

ADULTS  
2025



## 50+ PROGRAM

“ A unique experience for senior students: exclusive program within a small community of 50+ students wishing to improve their French while discovering the culture, gastronomy and landscapes of the Côte d'Azur! ”

<b>FRENCH COURSE</b>	<b>+</b>	<b>ACTIVITY PROGRAM</b>	<b>+</b>	<b>BREAKFAST</b>	<b>+</b>	<b>ACCOMMODATION</b>
20 morning lessons From Monday to Friday		4 afternoons 50+ activities and excursions		Breakfast From Monday to Friday		Centrally located studios, Very close to the beaches



From 1 week - 22 sessions per year

[www.sprachenmarkt.de](http://www.sprachenmarkt.de), Tel +49-711-12 85 15 40, [service@sprachenmarkt.de](mailto:service@sprachenmarkt.de)

FROM **680€** / WEEK



50+



Exclusive  
Program



French  
Course



Breakfast



Accommodation



50+ Activities  
& excursions



## FRENCH LANGUAGE AND LEISURE PACKAGE FOR SENIORS



### EXCLUSIVE ACTIVITY PROGRAM

An exclusive package for our senior students including 4 afternoons of activities and excursions each week, such as:

- Initiation to pétanque
- Tasting of local products
- Visit of Monaco
- Visit of Grasse and Fragonard perfume museum
- Visit of Saint Paul de Vence and Maeght art museum, etc.
- Please note that activities and excursions involve walking. Good physical condition is therefore recommended.

### WHY PARTICIPATE IN OUR PROGRAM

- Join a unique **French language and leisure package** in Antibes, especially designed for our 50+ students.
- Breakfast included from Monday to Friday.
- Meet students from all over the world with a **shared interest** in culture, gastronomy and French.
- Speak French outside the classroom by communicating in French the group leader and the group in a dynamic social setting during the activities & excursions.
- All participants will be **accommodated in a calm residential area of Antibes** within a **walking distance to the lively town centres and beaches** of Antibes & Juan les Pins.





## EXAMPLE OF SCHEDULE

4 afternoons of activities/excursions per week

### WEEK 1

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ARRIVAL	Breakfast					FREE TIME
	Shuttle from the residence to school					
	French standard courses					
	Break					
	VISIT OF ANTIBES	GRASSE + FRAGONARD	PROVENÇAL FOOD TASTING	VISIT OF CANNES	PICASSO MUSEUM + PETANQUE	

### WEEK 2

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
FREE DAY	Breakfast					FREE TIME (or departure)
	Shuttle from the residence to school					
	French standard courses					
	Break					
	VISIT OF ANTIBES	VISIT OF ST PAUL DE VENCE	VISIT OF NICE + MASSENA MUSEUM	VISIT OF MONACO	CHATEAU DE CREMAT	

## NOTES

- The breakfast is included from Monday to Friday.
- This timetable is given as a reference showing a sample of activity program, it may be subject to change due to operational reasons or according to weather forecast.
- Please note that activities and excursions involve walking. Good physical condition is therefore recommended.



## FRENCH COURSE

### STANDARD COURSE

Lessons are taught through an interactive teaching method developed by the Centre International Antibes. Students will take part in a host of interactive and didactic activities in speaking and writing. With the use of various teaching aids students will actively participate in dynamic exercises involving real life situations and role-playing. The French courses will be mixed with other adults, depending on the French level.

### CLASS STRUCTURE

- **20 lessons** of 45 minutes per week
- **From Monday to Friday**
- **From 9:00 a.m. to 12:20 p.m.** (15-20 min break)
- **12 students maximum** in a class

### WHERE DO CLASSES TAKE PLACE?

Lessons take place at the **Chateau School** or at the **Port School**.



## NOTES

- Special arrival dates apply for absolute beginners: 03.02 - 03.03 - 21.04 - 19.05 - 02.06 - 01.09 - 13.10
- The French courses will be mixed with other adults, depending on the French level.
- No lessons are held on French national holidays : 21.04 - 29.05 - 09.06
- Lessons are neither refunded nor replaced but the missed activity/excursion is moved to an available afternoon.





## ACCOMMODATION

Students are accommodated in our comfortable **Residence Aragon\***.

Our ideally situated residence offers recently renovated studios in an inviting and friendly atmosphere. The private modern en suite bathrooms and fully equipped kitchenette will provide additional comfort during your stay as it will make you feel just like at home.

### HIGHLIGHTS

#### ■ RESIDENCE ARAGON

**Located in a quiet area between Antibes and Juan-les-Pins :**

- **10 minute walking distance** from the beaches and the center of Juan-les-Pins and Antibes.
- **On site** : lounge area and large terrace.
- **Accommodation in studios** with private bathroom, air-conditioning and kitchenette.
- **FREE SHUTTLE FROM RESIDENCE TO SCHOOL IN THE MORNING**

#### ■ BREAKFAST

**A simple French breakfast is included from Monday to Friday.**

**The breakfast includes:**

- Bread (baguette)
- Butter and jam
- Coffee or tea

## NOTES

- Bed sheets are provided.
- **Towels are not provided.**
- \* According to availability, we can also offer a studio in our **residence Castel Arabel**.

## DESTINATION: ANTIBES



With 300 days of sunshine throughout the year and 25 kilometers of sandy beaches, Antibes is an exceptional destination on the French Riviera, between Cannes and Nice.

Learning French in Antibes allows you to enjoy the sunshine, the sea, and also to discover numerous picturesque attractions of the region.



## DATES & PRICES 2025

Arrival Sunday → Departure Saturday

SAISON	<b>LOW SEASON</b> 01/01 - 29/03 19/10 - 31/12	<b>MEDIUM SEASON</b> 30/03 AU 28/06 17/08 AU 18/10
PACKAGE (price/week/student)		
SINGLE ROOM DOUBLE ROOM	855 € 680 €	995 € 750 €
ARRIVAL DATES EACH MONDAY BETWEEN	02.02 to 29.03 28.09 to 25.10	06.04 to 26.04 18.05 to 21.06 31.08 to 13.09
	ADDITIONAL SERVICES (price/week/student)	
	Transfer from/to Antibes train station on weekends (one way)	15 €
	Transfer from/to Nice Airport on weekends (one way)	60 €
	Supplement for guest in the studio (not participating in the program)	100 €

## NOTES

- Arrival dates : 02.02 - 09.02 - 16.02 - 23.02 - 02.03 - 09.03 - 16.03 - 23.03 - 06.04 - 13.04 - 20.04 - 18.05 - 25.05 - 01.06 - 08.06 - 15.06 - 31.08 - 07.09 - 28.09 - 05.10 - 12.10 - 19.10
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## ANTIBES

