa.

## Explore Valencia



The city of Valencia is known for its Arts and culture, with futuristic structures including a planetarium, an oceanarium and an interactive museum. Valencia also boasts several beaches and fantastic dining.

# Other Programmes

**These programmes meet the rapidly changing work environment and prepares you for future employment.**

## Funded Programmes

We welcome students on funded programmes throughout the year, placing them in roles and sectors that will aid their career development and enhance their CVs. We have a wealth of experience in working to meet the requirements of funded projects. Past European schemes we have worked on include Vyzva, Leonardo Da Vinci, PON and the Spanish programme, FCT Europa.

### Erasmus+

Available in a range of industries, the 2-24 week Erasmus+ Internship will help you gain valuable work experience, setting your CV apart from the competition. Erasmus+ Internships are still possible in London through the Tier 5 GAE visa provided by Ecorys, the UK Erasmus+ national agency. Our Erasmus+ professional internships are available in the UK, Ireland and Spain, guaranteeing access to three of the most diverse job markets in the world. This will increase your chances of kick-starting your career.

- Age: 18 years+
- Available in: London, Dublin and Valencia
- Duration: 2-24 weeks English Level: B1-C1 Starts: Weekly starts

## Funded programmes for Italian students

We support students from Italy on their funded programmes by helping them complete their respective programmes.

### PON programmes:

- Age: 14-19 years
- Available in: London, Dublin and Valencia
- Duration: 3/4 weeks English Level: A1+
- Starts: Weekly

### PON Cittadinanza Europea

Study English for 20 hours per in our London English Centre, while also preparing for the Trinity GESE exam.

### PON Alternanza Scuola Lavoro

Complete an internship that suit your career objectives while developing new skills, learning more about the industry you have chosen and developing your English skills in a professional environment.





## Virtual Internships

### From 8-24 weeks

The pandemic may have significantly impacted the way companies work. Still, our career development opportunities have continued to grow.

Our new Virtual Internship programme with our UK and Irish host companies offer you a unique opportunity to gain the business skills you need to succeed and the work experience that will ensure you stand out from the crowd when applying for jobs, without the need to travel to the UK or Ireland.

Virtual Internships develop an entirely new set of skills to that of a traditional in-person internship. You can improve your employability by learning modern working techniques – from anywhere in the world.



**Twin is a very professional partner in the working always ready to solve any issues and any requests of clients. Easy communication and quick feedback.**

## Sectors

Virtual internships are not suited to all industries (such as the hospitality and retail sectors). Still, they are offered in a wide range of fields.

## Opportunity

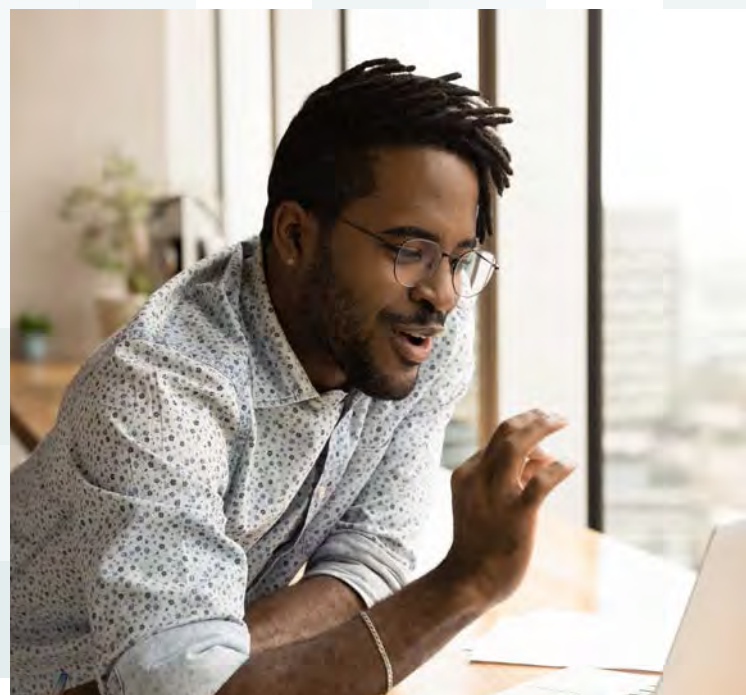
You can complete an internship full-time or part-time alongside your studies, career or other responsibilities – the choice is yours.

Due to their flexibility, virtual internships (or online or remote internships) are growing in demand and popularity. This opportunity allows you to gain professional experience and on-the-job learning from any company Twin works with in the UK or Ireland whilst not physically being present at the company location. All communication between you and your host company is conducted via online platforms such as Zoom, Microsoft Teams or any other communication and project management software

## Eligibility

- Age 19 years+
- Minimum English level: Intermediate (B2) or above
- Education: Undergraduate or equivalent

Please note: Some placements may require specific experience





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