



# HELIC

Hastings  
English Language  
Centre

## English Language Courses for Adults

Accredited by the



Education   
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ENGLISH   
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## **England...**

*...the home of the English Language*

## **English...**

*...the global language of communication,*

## **Hastings...**

*...where modern English began in 1066*



## **Hastings**

**A popular seaside resort in the south of England with all the modern amenities of a holiday town**

**Famous since the Norman Conquest in 1066 – a major influence on the English language**

**Many parks and gardens, a picturesque old town, fishing harbour and castle**

**Lively cultural and social life – pubs, clubs and theatres**

**Surrounded by beautiful areas of countryside and many places of historic and cultural interest**

**A range of good sports and leisure facilities – water sports, tennis, golf, swimming, and many more**





*our language and yours*



## HELC

Providing English language training since 1976, accredited by the British Council and a member of English UK (the UK association of accredited English language centres).

Small class sizes. An average of 60 students September to June and 120 in July and August.

A truly international adult learning environment with over 40 different nationalities in a typical year.

A quiet location in 2 buildings with large grounds and beautiful gardens, self-study, library, listening, computer and internet facilities.

A dedicated professional team of teachers and staff and welcoming homestay accommodation.

### ***This Means***

Over 30 years experience improving our services to ensure your stay with us is rewarding and enjoyable.

The British Council inspects us regularly to ensure we maintain high standards in our teaching and accommodation, our learning resources and facilities and the welfare of our students.

We are large enough to give you every opportunity to use your English with learners from many other countries, and small enough to give you a friendly personal service.

A peaceful environment and facilities ideal for studying.





## Teaching and Learning

**We offer general and specialised learning programmes designed for motivated adult learners.**

**All tuition takes place in a relaxed and supportive classroom environment.**

**Small classes with a maximum of 8 students for general and examination classes (10 in summer) and maximum 6 for business classes (8 in summer) will give you every opportunity to practise and improve your communication skills in English.**

**We believe that learning is a partnership between learner and teacher, and all students are expected to play an active role in this process.**

**You will work hard, but we aim to make your learning an enjoyable experience.**

**The emphasis of lessons is always on communication.**

**Our teachers are qualified and enthusiastic about English and teaching. They are friendly and dedicated to ensuring you will make the best progress in your time with us.**







## General English Courses

Classes at levels from elementary to advanced run all year. Beginners can only be accepted on specific dates (see Course Dates and Fees for information).

Morning classes include essential grammar work and oral practice, and work to improve your listening and reading skills. Consolidation work is offered every day for homework. Afternoon classes for Intensive courses focus on activating your English with speaking activities, vocabulary development and pronunciation. Intensive course students can also choose from a range of HELC Options for 2 lessons per week (see Course Dates and Fees for information).

### ***General English Intensive – our most popular course***

Lessons every morning and on four afternoons per week, making a total of 23¼ hours (including Options lessons). Cambridge Examination English students follow the same timetable.

### ***General English Standard – for part-time study & for beginners***

Lessons every morning, 15 hours of classroom tuition per week.

### ***Academic Year Programme – special price course for long stay students***

A discounted programme for students who want to spend six months or more in England and take an examination. You will follow a General English Intensive course and/or a Cambridge Examination English course.

### ***Personal Learning Programmes – General English plus Personal Tuition***

15 hours of General English in the mornings with 4½, 9 or 15 hours of personal tuition (one-to-one) in the afternoon. The personal tuition lessons focus on individual general English study needs.

### ***Cambridge Examination English – the world's most popular English language examinations***

Very small classes of between 5 and 8 students for those who need the language and skills necessary to pass Cambridge FCE and IELTS examinations.





## **Business English Courses**

### ***Professional English – targets the language of the business world***

For people who require English for their work. The morning Professional English programme forms the foundation of all our work-related training courses and targets the key communicative grammar and language skills needed to use English confidently and successfully at work. All Executive English and Business English combination course clients join Professional English in the morning. Those requiring an all day business-oriented course should choose Business English or Executive English (see below for details). Alternatively you can join one of our General English afternoon classes.

### ***Business English – targets essential business language and skills***

For people who require a deeper understanding of English for business and who need to employ essential business skills such as presentations, meetings, negotiations and telephoning. Participants join the morning Professional English class, and in the afternoon have 8¼ hours of lessons dedicated to introducing and practising the core business skills.

### ***Executive English – targets individual training needs through personal tuition***

For people who already have experience of the business world and require more specific English training for their day-to-day working lives. Participants join the morning Professional English class. In the afternoon, Executive English participants choose 4½, 9 or 15 hours of personal tuition. Alternatively participants can further accelerate their learning by choosing either 24 or 30 hours of personal tuition per week to concentrate solely on individual language and training needs.

Please request our latest Business Brochure for up-to-date information on all our business, work-related and executive courses.

**Further  
details about  
all our courses  
are available on  
request. Please  
contact us.**



## Accommodation

Our full-time accommodation staff will arrange homestay accommodation for you on request. We regularly visit and inspect this accommodation and work hard to meet your requests.

We use accommodation in the local area and within walking distance of the school.

Friendly, welcoming homes.

Single or shared room accommodation.

Breakfast and evening meal during the week, and all meals at weekends.

All homes are clean and comfortable and have facilities for you to study quietly.

If you prefer, we are also happy to recommend guest houses and hotels in all price ranges.



## Activities and Excursions



To help you make the most of your time with us we offer a range of excursions and a variety of activities throughout the year.

Visits in the local area and excursions to destinations such as London, Brighton, Eastbourne, Tunbridge Wells, Lewes, Ashford, Canterbury, Cambridge, Rye, Battle, Salisbury and Leeds Castle.

Trips to Edinburgh and Scotland and abroad to Paris and Amsterdam.

A welcome night for new students most weeks and school parties, disco nights, games tournaments, theatre and cinema visits, barbecues, film afternoons, local events and walks.

Many opportunities for sports include badminton, volleyball and table tennis at the school and tennis, swimming, scuba diving, horse-riding, fitness training and golf locally.

During the months of July and August the range of activities and excursions increases and we add to the Wednesday and Saturday excursions on offer. Many of our students also plan their own excursions while they are in England and our Activities Organiser is available to offer all the advice and help you need to do this.



## Travel

We are only an hour and a half from London by train, and Hastings has direct rail links to London Gatwick Airport and Ashford International for Eurostar services.

We arrange transfers between HELC and the main ports and airports throughout the year. If you require this service please indicate this on your Registration Form.

If you are making your own arrangements please request our information leaflet 'Getting to Hastings'.

